

**Diabetes Educator Course**

**Day One**

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| **Time** | **Topic** |  | **Speaker** |
| 7:00 – 8:00 am  8:10 – 10:00 | **Registration and Welcome**  **Diabetes – More Hyperglycemia** |  | Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE |
| 10:00 – 10:15 | **Break** |  |  |
| 10:15 – 11:45  11:45 – 12:05 | **Outcome Studies and Goals of Care**  **Diabetes and Oral Diseases** |  | Beverly Thomassian  Mayssoun Khoury, DDS |
| 12:05 – 1:00 | **Enjoy Lunch** |  |  |
| 1:00 – 1:45 | **Insulin Resistance and Vascular Disease and Foot Care** |  | Beverly Thomassian |
| 1:45 – 2:00 | **Break** |  |  |
| 2:00– 3:30    3:30 – 3:45  3:45 – 4:45 | **Medications for Type 2 Diabetes**    **Diabetes Jeopardy**  **Hypoglycemia**  **Monitoring, Sick Days** |  | Beverly Thomassian  Lonnie Vaughn, RN, CDE |
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**Day Two**

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| **Time** | **Topic** |  | **Speaker** |
| 7:00am – 8:00 | **Enjoy breakfast and visit Diabetes Company Representatives** |  |  |
| 8:00 – 9:30 | **Insulin - the Ultimate Hormone Replacement Therapy** |  | Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE |
| 9:30 – 10:00 | **Break** |  |  |
| 10:00 – 10:45  10:45 – 12:00 | **Pattern Management**  **Healthy Coping with Diabetes** |  | Diane Pearson, RN, MPH, CDE |
| 12:00 – 1:00 | **Lunch** |  | Beverly Thomassian |
| 1:00 - 2:00 | **Microvascular Disease** |  | Beverly Thomassian |
| 2:00 – 2:15 | **Break** |  |  |
| 2:15 – 4:45 | **Behavior Change and Motivational Interviewing**  **logo-slogan** |  | Diane Pearson    www.DiabetesEd.net |

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**Day Three**

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| **Time** | | **Topic** | |  | **Speaker** | | |
| 8:00 – 10:00 | **Medical Nutrition Therapy** | |  | | | Dana Armstrong, RD, CDE |
| 10:00 – 10:20 | **Break** | |  | | |  |
| 10:20 -11:00 | **Meal Planning- How to Eat by the Numbers** | |  | | | Dana Armstrong, RD, CDE |
|  |  | |  | | |  |
| 11:00pm | **Turning Exhaustion into Endurance** | |  | | | Dana Armstrong, RD, CDE |
| 12:00pm  12:30 – 1:15  1:30 – 3:30 | **Wrap Up and Evals**    **Lunch and Insulin Pump Workshop (optional)**  **“Pump it Up” Workshop (optional)**  **logo-slogan** | |  | | | Thank you  www.DiabetesEd.net |