



Diabetes in the 21st Century

Earn 7.5 CEs
in a fun &
interactive
environment

Get re-energized about diabetes care and education through coach Beverly Thomassian's interactive and dynamic presentations on case studies and strategies to succeed at teaching in today's fast paced world. With updates on the latest advances in diabetes care, and critical elements of diabetes management, prevention, and education.

Thursday, March 26
Ukiah Valley Conference Center
200 S. School Street, Ukiah

Register Online at AHUkiah.org/diabetescare



Beverly Thomassian RN,
MPH, CDE, BC-ADM

Diabetes in 21st Century Schedule

8:30 – 10:00 a.m. | Diabetes Overview

- Current State of Diabetes
- Natural History & Types
- Latest Medication
- New Diabetes Language

10:15 – 11:30 a.m. | Goals/ Prevention

- Preventing Diabetes/Keeping Healthy
- Education Strategies that Work
- Getting to Goal - Management Matters

12:30 – 2:00 p.m. | Hyper and Hypoglycemia, Feet & Insulin Therapy

- Managing hyper & hypoglycemia
- Lower Extremity Care
- Insulin Therapy-How to think like a pancreas

2:15 – 4:00 p.m. | Pattern Management, Gut Health, Nourishment

- Insulin & Pattern Management
- Gut Bacteria & Health
- Nourishing our Bodies
- Conclusion

Who Should Attend?

This course is designed for all health care professionals including providers, nurses, LVNs, MAs, dietitians, pharmacists and educators who want to:

- Get re-energized about diabetes care and education
- Enjoy a comprehensive and reality-based review of “the basics and beyond” of diabetes management.
- Learn practical approaches to educating individuals about diabetes self-management

Our goal is to include as many diabetes clinical “pearls” as possible, so participants leave the seminar with practical approaches to educate patients and feel more empowered when advocating for excellence in diabetes care.

Course Faculty: Beverly Thomassian RN, MPH, CDE, BC-ADM

Beverly is a nurse entrepreneur, educator and clinician with a passion to improve diabetes care. She has a special knack of translating complex diabetes information into understandable terms that can be immediately applied in the clinical setting. She also believes that learning about diabetes should be meaningful and fun, so participants leave feeling re-energized and excited about diabetes education.

Fees and Accreditation: Nurses Provider approved by the California Board of Registered Nursing, Provider #12640 for 7.5 contact hours. Approved for 6.5 CPE II for Registered Dietitians by the Commission on Dietetic Registration.

Registration Info: \$49 for Adventist Health Employees; \$89 for non-employees. Includes lunch, syllabus and certificate of completion.

Contact Tiffany Gibson at

707-463-7523 or GibsonTA@ah.org for more info.