

Diabetes in the 21<sup>st</sup> Century**Seminar Overview**

Are you interested in teaching patients about diabetes but find it difficult to keep up with the latest advancements? This seminar synthesizes the critical elements of diabetes care and education.

Through dynamic presentations and case studies, you will learn creative strategies to help you succeed at teaching in today's fast-paced health care environment. In addition, small group activities will help improve clinical confidence and problem-solving skills. Developed to include as many diabetes clinical "pearls" as possible, you will leave feeling more empowered and confident advocating for excellence in diabetes care.

**Who Should Attend?**

This course is designed for all health care professionals, including providers, nurses, dietitians, pharmacists and educators who want to:

- Get re-energized about diabetes care and education
- Enjoy a comprehensive and reality based review of "the basics and beyond" of diabetes management
- Keep abreast of the rapidly changing strategies in diabetes management
- Refine their skills and improve competencies in diabetes problem solving
- Learn practical approaches to educating patients about diabetes self-management

**7.5 CEU credits are available upon completion.**

**Course Faculty: Beverly Thomassian, RN, MPH, CDE, BC-ADM**

Beverly is a nurse, entrepreneur, educator, and clinician with a passion to improve diabetes care. She has a special knack of translating complex diabetes information into understandable terms that can be immediately applied in the clinical setting.

She also believes that learning about diabetes should be meaningful and fun so participants leave feeling re-energized and excited about diabetes education.

**WEDNESDAY  
SEPTEMBER 28**

7:30 am – 4:00 pm

**Marin General  
Hospital**  
Conference Center,  
Lobby Level

250 Bon Air Road  
Greenbrae, CA 94904

**Registration \$65\***  
\*registration fee is waived  
for Marin General Hospital  
employees

Lunch will be provided

Diabetes in the 21<sup>st</sup> Century

**Course Outline**

**7:30 am – 8:30 am – Check-in**

**8:30 am – 10:00 am – Overview**

Current State of Diabetes  
Natural History of Diabetes  
Who's at Risk – Diagnostic Criteria

**10:15 am – 11:30 am**

**Goals for Education**

Everyone can be a Diabetes Educator  
Educational Strategies that Work  
Getting to Goal - Control Matters

**12:30 pm – 2:00 pm**

**Hospital Care, Feet and Insulin Therapy**

Managing Hyperglycemia in Hospital  
Lower Extremity Care  
Basics of Insulin Therapy

**2:15 pm – 4:00 pm**

**Pattern Management, Gut Health, Nourishment**

Insulin and Pattern Management  
Gut Bacteria and Health  
Nourishing our Bodies  
Conclusion

**Registration**

To ensure your space, please register by September 21, 2016.

I want to attend Diabetes in the 21<sup>st</sup> Century Program on September 28, 2016. Enclosed is my payment for \$65.

I am a MGH Employee. (Please bring ID badge) and register below.

Name \_\_\_\_\_

Profession \_\_\_\_\_

Home Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Ph # \_\_\_\_\_

Email: \_\_\_\_\_

**Check made payable to Marin General Hospital. Mail check and completed registration form to:**

Braden Diabetes Center  
1100 South Eliseo Dr. Suite #2  
Greenbrae, CA 94904

**MGH Employees may email:**

Braden Diabetes Center  
Diabetes@maringeneral.org