Glucagon Treatment for Diabetes-Related Hypoglycemia



Name / Delivery	Supplied	Dose Range		A / D / G
		Adults	Peds / Age Wt Dosing	Age / Route / Storage
Glucagon Emergency Kit Injection requires mixing glucagon powder + diluent filled syringe	1mg / 1mL vial + syringe	1 mg	0.03mg/kg or < 6yr or < 25 kgs 0.5mg ≥ 6yr or > 25kgs 1mg	All ages approved SubQ or IM admin Expires in 2 years at room temp.
Gvoke Injectable liquid stable glucagon solution	0.5mg/1.0mg prefilled syringe or 0.5mg/1.0mg HypoPen auto-injector	1 mg	< 2yr: not recommended 2- 12 yrs < 45kg 0.5mg ≥ 45kg 1mg 12 years or older 1mg	Approved Age 2+ SubQ admin in arm, thigh, abdomen Expires in 2 years at room temp (keep in foil pouch).
Baqsimi Nasal glucagon powder	3 mg intranasal device	3 mg	< 4 yrs: not recommended 3 mg dose for 4 years or older	Approved Age 4+ Nasal admin Expires ~ 2 yrs at room temp (keep in shrink-wrapped tube)

^{*}All raise BG 20+ points. Can cause nausea, vomiting. After admin, roll person on side. Seek medical help. If no response after 1st dose, give 2nd dose in 15 mins. When awake, give oral carbs ASAP when safe to swallow. Please consult package insert for detailed info.

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Hypoglycemia: **Identify, Treat & Prevent**

Step 1

Identify your signs of hypoglycemia or low blood sugar:

- Sweaty
- Shaky
- Hungry
- Can't think straight
- Headache
- Irritated, grouchy
- Other

Step 2

If have signs of hypo, treat with carbs until glucose reaches 70+, then eat usual meal.

- Sugary drink, 4–8oz
- Piece of fruit
- Raisins, handful
- Glucose tabs, 4+
- Honey or glucose gel
- Skittles candy, 15+



Step 3

Have glucagon rescue meds available.

In case of severe hypo, you will need assistance. Identify someone who can get medical help & give you a glucagon rescue medica-

Notify your provider of low blood sugar events.



Level 1 – Glucose less than 70

Level 2 – Glucose less than 54

Level 3 – Severe, need assistance

Identify Causes of Hypo & Problem Solve to Prevent Future Episodes

- » Low carb meal
- » Extra activity
- » Drinking alcohol
- » Delayed, missed meal
- » Too much insulin /meds
- » Insulin timing

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