



Beverly Thomassian, RN, MPH, BC-ADM, CDE
www.DiabetesEd.net

Diabetes in the 21st Century Seminar Schedule

- 8:00 – 8:30am** Welcome and Registration
- 8:30 – 10:00** **Diabetes Overview**
- + Current State of Diabetes
 - + Pathophysiology and Diagnostic Criteria
 - + Natural History of Diabetes
 - + Types of Diabetes
- 10:00 – 10:15** **Break**
- 10:15 – 11:30** **Management Goals, Prevention Strategies**
- + Prevention, Exercise and Education
 - + Management Goals – Control Matters
- 11:30 – 12:30** **Lunch**
- 12:30– 2:00** **Hospital Care, Feet and Insulin Therapy**
- + Managing Hyperglycemia in the Hospital
 - + Lower Extremity Care
 - + Basics of insulin therapy
- 2:00 – 2:15** **Break**
- 2:15 – 4:00** **Pattern Management, Gut Health, Nourishment**
- + Insulin Pattern Management
 - + Gut Bacteria and Health
 - + Nourishing our Bodies
 - + Conclusion

Accreditation nurses provider approved by the California Board of Registered Nursing, provider #12640 for 7.5 contact hours. Approved for 6.5 CPE II for Registered Dietitians by the Commission on Dietetic Registration.