



Diabetes and the Heart

Friday, October 4th, 2019

Prince Waikiki, 100 Holomoana St, Honolulu

Brought to you by the Hawaii Association of Diabetes Educators- **Register Early- Space is Limited**

Are you interested in gaining a better understanding of the link between cardiovascular disease and diabetes with a focus on reducing risk? Then consider attending this all day program that synthesizes exciting findings and new elements that you can incorporate into your daily practice. Through dynamic presentations and case studies, we will provide you with creative strategies to take your practice to the next level. In addition, small group activities allow participants to network and share problem solving strategies. The goal of this program is to provide cutting-edge information that has real life application. We want each participant to leave the seminar feeling more empowered and confident advocating for excellence in diabetes care.

7:15 - 8:00 AM	Check in, continental breakfast, and visit exhibitors
8:00 – 9:00	ADA Standard of Care Update: Focus on CV Standards – Alan Parsa, MD, FACE
9:00 – 10:15	Mechanisms of Cardiovascular Disease – Beverly Thomassian <ul style="list-style-type: none"> • Metabolic syndrome and insulin resistance • Cardiovascular complications of diabetes • Pharmacologic approaches to risk factor reduction
10:15-10:45	Break and visit exhibitors
10:45 –12:00	Lower Extremity Assessment <ul style="list-style-type: none"> • Peripheral Arterial Disease vs Vascular Disease • Lower extremity assessment techniques • Prevention strategies and education
12:00– 1:00	Lunch (meal included) and visit exhibitors
1:00 – 2:30	Keeping Active – A love note to the heart <ul style="list-style-type: none"> • Activity guidelines • Strategies to get people moving Nourishing the body, protecting the heart <ul style="list-style-type: none"> • Merging science and the individual
2:30-2:50	Break and visit exhibitors
2:50- 4:15	Gut Bacteria and Heart Disease <ul style="list-style-type: none"> • Exploring the latest science Getting to the Heart of the Diabetes Language Movement <ul style="list-style-type: none"> • How we say it and what we say makes a difference
4:15- 4:30	Summary and Evaluations

Who Should Attend?

This course is designed for all health care professionals including providers, **nurses, dietitians, pharmacists and educators** who want to:

- Get re-energized about diabetes care and education
- Enjoy a comprehensive review of diabetes and cardiovascular disease
- Get updates on treatment strategies to reduce cardiovascular risk
- Explore the relationship between nutrition, gut bacteria and cardiovascular disease
- Learn practical approaches to incorporate the diabetes language movement into daily practice.



Course Faculty:

Beverly Thomassian, RN, MPH, CDE, BC-ADM

As president of Diabetes Education Services, Beverly Thomassian, RN, MPH, CDE, BC-ADM, promotes excellence in diabetes care through education, coaching and advocacy. She has written a chapter and frequently presented on the relationship between cardiovascular disease and diabetes. Beverly is a Diabetes Nurse Specialist and is Board Certified in Advanced Diabetes Management. She is an Associate Clinical Professor at the University of California, San Francisco, (UCSF) and a visiting professor at California State University, Chico (CSU Chico).

Alan Parsa, MD, FACE

Medical Director, The Queens Medical Center, West Oahu, Diabetes Management and Education Center

Registration: \$160 for AADE Members; \$185 for non-members – includes continental breakfast, lunch, downloadable syllabus and certificate. **Registration link:** <https://www.myaadenetwork.org/e/in/eid=1396>

In addition to your attendance at this one day conference, Beverly Thomassian is also including the following on-line additional courses to help prepare to take the Certified Diabetes Educators (CDE) exam for free or at a discounted rate:

- Registrants interested are encouraged to listen to the free "[Preparing for CDE Exam](#)" Webinar
- There is a super discounted rate to online "[CDE Boot Camp Prep Online Bundle](#)", which includes Level 1, 2 and 3 webinar series (over 40 CEs) to help prepare for the CDE exam. The usual price is \$399, is discounted to \$199 with a provided special coupon code.

Course Location and parking:

Prince Waikiki, 100 Holomoana St, Honolulu, HI 96815. Onsite parking available (\$8 self parking/10 hrs, \$11 valet/10 hours). Nearby offsite options: Ala Wai Boat Harbor (fee), Marina Parking Garage (enter from Hobron Ln, \$8 CASH/10hrs)

Requirements for Successful Completion: For successful completion, participants are required to be in attendance in the full activity, complete and submit the program evaluation at the conclusion of the educational event.

Activity type: Knowledge-based

Disclosures for conflict of Planners and Presenters:

Dr Alan Parsa serves on the Speakers Bureau for Astra Zenica, Boehringer Ingelheim, and Lilly. Planning committee member Kevin Kam is on the speaker’s bureau for Sanofi



American Association of Diabetes Educators-Provider is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. This program provides **6.5** contact hours of continuing education credit



The American Association of Diabetes Educators (AM001) is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive **6.5** Continuing Professional Education units (CPEUs) for completion of this activities/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program, or materials



®The American Association of Diabetes Educators is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program provides **6.5** contact hours (0.65 CEU’s) of continuing education credit. ACPE Universal Activity Number: 0069-0000-19-227-L01-P; Effective Date: October 4, 2019 to October 4, 2020

For More Program Information Contact:

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