

# Diabetes in the 21<sup>st</sup> Century

Your Logo here

## Date and Location

### Earn 7.5 CEs in a fun, interactive environment

Get re-energized about diabetes care and education through Coach Beverly's interactive, dynamic presentations on case studies and strategies to succeed at teaching in today's fast paced world. With updates on the latest advances in diabetes care, and critical elements of diabetes management, prevention, and education.



Movement breaks plus small group activities encourage problem solving and improve clinical confidence while refining skills and competencies.

**Who Should Attend?** This course is designed for all health care professionals including providers, nurses, LVNs, MAs, dietitians, pharmacists and educators who want to:

- Get re-energized about diabetes care and education
- Enjoy a comprehensive and reality-based review of "the basics and beyond" of diabetes management.
- Learn practical approaches to educating individuals about diabetes self-management

Our goal is to include as many diabetes clinical "pearls" as possible, so participants leave the seminar with practical approaches to educate patients and feel more empowered when advocating for excellence in diabetes care.

### Diabetes in 21<sup>st</sup> Century Schedule

#### 8:30 – 10:00 am – Diabetes Overview

- Current State of Diabetes
- Natural History and Types
- Latest Medications
- New Diabetes Language

#### 10:15 – 11:30 am – Goals/Prevention

- Preventing Diabetes/ Keeping Healthy
- Education Strategies that Work
- Getting to Goal - Management Matters

#### 12:30 – 2:00 pm – Hyper and Hypoglycemia, Feet and Insulin Therapy

- Managing hyper and hypoglycemia
- Lower Extremity Care
- Insulin Therapy – How to think like a pancreas

#### 2:15 – 4:00 pm - Pattern Management, Gut Health, Nourishment

- Insulin and Pattern Management
- Gut Bacteria and Health
- Nourishing our Bodies
- Conclusion



**Course Faculty: Beverly Thomassian RN, MPH, CDE, BC-ADM** - Beverly is a nurse entrepreneur, educator and clinician with a passion to improve diabetes care. She has a special knack of translating complex diabetes information into understandable terms that can be immediately applied in the clinical setting. She also believes that learning about diabetes should be meaningful and fun, so participants leave feeling re-energized and excited about diabetes education.

**Fees and Accreditation:** Nurses Provider approved by the California Board of Registered Nursing, Provider #12640 for 7.5 contact hours. Approved for 6.5 CPE II for Registered Dietitians by the Commission on Dietetic Registration.



**Registration Info:** \$\_\_\_\_\_; \$\_\_\_\_\_ for non-employees. Includes lunch, syllabus and certificate of completion. Contact \_\_\_\_\_ at Ph \_\_\_\_\_ or email \_\_\_\_\_ for more info.