

# DiabetesEd Specialist Training | San Diego\*

## Day One – October 11, 2023



Time	Topic	Speakers
7:30 – 8:00am	Welcome	
8:00 – 10:00	<b>Current State of Diabetes ADA Standards of Care</b>  <b>Person Centered Care for Type 1, Type 2, LADA, GDM</b>	Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDCES  and
10:00 – 10:15	Break	Diana Isaacs, PharmD, BCPS, BCACP, CDCES, BC- ADM, FADCES, FCCP
10:15 – 12:00	<b>Medical Evaluation, Risk Identification</b>  <b>Diabetes Prevention</b>  <b>Glycemic targets across the Lifespan</b>	
12:00 – 1:00	Lunch Break	
1:00 – 2:30	<b>Hypoglycemia prevention &amp; treatment</b>  <b>Landmark Studies</b>  <b>Medications for Type 2</b>	
2:30 – 2:45	Break	
2:45– 3:15	<b>Pharmacology Algorithms - AACE and ADA</b>	
3:30 – 4:30	<b>Cardiovascular Monitoring and Management</b>	
4:30 – 4:45	<b>Delivering Extraordinary Diabetes Care</b>	



*\*Topics and Timing Subject to Change*

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## Day Two - October 12, 2023



Time	Topic	Speakers
7:30am – 8:00am	Welcome and Visit Vendors	
8:00 – 9:30	Insulin - the Ultimate Hormone Replacement Therapy	Diana Isaacs, PharmD, BCPS, BCACP, CDCES, BC-ADM, FADCES, FCCP
9:30 – 9:45	Break	
9:45 – 10:45	Insulin Pattern Management and Dosing Strategies	and Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDCES
10:45– 12:00	Diabetes Interview – From Head to Toe Microvascular Risk Reduction	
12:00 – 1:00	Lunch Break and Visit Vendors	
1:00 - 2:15	Diabetes Technology-Monitors, Pumps and Data Interpretation	
2:15– 2:30	Break	
2:30 – 3:15	Diabetes Technology-Monitors, Pumps and Data Interpretation	
3:15 – 4:30	Integrating Mental Health with Body Health. Assessment Tools and Coping	 

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## Day Three – October 13, 2023



Time	Topic	Speaker
7:30 – 8:00	Welcome	
8:00 – 10:00	<b>Medical Nutrition Therapy – Keeping it Person Centered</b> <b>Micro and Macronutrients</b> <b>Evidence based approaches to MNT</b>	Ashley LaBrier MS, RD, CDCES
10:00 – 10:15	<b>Movement Break</b>	
10:20 -11:40	<b>Meal Planning- How to Eat by the Numbers</b>	
11:40 – 12:00	<b>Keeping Active with Diabetes</b>	

*Thank you for joining us!*



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