



**Hawaii
Coordinating
Body**



Best Diabetes Care For The Frail and Elderly Webinar

October 24, 2020 9 am to 11:15 am (Webinar #1)

October 31, 2020 9 am to 11:15 am (Webinar #2)

November 7, 2020 9 am to 11:15 am (Webinar #3)

Brought to you by the Hawaii Association of Diabetes Educators

Register Early – Space Is Limited

Are you interested in learning about diabetes care for the frail and elderly? Then consider attending this all day conference that synthesizes exciting findings and new elements that you can incorporate into your daily practice. Through dynamic presentations and case studies, we will provide you with creative strategies to take your practice to the next level. In addition, small group activities allow participants to network and share problem solving strategies. The goal of this program is to provide cutting edge information that has real life application. We want each participant to leave the seminar feeling more empowered and confident advocating for excellence in diabetes care.

October 24, 2020	Day #1
9:00 – 10:00	Hyperosmolar Hyperglycemic Non-Ketotic Syndrome (HHS) – Alan Parsa, MD <ul style="list-style-type: none"> • Pathophysiological changes • Signs and symptoms • Principles of management
10:00 – 11:15	Overview – Aging Population and Diabetes – Beverly Thomassian, RN <ul style="list-style-type: none"> • How aging effects on glucose homeostasis, brain and body function. • Assessment Strategies for older adults • Medical, psychological, self-management and social domains • Screening tools to evaluate cognition, depression, ACE and distress

October 31, 2020	Day #2
9:00 to 11:15	Treatment Goals, Type 2 Medications and Safety Concerns for Older Adults - Beverly Thomassian, RN <ul style="list-style-type: none"> • Goal determination based on risk, cognition, functionality • Diabetes Medications – Finding the Best Match • Maximizing independence while keeping safety in mind

November 7, 2020	Day #3
9:00 to 11:15	Pharmacologic Approaches to Manage Diabetes and Co-Conditions and Lifestyle Recommendations for the Older Adult- Beverly Thomassian, RN <ul style="list-style-type: none"> • Insulin Therapy and Pattern Management • Blood pressure, lipids and neuropathy • Activities designed with the older adult in mind • Approaches to healthy eating • Action Pack for Happiness - Putting it all together

Who Should Attend?

This course is designed for all health care professionals including providers, nurses, dietitians, pharmacists and educators who want to:

- Get re-energized about diabetes care and education
- Enjoy a comprehensive review of diabetes care in the frail and elderly
- Get updates on treatment strategies for diabetes care in the frail and elderly
- Learn about lifestyle recommendations for the older adult

Learning Outcomes:

- Attendees will be able to describe what hyperglycemic hyperosmolar non-ketotic syndrome (HHS) is and the treatment strategies and follow up for HHNS
- Attendees will be able to describe the physiological effects of aging on patients with Type 2 diabetes and describe management of the elderly and/or frail patients with Type 2 diabetes

Learning Objectives:

- Define hyperglycemic hyperosmolar non-ketotic syndrome (HHS)
- Identify HHNS
- Express the treatment and follow up of HHS
- Describe the relationship between our aging population and diabetes prevalence in our communities
- State how aging affects glucose homeostasis, brain function, and body functionality

- Discuss strategies to assess medical, psychological, self-management and social domains in older adults
- List available screening tools to evaluate cognition, depression and distress
- List the treatment goals for older adults based on risk, cognition and functionality
- Discuss pharmacological approaches to manage diabetes and cardiovascular risk with a focus on de-intensification
- Describe major safety concerns for older people with diabetes and strategies to maximize safety
- Describe life-style recommendations that maximize independence and healthy aging for people with diabetes

Course Faculty:

Beverly Thomassian, RN, MPH, CDCES, BC-ADM

As president of Diabetes Education Services, Beverly Thomassian, RN, MPH, CDCES, BC-ADM, promotes excellence in diabetes care through education, coaching and advocacy. Her clinical practice includes consultation and case management of older adults living with diabetes. Beverly is a Diabetes Nurse Specialist and is Board Certified in Advanced Diabetes Management. She is an Associate Clinical Professor at the University of California, San Francisco, (UCSF) and a visiting professor at California State University, Chico (CSU Chico).

Alan Parsa, MD, FACE

Medical Director, The Queen's Medical Center, West Oahu, Diabetes Management and Education Center

Registration:

Webinars:

Registration Price: \$20 for ADCES members. \$40 for non ADCES members for all 3 webinars
Approved for 6.5 CE hours

Registration available at <https://www.diabeteseducator.org/event/HICBOCT20>

Requirements for Successful Completion: Participants should try to be in attendance for all three **webinars**, complete and submit the program evaluation at the conclusion of each webinar. Partial CE hours (2.25 CE hours) can be awarded per webinar if participants complete and submit the program evaluation. The three webinars will be recorded for later viewing. For those who can't attend a live session, you will have the option to earn CEs for an additional discounted fee through DiabetesEd Services.

Activity type: Knowledge based

Planners:

Naomi Fukuda, APRN, MSN, CDCES, BC-ADM

Kourtney Inoue, MS, RDN, CDCES

Patrick Uyemoto, PharmD

Viola Genadio, APRN, MSN, CDCES, BC-ADM

Patricia Liang-Tong, MSCP, RDN, LD, CDCES

Kevin Kam, RPh, CDCES

Disclosures for conflict of Planners and Presenters:

Dr. Alan Parsa serves on the Speakers Bureaus for Astrra Zeneca, Boehringer Ingelheim, and Lilly. All other planners and speakers have no financial relationships to disclose.

For More Program Information, Contact:

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