### Glucagon Rescue Medications for Diabetes-Related Hypoglycemia

<table>
<thead>
<tr>
<th>Name/Delivery</th>
<th>Supplied</th>
<th>Dose Range</th>
<th>Age / Route / Storage</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Glucagon Emergency Kit</strong></td>
<td>Injection requires mixing glucagon powder</td>
<td>1mg</td>
<td>All ages approved SubQ or IM admin Expires in 2 years at room temp.</td>
</tr>
<tr>
<td><strong>Injection</strong></td>
<td>1mg / 1mL vial + syringe</td>
<td>0.03mg/kg or &lt; 6yrs or &lt; 25 kgs 0.5mg</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>≥ 6yrs or &gt; 25kgs 1mg</td>
<td></td>
</tr>
<tr>
<td><strong>Baqsimi</strong></td>
<td>3 mg intranasal device</td>
<td>&lt; 4 yrs: not recommended 4 yrs or older</td>
<td>Approved Age 4+ Nasal admin Expires ~ 2 years at room temp (keep in shrink-wrapped tube).</td>
</tr>
<tr>
<td><strong>Nasal glucagon powder</strong></td>
<td></td>
<td>3 mg</td>
<td></td>
</tr>
<tr>
<td><strong>Gvoke</strong></td>
<td>0.5mg/1.0mg prefilled syringe or 0.5mg/1.0mg HypoPen auto-injector</td>
<td>&lt; 2yrs: not recommended 2- 12 yrs &lt; 45kg</td>
<td>Approved Age 2+ SubQ admin in arm, thigh, abdomen Expires in 2 years at room temp (keep in foil pouch).</td>
</tr>
<tr>
<td><strong>Injectable liquid stable glucagon solution</strong></td>
<td>1 mg</td>
<td>≥ 45kg 0.5mg 12 yrs or older 1mg</td>
<td></td>
</tr>
<tr>
<td><strong>Dasiglucagon (Zegalogue)</strong></td>
<td>0.6mg/0.6mL Prefilled syringe Autoinjector</td>
<td>&lt; 6yrs: not recommended 6 yrs or older</td>
<td>Approved Age 6+ SubQ in abdomen, buttocks, thigh outer upper arm Expires in 1 year at room temp (store in red protective case).</td>
</tr>
<tr>
<td><strong>Stable liquid glucagon analog</strong></td>
<td></td>
<td>0.6mg</td>
<td></td>
</tr>
</tbody>
</table>


All PocketCard content is for educational purposes only. Please consult prescribing information for detailed guidelines.
Hypoglycemia: Identify, Treat, & Prevent

Step 1
Identify your signs of hypoglycemia or low blood sugar:
- Sweaty
- Shaky
- Hungry
- Can’t think straight
- Headache
- Irritated, grouchy
- Other

Step 2
If have signs of hypo, treat with carbs until glucose reaches 70+, then eat usual meal.
- Sugary drink, 4–8oz
- Piece of fruit
- Raisins, handful
- Glucose tabs, 4+
- Honey/glucose gel
- Skittles candy, 15+

Step 3
Have glucagon rescue meds available.
In case of severe hypo, identify someone (ahead of time) who can get medical help & give a glucagon rescue medication.

Notify your provider of low blood sugar events.

Hypoglycemia Levels:
- Level 1 – Glucose less than 70
- Level 2 – Glucose less than 54
- Level 3 - Severe, needs assistance

Identify Causes of Hypo & Problem Solve to Prevent Future Episodes
- Low carb meal
- Extra activity
- Drinking alcohol
- Delayed, missed meal
- Too much insulin/meds
- Insulin timing

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