

# Diabetes Educator Course Day One



Time	Topic	Speaker
7:00 – 8:00 am	Registration and Welcome	
8:10 – 10:00	<b>Current State of Diabetes 15 ADA Standards of Care</b>  <b>Patient Centered Care for Type 1, Type 2, LADA, GDM</b>	Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE
10:00 – 10:15	Break	
10:15 – 12:00	<b>Diabetes Prevention, Landmark Studies, Medications for Type 2</b>	Beverly Thomassian
12:00 – 1:00	Enjoy Lunch	
1:00 – 1:45	<b>Managing CV Risk Factors Pharmacology Algorithms</b>	Beverly Thomassian
1:45 – 2:00	Break	
2:00– 3:45	<b>Special Populations Preventing Glycemic Crisis and Case Studies</b>	Beverly Thomassian
4:00 – 5:00	<b>Lower Extremities, Monitoring, Sick Days, Hospitalization</b>  <b>Ask the Expert – Q &amp; A With Lonnie Vaughn</b>	Lonnie Vaughn, RNC, BSN, CDE

# Diabetes Educator Course

## Day Two



Time	Topic	Speaker
7:00am – 8:00	Enjoy breakfast and visit Diabetes Company Representatives	
8:00 – 9:30	Insulin - the Ultimate Hormone Replacement Therapy	Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE
9:30 – 10:00	Break	
10:00 – 10:45	Insulin Pattern Management and Dosing Strategies	Beverly Thomassian
11:00– 12:00	Healthy Coping with Diabetes	Diane Pearson, RN, MPH, CDE
12:00 – 1:00	Lunch	
1:00 - 2:30	Microvascular Disease	Beverly Thomassian
2:30 – 2:45	Break	
2:45 – 5:00	Promoting Behavior Change - Flourishing with Diabetes	Diane Pearson

# Diabetes Educator Course Day Three



Time	Topic	Speaker
8:00 – 10:00	<b>Medical Nutrition Therapy</b>	Dana Armstrong, RD, CDE
10:00 – 10:20	<b>Movement Break</b>	
10:20 -11:00	<b>Meal Planning- How to Eat by the Numbers</b>	Dana Armstrong
11:00pm	<b>Turning Exhaustion into Endurance</b>	Dana Armstrong
12:00pm	<b>Wrap Up, Group Photo and Evals</b>	Thank you
12:15 – 1:00	<b>Lunch and Insulin Pump Workshop (optional)</b>	Tandem Pump Company
1:00 – 3:00	<b>“Pump It Up” Workshop (optional)</b>	Dana Armstrong