

Diabetes Educator Course Day One



Time	Topic	Speaker
7:00 – 8:00 am	Registration and Welcome	
8:10 – 10:00	Current State of Diabetes ADA Standards of Care Person Centered Care for Type 1, Type 2, LADA, GDM	Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE
10:00 – 10:15	Break	
10:15 – 12:00	Medical Evaluation, Risk Identification Diabetes Prevention Glycemic targets across the Lifespan	Beverly Thomassian
12:00 – 1:00	Enjoy Lunch	
1:00 – 2:30	Hypoglycemia Landmark Studies Medications for Type 2 Pharmacology Algorithms - AACE and ADA	Beverly Thomassian
2:30 – 2:45	Break	
2:45– 4:00	Cardiovascular Monitoring and Management Getting Active	Beverly Thomassian
4:00 – 5:00	Assessing and Supporting Coping Skills	Heather Nielsen, MA, LPC, CHWC

Diabetes Educator Course

Day Two



Time	Topic	Speaker
7:00am – 8:00	Enjoy breakfast and visit Diabetes Company Representatives	
8:00 – 9:30	Insulin - the Ultimate Hormone Replacement Therapy	Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE
9:30 – 10:00	Break	
10:00 – 10:45	Insulin Pattern Management and Dosing Strategies	Beverly Thomassian
11:00– 12:00	Sick Days, Monitoring Hospitalization, Lower Extremities DiabetesTools for the visually impaired	Lonnie Vaughn, RNC, BSN, CDE
12:00 – 1:00	Lunch	
1:10 - 2:30	Microvascular Disease – Screening Guidelines and Risk Reduction	Beverly Thomassian
2:30 – 2:45	Break	
2:45 – 5:00	Promoting Behavior Change - Flourishing with Diabetes	Heather Nielsen

Diabetes Educator Course Day Three



Time	Topic	Speaker
8:00 – 10:00	Medical Nutrition Therapy	Dana Armstrong, RD, CDE
10:00 – 10:20	Movement Break	
10:20 -11:00	Meal Planning- How to Eat by the Numbers	Dana Armstrong
11:00pm	Adjusting Meal Planning based on individual assessment	Dana Armstrong
12:00pm	Wrap Up, Group Photo and Evals	Thank you
12:15 – 1:00	Lunch and Insulin Pump Workshop	Tandem Pump Company
1:00 – 3:00	“Pump It Up” Workshop	Dana Armstrong



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