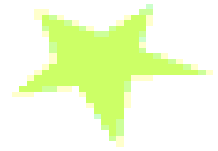




*******SAVE THE DATE*******



October 4th, 2019 - Prince Waikiki

“Diabetes and the Heart”

Seminar Overview

Are you interested in gaining a better understanding of the link between cardiovascular disease and diabetes with a focus on reducing risk? Then consider attending this all day program that synthesizes exciting findings and new elements that you can incorporate into your daily practice. Through dynamic presentations and case studies, we will provide you with creative strategies to take your practice to the next level. In addition, small group activities allow participants to network and share problem solving strategies. The goal of this program is to provide cutting-edge information that has real life application. We want each participant to leave the seminar feeling more empowered and confident advocating for excellence in diabetes care.

Program:

8:00 – 9:00	ADA Standard of Care Update: Focus on CV Standards – Alan Parsa, MD, FACE
9:00 – 10:15	Mechanisms of Cardiovascular Disease – Beverly Thomassian <ul style="list-style-type: none"> • Metabolic syndrome and insulin resistance • Cardiovascular complications of diabetes • Pharmacologic approaches to risk factor reduction
10:15-10:45	Break
10:45 –12:00	Lower Extremity Assessment <ul style="list-style-type: none"> • Peripheral Arterial Disease vs Vascular Disease • Lower extremity assessment techniques • Prevention strategies and education
12:00– 1:00	Lunch
1:00 – 2:30	Keeping Active – A love note to the heart <ul style="list-style-type: none"> • Activity guidelines • Strategies to get people moving Nourishing the body, protecting the heart <ul style="list-style-type: none"> • Merging science and the individual
2:30-2:50	Break
2:50- 4:15	Gut Bacteria and Heart Disease <ul style="list-style-type: none"> • Exploring the latest science Getting to the Heart of the Diabetes Language Movement <ul style="list-style-type: none"> • How we say it and what we say makes a difference
4:15- 4:30	Summary and Evaluations



“Diabetes and the Heart”

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Who Should Attend?

This course is designed for all health care professionals including providers, nurses, dietitians, pharmacists and educators who want to:

- Get re-energized about diabetes care and education
- Enjoy a comprehensive review of diabetes and cardiovascular disease
- Get updates on treatment strategies to reduce cardiovascular risk
- Explore the relationship between nutrition, gut bacteria and cardiovascular disease
- Learn practical approaches to incorporate the diabetes language movement into daily practice.

★ Course Faculty:

Beverly Thomassian, RN, MPH, CDE, BC-ADM

As president of Diabetes Education Services, Beverly Thomassian, RN, MPH, CDE, BC-ADM, promotes excellence in diabetes care through education, coaching and advocacy. She has written a chapter and frequently presented on the relationship between cardiovascular disease and diabetes. Beverly is a Diabetes Nurse Specialist and is Board Certified in Advanced Diabetes Management. She is an Associate Clinical Professor at the University of California, San Francisco, (UCSF) and a visiting professor at California State University, Chico (CSU Chico).

Alan Parsa, MD, FACE

Medical Director, The Queens Medical Center, West Oahu, Diabetes Management and Education Center

Registration: Fee and weblink coming soon

- Registrants interested encouraged to listen to free ["Preparing for CDE Exam"](#) Webinar before hand
- There is a super discounted rate to online ["CDE Boot Camp Prep Online Bundle"](#), which includes our Level 1, 2 and 3 webinar series (over 40 CEs) to help prepare for the CDE exam. The usual price is \$399, is discounted to \$199 with a provided special coupon code.

Course Location:

October 4, 2019

Prince Waikiki, 100 Holomoana St, Honolulu, HI 96815

Brought To You By The Hawaii Association of Diabetes Educators

For More Information Contact:

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