## Glucagon Rescue Medications for Diabetes-Related Hypoglycemia

<table>
<thead>
<tr>
<th>Name/Delivery</th>
<th>Supplied</th>
<th>Dose Range</th>
<th>Age / Route / Storage</th>
</tr>
</thead>
</table>
| **Glucagon Emergency Kit**  
Injection requires mixing glucagon powder | 1mg / 1mL vial + syringe | 1mg | All ages approved  
SubQ or IM admin  
Expires in 2 years at room temp. |
| **Baqsimi**  
Nasal glucagon powder | 3 mg intranasal device | 3 mg | Approved Age 4+  
Nasal admin  
Expires ~ 2 years at room temp  
(keep in shrink-wrapped tube). |
| **Gvoke**  
Injectable liquid stable glucagon solution | 0.5mg/1.0mg prefilled syringe or 0.5mg/1.0mg HypoPen auto-injector | 1 mg | Approved Age 2+  
SubQ admin in arm, thigh, abdomen  
Expires in 2 years at room temp  
(keep in foil pouch). |
| **Dasiglucagon (Zegalogue)**  
Stable liquid glucagon analog | 0.6mg/0.6mL Prefilled syringe Autoinjector | 0.6mg | Approved Age 6+  
SubQ in abdomen, buttocks, thigh outer upper arm  
Expires in 1 year at room temp.  
(store in red protective case). |

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# Hypoglycemia: Identify, Treat, & Prevent

## Step 1
**Identify your signs of hypoglycemia or low blood sugar:**
- Sweaty
- Shaky
- Hungry
- Can’t think straight
- Headache
- Irritated, grouchy
- Other

## Step 2
**If have signs of hypo, treat with carbs until glucose reaches 70+, then eat usual meal.**
- Sugary drink, 4–8oz
- Piece of fruit
- Raisins, handful
- Glucose tabs, 4+
- Honey or glucose gel
- Skittles candy, 15+

## Step 3
**Have glucagon rescue meds available.**
In case of severe hypo, identify someone (ahead of time) who can get medical help & give a glucagon rescue medication.

**Notify your provider of low blood sugar events.**

### Hypoglycemia Levels:
- **Level 1** – Glucose less than 70
- **Level 2** – Glucose less than 54
- **Level 3** - Severe, needs assistance

### Identify Causes of Hypo & Problem Solve to Prevent Future Episodes
- » Low carb meal
- » Extra activity
- » Drinking alcohol
- » Delayed, missed meal
- » Too much insulin/meds
- » Insulin timing