

GLP-1 Receptor Agonists & Injectables



Class/Main Action	Name	Dose Range	Considerations
GLP-1 Receptor Agonist (GLP-1 RA) “Incretin Mimetic” <ul style="list-style-type: none"> Increases insulin release with food Slows gastric emptying Promotes satiety Suppresses glucagon 	exenatide (Byetta)	5 and 10 mcg BID	Side effects for all: Nausea, vomiting, weight loss, injection site reaction. Report signs of acute pancreatitis (severe abdominal pain, vomiting), stop med. Renally excreted. Black box warning: Thyroid C-cell tumor warning for exenatide XR, liraglutide, dulaglutide, and semaglutide (avoid if family history of medullary thyroid tumor). *Significantly reduces risk of CV death, heart attack, and stroke. Lowers A1c 0.5 – 1.6% Weight loss of 1.6 to 6.0kg†
	exenatide XR (Bydureon)	2 mg 1x a week Pen injector - Bydureon BCise	
	liraglutide (Victoza)*	0.6, 1.2 and 1.8 mg daily Approved for pediatrics 10 yrs +	
	dulaglutide (Trulicity)*	0.75 and 1.5 mg 1x a week pen injector	
	lixisenatide (Adlyxin)	10 mcg 1x a day for 14 days 20 mcg 1x day starting day 15	
Amylin Mimetic <ul style="list-style-type: none"> Slows gastric emptying Suppress glucagon 	semaglutide (Ozempic)*† (Rybelsus) Oral tablet	0.5 and 1.0 mg 1x a week pen injector 7 and 14 mg daily in a.m. Take on empty stomach w/H2O sip	
	pramlintide (Symlin)	Type 1: 15 - 60 mcg; Type 2: 60 - 120 mcg immediately before major meals	For Type 1 or 2 on insulin. Severe hypoglycemic risk, decrease insulin dose when starting. Side effects: nausea, weight loss. Lowers A1c 0.5 – 1%

The information listed here are general guidelines only; please consult prescribing information for details.

Insulin/Injectable Combos

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Name	Combines	Considerations
IDegLira* Xultophy 100/3.6	Insulin degludec (IDeg or Tresiba) Ultra long insulin + Liraglutide (Victoza) GLP-1 Receptor Agonist (GLP-1 RA)	<p>Xultophy 100/3.6 pre-filled pen = 100 units IDeg / 3.6 mg liraglutide per mL Once daily injection – Dose range 10 to 50 = 10 – 50 units IDeg + 0.36 -1.8 mg liraglutide</p> <p>Recommended starting dose:</p> <ul style="list-style-type: none"> • 16 IDegLira (= 16 units IDeg + 0.58 mg liraglutide) Titrate dose up or down by 2 units every 3-4 days to reach target. Supplied in package of five single-use 3mL pens. Once opened, good for 21 days.
iGlarLixi* Soliqua 100/33	Insulin glargine (Lantus) Basal Insulin + Lixisenatide (Adlyxin) GLP-1 Receptor Agonist	<p>Soliqua 100/33 Solostar Pen = 100 units glargine / 33 µg lixisenatide per mL Once daily injection an hour prior to first meal of day. Dose range 15 – 60 = 15-60 units glargine + 5 – 20µg lixisenatide</p> <p>Recommended starting dose:</p> <ul style="list-style-type: none"> • 15 units for pts not controlled on 30 units basal insulin or GLP-1 RA • 30 units for pts not controlled on 30 -60 units basal insulin or GLP-1 RA Titrate dose up or down by 2-4 units every week to reach target. Supplied in package of five single-use 3mL pens. Once opened, good for 14 days.

***Discontinue basal insulin /GLP-1 RA therapy before starting. If dose missed, resume with next usual scheduled dose.**