

## **Type 1 Diabetes Resources**

Below is a list of helpful online resources for Type 1 Diabetes. They include sites for national organizations like the American Diabetes Association (ADA), sites for diabetes interest groups, and other participant organizations that provide helpful diabetes tips and opportunities to join online groups.

## Click the links below to visit the website:

- Let's fight Type 1 Together | American Diabetes Association (ADA)
- Mental Health Resources Directory | ADA
- <u>Type 1 Diabetes Resources and Support | Juvenile Diabetes Research Foundation</u>: Explore our informational guides or make a personal connection with someone experienced with type 1 diabetes (T1D). The JDRF community has you covered.
- Empowering Youth with Type 1 Diabetes |The Chris Dudley Foundation
- The National Institutes of Health Diabetes Resources | CDC
- <u>The College Diabetes Network: Focuses Specifically on Young Adults with Diabetes</u> <u>College Diabetes Network</u>
- The Diabulimia Helpline: for Individuals Having Eating Problems
- Beyond Type 1 Diabetes
  - Type 1 Diabetes Online Community
  - Mental Health Resources website
- <u>Connected in Motion: Peer-Based Sports & Outdoor Adventures for those with Type 1</u> (in U.S. and Canada) | Connected In Motion
- Diatribe: Library of Online Resources, Blog & Community Forums
- <u>Diabetes Education</u>: At times it might seem overwhelming, but you can thrive with diabetes, and a Diabetes Care and Education Specialist can help. Includes a link to find a diabetes program near you.