Diabetes in the 21st Century
Seminar Schedule

8:00 – 8:30am Welcome and Registration

8:30 – 10:00 Diabetes Overview
   - Current State of Diabetes
   - Pathophysiology and Diagnostic Criteria
   - Natural History of Diabetes
   - Types of Diabetes

10:00 – 10:15 Break

10:15 – 11:30 Management Goals, Prevention Strategies
   - Prevention, Exercise and Education
   - Management Goals – Control Matters

11:30 – 12:30 Lunch

12:30 – 2:00 Hospital Care, Feet and Insulin Therapy
   - Managing Hyperglycemia in the Hospital
   - Lower Extremity Care
   - Basics of insulin therapy

2:00 – 2:15 Break

2:15 – 4:00 Pattern Management, Gut Health, Nourishment
   - Insulin Pattern Management
   - Gut Bacteria and Health
   - Nourishing our Bodies
   - Conclusion

Accreditation: nurses provider approved by the California Board of Registered Nursing, provider #12640 for 7.5 contact hours. Approved for 6.5 CPE II for Registered Dietitians by the Commission on Dietetic Registration.