

# VIRTUAL World Diabetes Day 2020



## DATE

Thursday, November 12, 2020



## TIME

12:30 pm – 4:45 pm



## KEYNOTE SPEAKER

Coach Beverly Thomassian RN, MPH, CDCES, BC-ADM



## TARGET AUDIENCE

This continuing education activity should be of interest to nurses, registered dietitians, diabetes educators, certified health education specialists, health educators, PAs, nurse practitioners, and other healthcare professionals who care for individuals with diabetes and other related conditions.



## COURSE INFORMATION

This program will be broadcasted through GoToWebinar. A link and directions will be sent to registered participants 1-2 prior to the program. Please make sure your email address and phone number are correctly listed on your profile in the Upstate AHEC registration system. This will ensure your receipt of all communication regarding this and future programs.

**Registration Deadline: November 6, 2020**



## INSTRUCTOR

As president of Diabetes Education Services, **Beverly Thomassian, RN, MPH, CDCES, BC-ADM**, believes that we can improve diabetes care through education, advocacy and curiosity. As a diabetes coach, she promotes excellence in care through her live courses and webinar presentations. Beverly is a Diabetes Nurse Specialist and is Board Certified in Advanced Diabetes Management. She is an Associate Clinical Professor at the University of California, San Francisco, (UCSF) and a visiting professor at California State University, Chico (CSU Chico).

As the director of a local Diabetes Education Program, she keeps her clinical skills fresh through one-on-one education, group classes and consultation. In her role as nurse entrepreneur, educator and clinician, her passion moves her to improve diabetes care.

In 1998, this passion inspired her to start her own company, Diabetes Education Services (DES). The goal of DES is to support health care professionals in their journey to advance their careers in diabetes. This support is provided through live and online training programs, free webinars, one-to-one correspondence



## PROGRAM AGENDA

### 12:30 – 2:00 pm Diabetes Care During a Pandemic – Lessons Learned and Implications for the Future

- a. Discuss the current state of diabetes in the United States
- b. Describe the relationship between COVID, health care disparities and diabetes outcomes
- c. Explore the impact of COVID infection on those with pre-existing diabetes
- d. Discuss the efficacy of virtual visits and future approaches to diabetes care
- e. List 3 actions health care professionals can take to improve equitable diabetes care

### 2:00 – 2:30 pm Diabetes Medication Updates and Critical Content

- a. Describe 3 updates on currently available diabetes medications
- b. List key teaching points for each class of medications

### 2:30 – 2:45 pm Break

### 2:45 – 3:45 pm Diabetes Medication Management – A Case Study Approach

- a. Based on the case study provided, determine the best diabetes medication approach
- b. Discuss the application of ADA Diabetes Meds Management guidelines in clinical practice

### 3:45 – 4:45 pm Surviving the Holidays with Diabetes

- a. Discuss the impact of festive foods and alcohol on blood glucose levels
- b. Describe the 2 new hypoglycemic rescue medications.
- c. List 3 strategies to boost mental health for people with diabetes and health care professionals



## CONTINUING EDUCATION CREDIT

**Dietitians:** 4 hours of CPE for registered dietitians.

**Social Workers:** This program has been approved for 4 clock hours of non-social work continuing education by Upstate AHEC, as part of the SC AHEC system, under its accreditation by the SC Board of Social Work Examiners.

**Licensed Nurses:** Upstate AHEC is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Upon successful completion of this program, attendees will receive 4 contact hours. [www.nursecredentialing.org/accreditation.aspx](http://www.nursecredentialing.org/accreditation.aspx)

**Certified Health Education Specialists:** This program will qualify for Category II continuing education for Certified Health Education Specialists (CHES). Participants must submit information and certificate to NCHES within 90 days of event.

**Others:** This program is approved for 0.4 CEUs (4 clock hours) by Upstate AHEC and meets SC AHEC best practice standards.

**Successful completion of the program requires attendance for at least 90 percent of the program and a completed online evaluation by the participant within 10 calendar days of the program date. A certificate of completion will not be made available for you if the evaluation is not completed within this timeframe. No partial credit available.**



## REGISTRATION

**To register: visit [www.upstateahec.org](http://www.upstateahec.org), click on the CE Tab > Live Courses > November**

For registration issues, please call 864.349.1160.

### **Program Fee:**

**\$10 for Upstate AHEC Consortium Member**

**\$50 for Non-Upstate AHEC Consortium Members**

**Americans with Disabilities Act (ADA):** Upstate AHEC is committed to equality of educational opportunity and does not discriminate against applicants, students or employees on the basis of race, color, religion, sex, national origin, age, disability or veteran's status. If you require reasonable accommodations for a disability in order to participate fully in a continuing education activity, call 864-349-1160 no later than one week before the date of the activity.

**Refund and Cancellation Policy:** Upstate AHEC reserves the right to cancel a continuing education program if enrollment is not sufficient to warrant offering the program. If a class must be cancelled for any reason, a full refund will be granted. In the event that Upstate AHEC should find it necessary to cancel or postpone a program for any reason including, but not limited to, registration responses, strikes, or acts of God, a full refund will be granted. Upstate AHEC will not be liable for registrants' expenses.

Registrants canceling between 2 weeks and 48 hours prior to the program will receive a 75 percent refund. No refunds or credits will be given for cancellations received less than 48 hours prior to the program. No refunds or credits will be given for no-shows. Participant substitutions are welcome (please notify us in advance of the program). Cancellations must be made in writing (mail or email – [registration@upstateahec.org](mailto:registration@upstateahec.org)).