






## Preparing for BC-ADM Free Webinar

With Coach Beverly Thomassian, RN, MPH, CDCES, BC-ADM

[www.DiabetesEd.net](http://www.DiabetesEd.net) 2022




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## Topics

- Qualifications to take the exam
- Applying for exam
- Exam content
- Study strategies
- Test taking tips
- Resources






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## Med and Insulin PocketCards





### Glucose Treatment for Diabetes-Related Hypoglycemia

Glucose Level	Supplies	Steps	Notes
100-126 mg/dL	1/2 cup (4 oz) fruit juice or 1/2 cup (4 oz) regular sugar-sweetened soda	1. Drink 1/2 cup (4 oz) of juice or soda. 2. Recheck glucose in 15 minutes. 3. If still below 100 mg/dL, repeat steps 1 and 2. 4. If still below 100 mg/dL after 45 minutes, contact your healthcare provider.	Do not eat or drink until glucose is above 100 mg/dL.
70-99 mg/dL	1/2 cup (4 oz) fruit juice or 1/2 cup (4 oz) regular sugar-sweetened soda	1. Drink 1/2 cup (4 oz) of juice or soda. 2. Recheck glucose in 15 minutes. 3. If still below 70 mg/dL, repeat steps 1 and 2. 4. If still below 70 mg/dL after 45 minutes, contact your healthcare provider.	Do not eat or drink until glucose is above 70 mg/dL.
54-69 mg/dL	1/2 cup (4 oz) fruit juice or 1/2 cup (4 oz) regular sugar-sweetened soda	1. Drink 1/2 cup (4 oz) of juice or soda. 2. Recheck glucose in 15 minutes. 3. If still below 54 mg/dL, repeat steps 1 and 2. 4. If still below 54 mg/dL after 45 minutes, contact your healthcare provider.	Do not eat or drink until glucose is above 54 mg/dL.
40-53 mg/dL	1/2 cup (4 oz) fruit juice or 1/2 cup (4 oz) regular sugar-sweetened soda	1. Drink 1/2 cup (4 oz) of juice or soda. 2. Recheck glucose in 15 minutes. 3. If still below 40 mg/dL, repeat steps 1 and 2. 4. If still below 40 mg/dL after 45 minutes, contact your healthcare provider.	Do not eat or drink until glucose is above 40 mg/dL.
Below 40 mg/dL	1/2 cup (4 oz) fruit juice or 1/2 cup (4 oz) regular sugar-sweetened soda	1. Drink 1/2 cup (4 oz) of juice or soda. 2. Recheck glucose in 15 minutes. 3. If still below 40 mg/dL, repeat steps 1 and 2. 4. If still below 40 mg/dL after 45 minutes, contact your healthcare provider.	Do not eat or drink until glucose is above 40 mg/dL.

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## Why Take the BC-ADM Exam?



- ▶ Validates a healthcare professional's specialized knowledge and expertise in the management of people with diabetes.
- ▶ May provide future opportunities to work more independently and be reimbursed for advanced level care?



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## Role of BC-ADM

Skillfully manages complex needs and assists with therapeutic problem-solving.

Within their scope of practice, the BC-ADM:



- ▶ Adjust medications,
- ▶ Treat & monitor acute & chronic complications and co conditions
- ▶ Counsel participants on lifestyle modifications
- ▶ Address psychosocial issues,
- ▶ Participate in research and mentoring.



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## Professional Qualifications to take BC-ADM- excerpted from ADCES

### BC-ADM EXAMINATION REQUIREMENTS

#### Eligibility

Candidates must complete the following requirements before submitting an application. See the eligibility criteria details following the chart for additional information.

Eligibility Criteria	Registered Nurse	Registered Dietitian	Pharmacist	Physician Assistant (PA)	Physician
Licenses/Registration (where practicing)	Current, active RN license	Current, active dietitian registration (RD/RDN)	Current, active pharmacist license	Current active physician assistant license	Current active MD/DO license
Advanced Degree	Master's or higher degree in a relevant clinical, educational, or management area (*)	Master's or higher degree in a clinically relevant area (*)	Master's or higher degree in Pharmacy	Master's or higher degree in a relevant clinical, educational, or management area (*)	MD/DO degree
Experience	500 clinical practice hours within 48 months prior to applying for certification examination. (Clinical hours must be earned after relevant licensure and advanced degree was obtained)				
Level of Practice	Skillfully manages complex patient needs and assists patients with therapeutic problem-solving. Within their discipline's scope of practice, healthcare professionals who hold the BC-ADM certification adjust medications, treat and monitor acute and chronic complications and other comorbidities, counsel patients on lifestyle modifications, address psychosocial issues, and participate in research and mentoring. ADCES' Level 3 Education				

(\*) Other advanced degrees will be considered on an individual basis.

[https://www.diabeteseducator.org/education/certification/bc\\_adm](https://www.diabeteseducator.org/education/certification/bc_adm)

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## CDCES Vs BC - ADM

### CDCES

- ▶ Supports and educates people with prediabetes and diabetes to understand and self-manage
- ▶ Individualize behavior and treatment goals to optimize health outcomes.

### BC-ADM

- ▶ Must have Master's
- ▶ Management of diabetes and comorbidities
- ▶ Increased complexity of decision making



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	BC-ADM®	CDCES®
<b>Eligible Professions</b>	<ul style="list-style-type: none"> <li>Registered Nurse (includes NPs and CNSs)</li> <li>Registered Dietitian</li> <li>Pharmacist</li> <li>PA</li> <li>Physician</li> </ul>	<ul style="list-style-type: none"> <li>Standard pathways: Many health professionals qualify including, Registered Nurses, Registered Dietitians/Dietitian Nutritionists, Pharmacists, PAs, MD/DO, and many others.</li> <li>Unique Qualifications Pathway (UQP) - Additional options for health professionals with advanced degrees in health-related area/concentration.</li> </ul> <p>Visit the Certification Examination for Diabetes Educators Examination Handbook for complete details</p>
<b>Experience</b>	<ul style="list-style-type: none"> <li>500 clinical practice hours in advanced diabetes management within 48 months prior to taking certification examination</li> </ul>	<ul style="list-style-type: none"> <li>At least 2 years of experience working under the qualifying profession (not required to be in diabetes) the 4 years preceding application</li> <li>1000 hours of diabetes education within 4 years, with 400 hours completed in the preceding year (NOTE: UQP requirement differs)</li> </ul>
<b>Other Requirements</b>	<ul style="list-style-type: none"> <li>Advanced degree (master's degree or higher in relevant field)</li> </ul> <p>Clinical hours must take place after relevant licensure and advanced degree have been obtained</p>	<ul style="list-style-type: none"> <li>15 clock hours of diabetes-related continuing education (CE) within the 2 years preceding application to take exam (UQP requirement differs)</li> </ul>

From [www.DiabetesEducator.org](http://www.DiabetesEducator.org)

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## Bev's Perspective – CDCES since 1992

- ▶ First took BC-ADM exam in 2001 (before kids)
- ▶ Strong background in inpt management
- ▶ Passed test – but opened another professional door – expanded my perspective, encouraged learning
- ▶ Created Critical Assessment Course as result
- ▶ Member of ANCC team, provided "Review Course"
- ▶ Retook exam in 2006
- ▶ Renewed by completing a bunch of stuff - 2011
- ▶ Declined to participate in committee to update exam in 2011 (although I really wanted to)
- ▶ Renewed again in 2016 and 2021




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## Board Certification –Advanced Diabetes Management (BC-ADM) Description

- ▶ “The depth of knowledge and competence in advanced clinical practice and diabetes skills affords an increased complexity of decision making which contributes to better care.”



• Excerpted from AADE website



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## Recent Roles

### ▶ Diabetes Program Manager

- Inpatient diabetes management
- ADA Recognized Outpt Program
- Outcome Measurement
- Training of Staff
- Policies and Procedures
- Teach Classes
- Write articles

### ▶ Diabetes Specialist

- Consultant to providers
- CV Risk Management
- Work on process improvement
- Starting support group
- Staff training
- Medication Adjustments



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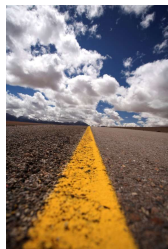
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## Becoming a BC-ADM



*...provides opportunities for health care professionals to expand their roles beyond traditional boundaries and to demonstrate their effectiveness in performing at an advanced level of practice*

Anne Daly, MS, RD, BC-ADM, CDE  
ADVANCED Practice in Diabetes Care Diabetes Spectrum January 2003 vol. 16 no. 1 24-26



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## 2022 – Qualifications

- ▶ Clinical licensure plus advanced degree as outlined
- AND
- ▶ 500 clinical practice hours in *advanced diabetes management* within 48 months prior to taking the exam



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## Your questions

- ▶ For the 500 hours, what is considered advanced diabetes management?
- ▶ How do you document your hours?
- ▶ As a CDCES (CDE), how will this expand my role?
- ▶ Is the AADE version of the BC-ADM Exam is very much like the CDCES Exam?



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## Advanced Level Activities of BC-ADM

- ▶ Management skills such as
  - ▶ medication adjustment,
  - ▶ medical nutrition therapy,
  - ▶ exercise planning,
  - ▶ counseling for behavior management and psychosocial issues.
- ▶ Attaining optimal metabolic control in the diabetic client may include treatment and monitoring of acute and chronic complications.
- ▶ Research and mentoring



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## Applying to take the BC-ADM Exam



- ▶ An online application is available through the ADCES candidate registration system at ADCES Candidate Access ([scantronassessment.com](http://scantronassessment.com))
- ▶ Applications accepted on a continual basis

### Deadlines

Candidates are strongly encouraged to complete their applications at least 60 days prior to their desired testing date. There are two testing windows per year – June and December. The deadline for registration for the June window is May 1 and the deadline for the December window is November 1.

Application Received By:	Application (Including \$50 Late Fee) Received By:	Testing Window:
May 1	May 15	June
November 1	November 15	December

If a candidate misses the deadline, their application is credited toward the next window.



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## What application materials do I need to submit?



- ▶ Completed application including
  - ▶ Proof of Licensure
  - ▶ Documentation of 500 Advanced Practice Clinical Hours (within last 48 months) with attestation
  - ▶ Diploma of Master's level (or higher)
  - ▶ Payment
    - ▶ ADCES (AADE) Members = \$600
    - ▶ Non ADCES Members = \$900
    - ▶ Recertification \$500 / \$800 + 1000 practice hours + professional development



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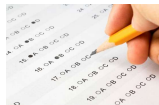
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## BC-ADM Exam Details



### Steps to Becoming a BC-ADM



What are the steps to become Board Certified in Advanced Diabetes Management (BC-ADM)?

Step 1. Review the qualifications to achieve your BC-ADM

- Visit the ADCES BC-ADM Certification page to review eligibility and to schedule your exam.
- Download the BC-ADM Handbook for complete information about eligibility. This handbook published by the ADCES (formerly AADE) provides the complete and official listing of all of the requirements for the BC-ADM. Instructions on how to apply, study resources, and the application are also included.
- Download the Practice Hours Spreadsheet to easily track your practice hours.

Practice Hours Spreadsheet Tracker

<https://diabetesed.net/preparing-to-take-bc-adm-webinar-and-resource-page/>

**Results will be mailed within 6-8 weeks after the CLOSE of the testing window**

**Can retake test for fee 2xs in yr**

**Test questions?** – ADCES (919) 572-6880 or

[https://www.diabeteseducator.org/education/certification/bc\\_adm](https://www.diabeteseducator.org/education/certification/bc_adm)

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## Test NOW at Scantron Site or Live Online Proctoring (LOP)

### Scheduling and Cost Information for BC-ADM Exam Changes

#### 1. Charges for Changes in Scheduling

When you get your notification to schedule email from Scantron, click on the link to schedule online and you will be provided with the option to select either an onsite Scantron site or the live online proctoring option (LOP). If you schedule for the LOP option, and then decide you want to reschedule to an onsite Scantron site, there is no charge. However, if you schedule for an onsite Scantron site, then want to reschedule to an LOP, there's a \$50 rescheduling fee.



#### LIVE ONLINE-PROCTORED TEST ADMINISTRATION

[https://www.diabeteseducator.org/docs/default-source/education-and-career/certification/scheduling-and-cost-information-for-bc-adm.pdf?sfvrsn=fba69858\\_2](https://www.diabeteseducator.org/docs/default-source/education-and-career/certification/scheduling-and-cost-information-for-bc-adm.pdf?sfvrsn=fba69858_2)

Live online-proctored (LOP) test administration allows candidates to complete their examinations from their own computers via an internet connection at a time and place of their choosing. Testing sessions are available 24/7/365, based on seating availability.

Scantron uses its proprietary software, Scantron PASE™, to deliver examinations to candidates. Scantron partners with Examity for the online, real-time monitoring of testing candidates.

The candidate's computer must have webcam capability as well as a microphone and speakers, and the environment should be quiet to avoid distractions and to ensure that the online proctor can hear everything at the candidate's location.

There are technical requirements, such as an adequate internet connection, to ensure that the proctor can access the candidate's computer and that the session can proceed without internet disruption. Candidates are informed of the computer specifications in advance of the testing session.



## Exam Details

- ▶ 25 of the 175 questions are pretest questions and are **not** counted in the determination of individual examination scores.
- ▶ Candidates score is based solely on the 150 scored questions
- ▶ Results are based on a scaled score
- ▶ Passing rate~ 70%

The AADE BC-ADM uses the following scale:

	Minimum Score	Maximum Score	Passing Score
BC-ADM	200	500	350



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## 213 Questions – Test Taking Toolkit

- ▶ **213 Question Practice Exam**
- ▶ Includes **4 tests of 50** multiple choice test questions written by Coach Beverly inspired by the American Diabetes Standards of Care. Plus 105 general questions.
- ▶ Designed to test your knowledge of the Critical Content areas and help prepare for the Exam.



**\$49.00 – Includes 213 Questions plus Test Taking Tips Online Course**



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CDCES Coach App

Brought to you by Diabetes Education Services

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[HOW IT WORKS](#)
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[REVIEWS](#)
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"It's like having a coach in your pocket!"

## CDCES Coach App

[Download on the App Store >>](#)
[Download on Google Play >>](#)

Standards of Care  
Meds PocketCards  
Question of the Week  
Online Course Viewing





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## BC-ADM Exam Content - 2022

Category	Domains of Practice	Percent	No. of Questions
I	Assessment and Diagnosis	30%	45
II	Planning and Intervention	34%	50
III	Evaluation and Follow-up	23%	34
IV	Population Health, Advocacy, and Professional Development	14%	20

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## I - Assessment & Diagnosis – 45 questions

Subdomains listed below

- Therapeutic interviews – 4
- Comprehensive assessment of PWD – 5
- Physiology and pathophysiology relating to prediabetes, diabetes and comorbidities – 5
- Self-care behavior, mental health assessment - 4
- Social determinants of health - 4
- Standards of diabetes care – ADA /AACE – 5
- Analysis of complex data sets – 5
- Synthesis of information from test/assess – 5
- Perform Screening and diagnostic criteria – 4
- Formulate and prioritize problem list – 4

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## II. Planning and Intervention - 50

1. Standards of Care re: intervention – 4
2. Incorp behavior change models - 4
3. Medical Nut Therapy Knowledge – 4
4. Pharmacologic therapy – 5
5. Surgical Options for DM Management – 3
6. Technology Options (Pump, CGM, etc) – 4
7. Individualization/ Priority of Care – 4
8. Collaboration, Referral and Coordination – 4
9. Establish self-care goal, improve outcomes – 4
10. Refer to mental health for psychosocial – 4
11. Interventions for special pops – 4
12. Manage diabetes in hospital/transitions – 4
13. Engage in telehealth services (CMS) - 3



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## Evaluation and Follow-Up - 34

1. Standards of Care AACE, ADA, AACE, ACOG, Endocrine Society – 9
2. Use technology devices to collect, analyze and inform judgements - 7
3. Review treatments and outcomes, explain results – 9
4. Evaluate and adjust treatment plan accordingly - 9



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## IV. Population Health, Advocacy, Professional Development - 20

1. Regulatory, accreditation/recognition disease management, reimbursement and standards (JACHO, HEDIS, ERP, DEAP, CMS, OSHA, CLIA, HIPPA)- 3
2. Program development and CQI – 2
3. Community needs - 2
4. Public health initiatives – 2
5. Engage in scholarly activities -2
6. Incorporate tech to individualize care - 4
7. Advocate for person first language – 3
8. Display leadership qualities -3



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## Stretch Break – Half Way There



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## Your questions

- ▶ What standards are used? ADA, AACE and from which year?
- ▶ What are the most important study tools?
  - ▶ ADA and AACE Stds / Clinical Guidelines
  - ▶ Nurses Complete Guide to Diabetes Care
  - ▶ Levels 1-4 and Test Taking Toolkit
- ▶ What is best source of info on newer diabetes medications?



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## Other Clinical Books that will Help [www.DiabetesEd.net](http://www.DiabetesEd.net)



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## Resources – DiabetesEd.net



[Nurses Guide to Diabetes Care, 3rd edition - Book](#) (2017). Childs, B. (editor). An excellent reference for all health care professionals providing advanced level diabetes care and treatment. Great Study tool

### [Links to Summary Pages](#)

- ▶ Medications for Lipid Management
- ▶ Medications for Hypertension
- ▶ Management of Neuropathy
- ▶ Diabetes Medication PocketCards
- ▶ Online Courses



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## BC-ADM Resources on DiabetesEd.net



### Recommended Articles

#### Recommended Articles to Review

**ADA Standards of Care 2022** - This yearly publication by the American Diabetes Association outlines the national goals of care based on the latest research for diabetes management. This is one of the most important guidelines to read as a Certified Diabetes Care and Education Specialist

**Purchase ADA Standards of Care 2022 Booklet**

**Screening and Diagnosis of Diabetes Mellitus 2022** - A one-page cheat sheet that summarizes screening, risk status, and diagnostic criteria for diabetes. Great for your office and as a study tool.

**Med Cheat Sheets 2022 | Hypertension, Lipids, and Neuropathy** - These summary sheets are helpful for your clinical practice and preparing for certification exams. For exam success, be familiar with the general concepts, (side effects and precautions) of these medications.

**An Introduction to Medical Statistics for Health Care Professionals** - This classic chapter, recommended by the ADCES to review for BC-ADM, provides a review of helpful statistical terms and concepts.

**AAACE Comprehensive Type 2 Diabetes Management Algorithm 2020** - This link provides the **complete executive and slide set summary** by an American Association of Clinical Endocrinologists/American College of Endocrinology Consensus Panel on Type 2 Diabetes Mellitus. If you are taking the CCCE5 or BC-ADM exam, we encourage students to be familiar with the slide content that reviews diabetes management.

**2022 National Standards for Diabetes Self-Management Education and Support** - A joint position statement of the American Diabetes Association, the American Association of Diabetes Educators, and the Academy of Nutrition and Dietetics. An important document to review for those providing Diabetes Self-Management Education or those considering taking the certification exam.

**ADCES Recommended Reading List** - although outdated, this list includes helpful articles on statistics, quality improvement, and other reading suggestions.



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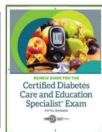
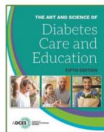
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## Study Tools – Take as many tests as possible Listen to Prep for BC-ADM Webinar



ADCES Desk Reference +  
ADCES Certified Diabetes  
Specialist Exam Review  
Guide

\$ 344.95

AADE Review Guide (5<sup>th</sup> Revised Ed)  
Includes 480 questions

- ▶ 2 practice exams w/ rationale
- ▶ Test taking tips
- ▶ Self-Assessment

Art and Science Desk Reference - 800+ pages



DiabetesEd.net>Books and Study

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## 220 Test Questions – Assess your Knowledge



Test Taking Practice Exam Sample Questions Toolkit

Test Taking Practice Exam Toolkit Webinar  
20 Sample Practice Questions

You are invited to join Coach Beverly for this FREE Webinar. And, if you want to have access to an additional 220+ sample practice online questions, you can purchase the complete Test Taking Toolkit.

For many of us, taking the certification exam is a nerve-racking process.

During this webinar, Coach Beverly will help you transform your nervousness into focused energy that will help you succeed. She will provide test-taking tips based on her experience taking the certification exam six times.

Watch Recorded Webinar for FREE

Purchase Now for Access to 220+ Practice Questions | \$49



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## Sample Question -1

- ▶ A healthy adolescent with 2 year history of type 1 DM returns for a quarterly appt. For the past month, he has experienced abdominal pain and diarrhea after some high carb meals. An advanced diabetes manager's first intervention is to order a:
- A. Transglutaminase Autoantibody Test
  - B. 72-hour fecal fat collection
  - C. Colonoscopy
  - D. Stool Sample



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## Poll Question 2

- ▶ Mrs. S is having trouble sleeping and complains of waking up with frequent nightmares. Her insulin dose includes 5-8 units of Novolog at breakfast and dinner and 12 units of NPH bedtime. She complains that her before bed blood sugar is often greater than 300, so she takes extra insulin before going to bed to bring it down. What is your best response?
- a. Instruct Mrs. S to decrease the NPH insulin by 2 units to prevent nocturnal hypoglycemia.
  - b. Contact provider and request to discontinue NPH and start Lantus instead.
  - c. Assess if Mrs. S is having a snack before checking her bedtime blood glucose level.
  - d. Instruct how to safely adjust her dinner time Novolog to prevent hyperglycemia at bedtime.



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### Poll Question 3

The rates of gestational diabetes (GDM) are increasing in the United States. Which of the following is true?

- A. Children born to people with GDM have lower rates of type 1 diabetes.
- B. Risk of GDM can be decreased by getting to healthy weight pre-pregnancy
- C. GDM is defined as elevated blood glucose levels discovered anytime during pregnancy
- D. People with GDM can control glucose through diet changes only



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### Poll Question 4

- ▶ Hyperglycemia during hospitalization is associated with poor outcomes due to
  - a. Abnormal co-regulation of nitric oxide
  - b. Increased free fatty acids, ketones and lactate
  - c. Ketone production associated with alkalosis
  - d. Increased insulin resistance and insulin secretion and decreased counterregulatory hormones.



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### 5. A 40-year-old female has a 10-year history of diabetes

- ▶ Injects 16 units of NPH and 8 units lispro (Humalog) before breakfast, and 8 units of NPH, and 4 units of lispro (Humalog) before dinner. BG pattern is:
  - ▶ fasting blood glucose is 100
  - ▶ pre-lunch is 240 mg/dL;
  - ▶ pre-dinner is 210 mg/dL
  - ▶ bedtime is 150 mg/dL.

The advanced diabetes manager recommends:

- a. Adding 2 units of Humalog before breakfast.
- b. Adding 4 units of Humalog before dinner.
- c. Adding 2 units of Humalog before lunch.
- d. Decreasing the evening NPH insulin by 2 units.



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### Sample Question 6

Mr. L takes 16 units glulisine before breakfast and lunch. He takes 16-20 units before dinner depending on BG levels. Mr. L also takes 42 units of glargine at hs. How many vials of glulisine does he need a month?

- A. 1.5 vials
- B. 2 vials
- C. 2.8 vials
- D. 3 vials



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### Sample question 7

▶ A 54-yr-old male, BMI 32 with type 2 diabetes, A1c 8.3%, history of congestive heart failure with a UACR of 38mg/g and GFR of 49. Meds include Glipizide, Metformin and levothyroxine. Given his risk status, which 3 classes of meds should he be taking according to ADA Standards?

- a. Insulin, aspirin and ACE Inhibitor.
- b. TZD, ARB and bolus insulin.
- c. Beta blocker, stop metformin and add statin.
- d. ARB, statin, SGLT-2 Inhibitor



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### Sample question 8

Current recommendations for screening for Type 2 diabetes and prediabetes in asymptomatic young adults include:

- a. Individuals with a HDL of 52 mg/dl
- b. Women with polycystic ovary disease
- c. Individuals with a history of Addison's disease
- d. Offspring with a parent with type 1 diabetes



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## Sample question 9

RS observes Ramadan and fasts from sunrise to sunset. RS is 13 years old, has type 1 diabetes, uses an insulin pump and CGM. RS's insulin-to-carb ratio is 1:12 and correction is 1:45. Basal settings range from 0.5 -1.2 units an hour. What would be the best recommendation for RS to keep blood sugars in target range during Ramadan?

- a. See if RS can get a note from their doctor to allow eating during the day
- b. Decrease basal insulin rate by 50% during periods of fasting
- c. Take bolus insulin when RS eats a meal or snack
- d. Monitor urine ketones at least twice a day



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## Maintaining Certification BC-ADM

► BC-ADM Exam – Sat for exam twice, then policy changed.

► **Renew every 5 years by completing:**

- CE activities (75 CE's)
- Academic Credits
- Presentations
- Publication & Research
- Preceptor / Mentor
- Professional Service



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## Renewal

### Recertification Requirements

Professional Development *plus* Practice Hours:

- Hold a current, active RN, RD, RPh, PA, or MD/DO license in a state or territory of the U.S. or the professional, legally-recognized equivalent in another country;
- Hold a current BC-ADM certification;
- Complete the professional development requirements for your certification specialty (must be completed within the five (5) years preceding your renewal application submission);
- Complete a minimum of 1,000 practice hours in your certification role and population/specialty (must be completed within the five (5) years preceding your renewal application submission); and
- Pay the renewal fee.

### Recertification Fees

- \$500.00 - AADE members
- \$800.00 - Non AADE members



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## Bryanna is here to Help!



**Bryanna Sabourin,**  
Director of Operations,  
Certification Pathway Coach &  
Customer Happiness Expert

If you have questions,  
you can chat with  
Bryanna at  
[www.DiabetesEd.net](http://www.DiabetesEd.net)  
or call 530-893-8635  
or email at  
[info@diabetesed.net](mailto:info@diabetesed.net)

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## What's Next – Your Study Path

- ▶ Determine your learning goals & choose course bundles that best meet your needs.
- ▶ Ready to Certify? Create a Study Program
  - ▶ Which Study Tools are Right for Me? Complete Survey
  - ▶ CDCES Coach App
  - ▶ Free Resources & Webinars
  - ▶ Sign up for our Question of Week Blog
- ▶ Review the CDCES / BC-ADM Exam Handbook
- ▶ Prepare to Apply
  - ▶ Track Your Hours
  - ▶ Review Online Courses, Gain CEs
  - ▶ Test Taking Toolkit & Review Guide
  - ▶ Diabetes Boot Camp
  - ▶ Sign up for Exam & let us know how it goes!



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blog bytes  
helping to learn and excel

Bryanna is here to help! Contact at [info@diabetesed.net](mailto:info@diabetesed.net) or  
call at 530-893-8635

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### Level 2 | Standards of Care Intensive | 20 CEs


- Class 1 | ADA Standards of Care | 2.0 CEs
- Class 2 | Assessing & Promoting Well-Being: From Population Health to a Person-Centered Approach Standards | 1.5
- Class 3 | Cardiovascular Disease & Diabetes Standards | 1.5 CEs
- Class 4 | Critical Assessment of Diabetes Patient Standards | 2.0 CEs
- Class 5 | Hospital & Hyperglycemia Standards | 1.5 CEs
- Class 6 | Hyperglycemic Crises, DKA & HHS Standards | 1.0 CE
- Class 7 | Lower Extremity Assessment Standards | 1.5 CEs
- Class 8 | Meds Management for Type 2 Standards | 1.5 CEs
- Class 9 | Microvascular Complications, Eye, Kidney Nerve Disease Standards | 1.5 CEs
- Class 10 | Older Adults & Diabetes Standards | 1.5 CEs
- Class 11 | Pregnancy & Diabetes Standards | 1.5 CEs
- Class 12 | Tots to Teens - Diabetes Standards | 1.5 CEs



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### Level 3 | DiabetesEd Specialist Boot Camp | 12+ CEs

- Class 1 | Diabetes - Not Just Hyperglycemia | 1.75 CEs
- Class 2 | Standards of Care & Cardiovascular Goals | 1.5 CEs
- Class 3 | Insulin Therapy - From Basal/Bolus to Pattern Mgmt | 1.5 CEs
- Class 4 | Insulin Intensive, Monitoring, Sick Days, Lower Ext | 2.0 CEs
- Class 5 | Meds for Type 2 - What you need to know | 1.5 CEs
- Class 6 | Exercise & Medical Nutrition Therapy | 1.0 CE
- Class 7 | Screening, Prevention, & Treatment of Microvascular Complications | 1.5 CEs
- Class 8 | Coping & Behavior Change | 1.5 CEs
- Class 9 | Test-Taking Coach Session (48 Questions) | No CEs





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### Level 4 | Advanced Level & Specialty Topic Courses | 13+ CEs

- Class 1 | 3 Steps to Save Feet; Assess, Screen, & Report | 1.0 CE
- Class 2 | Basal Bolus Therapy in Hospitals | 1.5 CEs
- Class 3 | Cancer & Diabetes | 1.25 CEs
- Class 4 | Getting to the Gut (& Skin) | 1.0 CE
- Class 5 | Insulin Calculation Workshop - From Pumps & Beyond | 1.5 CEs
- Class 6 | Solving Glucose Mysteries for Type 1 | 1.5 CEs
- Class 7 | Solving Glucose Mysteries for Type 2 | 1.5 CEs
- Class 8 | Impact of Adverse Childhood Experiences on Health | 1.0 CE
- Class 9 | Type 2 Diabetes Intensive | 2.0 CEs





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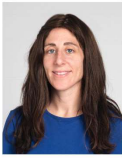
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## Toolkits

### Technology Toolkits



Diabetes Technology with Dr. Diana Isaacs | 4 CEs

\$ 69.00

Quantity: 1

Add to Cart

DESCRIPTION REVIEWS

This Diabetes Technology with Dr. Diana Isaacs | 4 CEs

This course is included in Virtual DiabetesEd Specialist Conference

All Diabetes Care and Education Specialists, we are expected to have expertise in diabetes technologies to improve patient centered care and optimize outcomes.

### Test Taking Toolkit


#### Test Taking Practice Exam Sample Questions Toolkit


You are invited to join Coach Beverly for this DEEC. Register. And if you want to know more or be notified of 480+ sample practice exam questions, you can purchase the complete Test Taking Toolkit.


**For many of us, taking the certification exam is a nerve-wracking process.**

Being this nervous about Beverly will help you transform your nervousness into focused energy that will help you succeed. She will provide test taking tips based on her experience taking the certification exam on 4/1/20.

[Watch Recorded Webinar for FREE](#)
[Purchase Now for Access to 220+ Practice Questions | \\$64](#)







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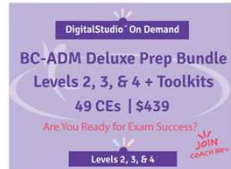
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## Purchase our Most Popular Bundles & Save

### Ultimate Online Bundle



### BC-ADM Bundle



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## Training Programs

### DiabetesEd Virtual Training Conference



### ReVive 5 Diabetes Training Program



ONLINE  
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## Join US on Social Media / Blogs



- ▶ <https://www.facebook.com/DiabetesEducationalServices>
- ▶ <https://twitter.com/CDECoach>
- ▶ <https://www.instagram.com/cdcescoach/>
- ▶ <https://www.linkedin.com/in/beverlythomassian/>

Sign up for Blog Bytes – Question of Week

- ▶ <https://diabetesed.net/diabetes-blog-bytes-sign-up/>



Sign Up | Diabetes Blog Bytes




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## Thank You



- ▶ Questions? Bryanna is here to help!
- ▶ Email [info@diabetesed.net](mailto:info@diabetesed.net)
- ▶ Web [www.diabetesed.net](http://www.diabetesed.net)
- ▶ 530-893-8635



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