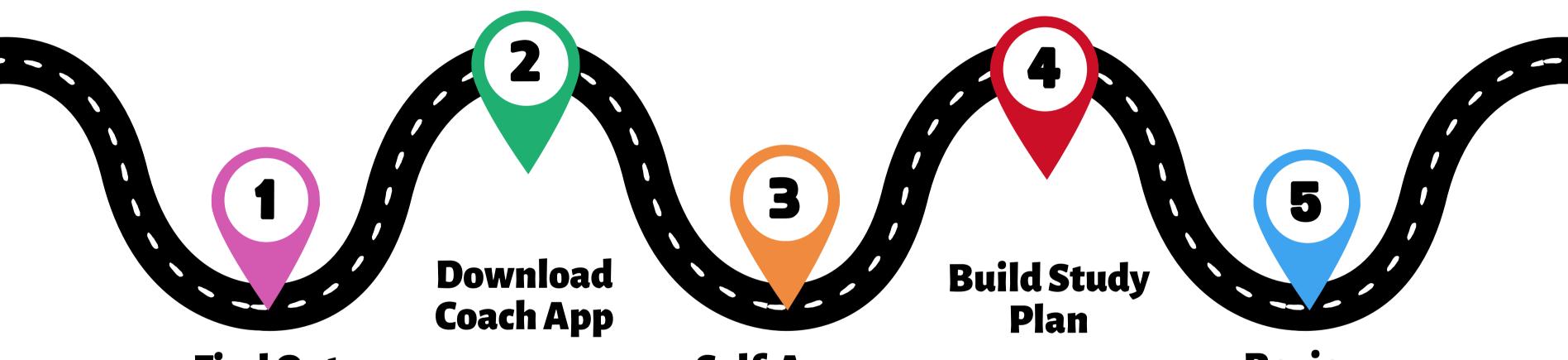
### 10-STEP ROADMAP TO SUCCESS



### **Find Out**

Not sure where to start? We offer complimentary webinars that help you learn more about both the CDCES and BC-ADM exam pathways.

Download our free CDCES Coach App. Our app provides you with easy access to our Medication PocketCards, Online University login, Free Webinars, Question of the Week, Knowledge Bytes, and much more!

#### **Self-Assess**

To determine how to best spend your study time, we encourage you to first assess your Diabetes Knowledge by reviewing the exam outline.

Depending on your learning style and knowledge gaps discovered in your self-assessment there are different options to fill in identified knowledge gaps and increase your depth of diabetes knowledge.

### **Review**

In preparation for exam success, it is important to be familiar with the National Standards of Care and Position Statements published by the ADA, AACE, and ADCES.

## 10-STEP ROADMAP TO SUCCESS



# Learn Meds & Insulin

An important part of being a successful Diabetes Educator is gaining a thorough understanding of diabetes medications and insulin therapy.

When entering the field of Diabetes Education, it is important to be familiar with the philosophy behind the approach to diabetes selfmanagement education.

### **Gain Experience**

After meeting the discipline requirement, applicants must meet the experience requirement for the certification exam.

Set yourself up for success.

Arrive early and get a good
night's sleep. Eat a healthy
breakfast. Visualize yourself
feeling confident and prepared.
Join Coach Beverly's Test-Taking
Coach Session for extra tips and
recommendations.

### **Celebrate!**

After taking the exam reflect on this milestone and acknowledge all of your effort and commitment that got you there. It's a moment to be proud of and to share with those who have supported you along the way.

Take a trip through the 10-Steps Resources by visiting wwww.DiabetesEd.net