

## Registration Information

To ensure your space, please register by November 1, 2018.

☐ I want to attend Diabetes 21<sup>st</sup> Century Program on November 2.  
Enclosed is my payment for \$20.00

Name: \_\_\_\_\_

Profession/License# \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

## Payment

Check made payable to CWC.

**Call (307) 332-3394 to register by phone and pay by credit card.**

## Mail check and completed registration form to:

Michael Cheek  
CWC Lander  
120 Enterprise Blvd  
Lander WY 82520  
mcheek@cw.edu



## Be sure to checkout other Diabetes Education resources:

- 10 Steps to Succeed
- Books & Teaching Tools
- Extensive Article Library
- Monthly Newsletter
- Group Discounts
- And much more!



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[info@diabetesed.net](mailto:info@diabetesed.net)

(530)893-8635



## DIABETES IN THE 21<sup>ST</sup> CENTURY



PRESENTED BY

**BEVERLY THOMASSIAN**

RN, MPH, BC-ADM, CDE®

November 2, 2018  
CWC Riverton  
Health & Science Center  
Room HS100  
CEU's Available

# Diabetes in the 21<sup>st</sup> Century

## Seminar Overview

Are you interested in teaching your patients about diabetes, but find it difficult to keep pace with the latest advances in diabetes care? Then consider attending this all day program that synthesizes the critical elements of diabetes care and education.

Through dynamic presentations and case studies, we will provide you with creative strategies to succeed at teaching in today's fast paced health care environment.

In addition, small group activities allow participants to improve clinical confidence and diabetes problem solving skills.

Our goal when developing this seminar was to include as many diabetes clinical "pearls" as possible, so participants leave the seminar feeling more empowered and confident advocating for excellence in diabetes care.

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## Fees and Accreditation

Nurses Provider approved by the California Board of Registered Nursing, Provider #12640 for 7.5 contact hours. Approved for 6.5 CPE II for Registered Dietitians by the Commission on Dietetic Registration.

**Registration Fee:** \$20 includes lunch, syllabus and certificate.

## Diabetes in the 21<sup>st</sup> Century Schedule

### 7:30 a.m. - 8:30 a.m. Check-in

### 8:30 a.m. - 10:00 a.m. Overview

- Current State of Diabetes
- Natural History of Diabetes
- Who's at Risk – Diagnostic Criteria

### 10:15 a.m. – 11:30 a.m. Goals/Prevention

- Prevention and Exercise
- Educational Strategies that work
- Getting to Goal – Control Matters

### 12:30 p.m. – 2:00 p.m. Hospital Care, Feet and Insulin Therapy

- Managing Hyperglycemia in Hospital
- Lower Extremity Care
- Basics of Insulin Therapy

### 2:15 p.m. – 4:00 p.m. Pattern Management, Gut Health, Nourishment

- Insulin and Pattern Management
- Gut Bacteria and Health
- Nourishing our Bodies

## Course Location

CWC Riverton  
Health and Science Center  
Room HS100

## Who Should Attend?

This course is designed for all health care professionals including providers, nurses, dietitians, pharmacists and educators who want to:

- Get re-energized about diabetes care and education
- Enjoy a comprehensive and reality based review of "the basics and beyond" of diabetes management.
- Keep abreast of the rapidly changing strategies in diabetes management
- Refine their skills and improve competencies in diabetes problem solving.
- Learn practical approaches to educating patients about diabetes self-management.

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## Course Faculty: Beverly Thomassian RN, MPH, CDE, BC-ADM

Beverly is a nurse entrepreneur, educator and clinician with a passion to improve diabetes care. She has a special knack of translating complex diabetes information into understandable terms that can be immediately applied in the clinical setting.

She also believes that learning about diabetes should be meaningful and fun so participants leave feeling re-energized and excited about diabetes education.