



Diabetes in the 21st Century

Seminar Overview

Are you interested in teaching your patients about diabetes, but find it difficult to keep pace with the latest advances in diabetes care? Then consider attending this all day program that synthesizes the critical elements of diabetes care and education.

Through dynamic presentations and case studies, we will provide you with creative strategies to succeed at teaching in today's fast paced health care environment. In addition, small group activities allow participants to improve clinical confidence and diabetes problem solving skills.

Our goal when developing this seminar was to include as many diabetes clinical "pearls" as possible, so participants leave the seminar feeling more empowered and confident advocating for excellence in diabetes care.

Fees and Accreditation

Nurses Provider approved by the California Board of Registered Nursing, Provider #12640 for 7.5 contact hours. Approved for 6.5 CPE II for Registered Dietitians by the Commission on Dietetic Registration.

Registration Fee: Free for Huntington employees; \$75.00 for non-employees—includes breakfast, lunch, syllabus, certificate & parking validation.

Diabetes in the 21st Century - Course Outline

7:30 – 8:30am – Check-in & Breakfast

8:30 – 10:00am - Overview

- Current State of Diabetes
- Types of Diabetes
- Who's at Risk - Diagnostic Criteria
- Insulin Resistance and Metabolic Risk

10:15 – 11:30 am –Goals/Prevention

- Prevention and Wellness
- Educational Strategies that Work
- Getting to Goal - Control Matters

12:30 – 2:30pm –Hospital Care, Survival Skills, Eating Healthy

- Managing Hyper in the Hospital
- Lower Extremity Care
- Improving Health through Nutrition

2:45 – 3:45 pm –Insulin Therapy and Pattern Management

- Insulin – the Natural Hormone
- Adjusting Insulin to Get to Goal
- Choosing the Right Med Combo for the right patients.

Course Location

Huntington Hospital
Braun Auditorium
Pasadena, CA

<https://goo.gl/maps/2LKBF647NuA2>

Who Should Attend?



This course is designed for all health care professionals including providers, nurses, dietitians, pharmacists and educators who want to:

- Get re-energized about diabetes care and education
- Enjoy a comprehensive and reality based review of "the basics and beyond" of diabetes management.
- Keep abreast of the rapidly changing strategies in diabetes management
- Refine their skills and improve competencies in diabetes problem solving.
- Learn practical approaches to educating patients about diabetes self-management.



Course Faculty:
Beverly Thomassian, RN, MPH, CDE, BC-ADM

Beverly is a nurse entrepreneur, educator and clinician with a passion to improve diabetes care. She has a special knack of translating complex diabetes information into understandable terms that can be immediately applied in the clinical setting.

She also believes that learning about diabetes should be meaningful and fun so participants leave feeling re-energized and excited about diabetes education.

Registration

Spaces are limited and the course will be closed when capacity is reached. Please register no later than 4/15/16.

I want to attend Diabetes in the 21st Century Program on 4/22/16. Enclosed is my payment for \$75.00

I am an Employee of a Huntington Business Affiliate (HMF, HASC, PCUC).

Name _____

Profession _____

License Number _____

Home Address _____

City _____

State _____ Zip _____

Ph # _____

Email: _____

Payment

Check made payable to Huntington Hospital



Mail check and completed registration form to:

Karen Larkins

Workforce Development/HS Library
100 W. California Blvd
Pasadena CA 91105

If you wish to pay by credit card, please call 626-397-2020 M-F, 8am-4pm. Fax Registration form to 626-397-2908

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Presented by



**Beverly Thomassian,
RN, MPH, BC-ADM CDE**

April 22, 2016



Huntington Hospital

Braun Auditorium

Pasadena, CA

7.5 Contact Hours