

Other Oral Diabetes Medications

Class/Main Action	Name(s)	Daily Dose Range	Considerations
Thiazolidinediones “TZDs” <ul style="list-style-type: none"> Increases insulin sensitivity 	pioglitazone (Actos) rosiglitazone (Avandia)	15 – 45 mg daily 4 – 8 mg daily	Black Box Warning: TZDs may cause or worsen CHF. Monitor for edema and weight gain. Increased peripheral fracture risk. Actos may increase risk of bladder cancer. Lowers A1c 0.5% – 1.0%
Glucosidase Inhibitors <ul style="list-style-type: none"> Delays carb absorption 	acarbose (Precose) miglitol (Glyset)	25 – 100 mg w/meals; 300 mg max daily dose	Start low dose, increase at 4-8 wk intervals to decrease GI effects. Caution with liver or kidney problems. In case of hypo, treat w/ glucose tabs. Lowers A1c 0.5– 1.0%.
Meglitinides <ul style="list-style-type: none"> Stimulates rapid insulin burst 	repaglinide (Prandin) nateglinide (Starlix)	0.5 – 4 mg w/meals (metabolized in liver) 60 – 120 mg w/meals (eliminated via kidney)	Take before meals. Side effects may include hypoglycemia and weight gain. Lowers A1c 1.0% – 2.0%.
Dopamine Receptor Agonists <ul style="list-style-type: none"> Resets circadian rhythm 	bromocriptine mesylate— Quick Release “QR” (Cycloset)	1.6 to 4.8 mg a day (each tab 0.8 mg)	Take within 2 hrs of waking. Side effects: nausea, headache, fatigue, hypotension, syncope, somnolence. Lowers A1c 0.6% – 0.9%.
Bile Acid Sequestrants <ul style="list-style-type: none"> Decreases cholesterol / BG levels. 	Colesevelam HCL (Welchol)	Up to six (6) 625 mg pills (3 tabs am, 3 tabs pm) 3.75gm packet in 4-8 ounces of fluid	Do not use if history of bowel obstruction, triglycerides >500, or pancreatitis. Can decrease absorption of certain meds, soluble vitamins. Lowers LDL by 15-30%. Side effects GI in nature. Lowers A1c 0.5%

Combo Oral Medications PocketCard™

PocketCards updated annually. Download FREE CDCES Coach App for latest updates and notifications.



Medications	Doses in mg	Medications	Doses in mg	Medications	Doses in mg
Trijardy XR (3 meds) empagliflozin linagliptin metformin XR	5 - 25 2.5 -5 1000	Janumet (sitagliptin/ metformin)	50/500 50/1000	Prandimet (repaglinide/ metformin)	1/500 2/500
ACTOplus Met* (pioglitazone/ metformin)	15/500 15/850	Janumet XR (sitagliptin/ metformin)	50/500 50/1000 or 100/1000	Qtern (saxagliptin / dapagliflozin)	5/10
ACTOplus Met XR (pioglitazone/ metformin)	15/1000 30/1000	Jentaduetto (linagliptin/ metformin)	2.5/500 2.5/850 or 2.5/1000	Segluromet (ertugliflozin/ metformin)	2.5/500 or 2.5/1000 or 7.5/500 or 7.5/1000
Duetact* (pioglitazone/ glimepiride)	30/2 30/4	Kazano (alogliptin/ metformin)	12.5/500 12.5/1000	Steglujan (ertugliflozin/ sitagliptin)	5/100 or 15/100
Glucovance* (glyburide/ metformin)	1.25/250 2.5/500 5/500	Kompligize XR (onglyza/metformin XR)	2.5/1000 5/500 or 5/1000	Synjardy (empagliflozin/ metformin)	5/500 or 12.5/500 5/1000 or 12.5/1000
Glyxambi (empagliflozin and linagliptin)	10/5 25/5	Metaglip* (glipizide/ metformin)	2.5/250 2.5/500 or 5/500	Synjardy XR (empagliflozin/ metformin XR)	5/1000 or 10/1000 12.5/1000 or 25/1000
Invokamet (canagliflozin/ metformin)	50/500 or 50/1000 150/500 or 150/1000	Oseni (alogliptin/ pioglitazone)	12.5/15 or 25/15 12.5/30 or 25/30 12.5/45 or 25/45	Xigduo XR (dapagliflozin/ metformin)	5/500 or 10/500 5/1000 or 10/1000

*Available in generic. Observe precautions of each component drug.