

Diabetes Educator Course Day One



Time	Topic	Speaker
7:00 – 8:00 am	Registration and Welcome	
8:10 – 10:00	Diabetes – More Hyperglycemia	Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE
10:00 – 10:15	Break	
10:15 – 12:00	Outcome Studies 2016 ADA Standards of Care	Beverly Thomassian
12:00 – 1:00	Enjoy Lunch	
1:00 – 1:45	2016 ADA Standards of Care	Beverly Thomassian
1:45 – 2:00	Break	
2:00– 3:45	Medications for Type 2 Diabetes	Beverly Thomassian
3:45 – 4:45	Hypoglycemia Monitoring, Sick Days	Lonnie Vaughn, RN, CDE

Diabetes Educator Course Day Two



Time	Topic	Speaker
7:00am – 8:00	Enjoy breakfast and visit Diabetes Company Representatives	
8:00 – 9:30	Insulin - the Ultimate Hormone Replacement Therapy	Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE
9:30 – 10:00	Break	
10:00 – 10:45	Insulin Pattern Management and Dosing Strategies	Beverly Thomassian
11:00– 12:00	Healthy Coping with Diabetes	Diane Pearson, RN, MPH, CDE
12:00 – 1:00	Lunch	
1:00 - 2:30	Microvascular Disease	Beverly Thomassian
2:30 – 2:45	Break	
2:45 – 4:45	Behavior Change and Motivational Interviewing	Diane Pearson

Diabetes Educator Course Day Three



Time	Topic	Speaker
8:00 – 10:00	Medical Nutrition Therapy	Dana Armstrong, RD, CDE
10:00 – 10:20	Break	
10:20 -11:00	Meal Planning- How to Eat by the Numbers	Dana Armstrong, RD, CDE
11:00pm	Turning Exhaustion into Endurance	Dana Armstrong, RD, CDE
12:00pm	Wrap Up, Evals and Group Photo	Thank you
12:30 – 1:15	Lunch and Insulin Pump Workshop (optional)	
1:30 – 3:00	“Pump It Up” Workshop (optional)	

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