Glucagon Rescue Medications for Diabetes-Related Hypoglycemia



Name/Delivery	Supplied	Dose Range		Age / Route / Storage
		Adult	Peds / Age WT Dosing	Age / Route / Storage
Glucagon Emergency Kit Injection requires mixing glucagon powder	I mg / imi	1mg	0.03mg/kg or < 6yrs or < 25 kgs 0.5mg ≥ 6yrs or > 25kgs 1mg	All ages approved SubQ or IM admin Expires in 2 years at room temp.
Baqsimi Nasal glucagon powder	3 mg intranasal device	3 mg	< 4 yrs: not recommended 4 yrs or older 3mg dose	Approved Age 4+ Nasal admin Expires ~ 2 years at room temp (keep in shrink-wrapped tube).
Gvoke Injectable liquid stable glucagon solution	0.5mg or 1.0mg in -Prefilled syringe -HypoPen auto-injector -Kit with vial and syringe	1 mg	< 2yrs: not recommended 2- 12 yrs < 45kg 0.5mg ≥ 45kg 1mg 12 yrs or older 1mg	Approved Age 2+ SubQ admin in arm, thigh, abdomen Expires in 2 years at room temp (keep in foil pouch).
Dasiglucagon (Zegalogue) Stable liquid glucagon analog	0.6mg/0.6mL Prefilled syringe Autoinjector	0.6mg	< 6yrs: not recommended 6 yrs or older 0.6mg	Approved Age 6+ SubQ in abdomen, buttocks, thigh outer upper arm Expires in 1 year at room temp. (store in red protective case).

^{*}All raise BG 20+ points. Can cause nausea, vomiting. After admin, roll person on side. Seek medical help. If no response after 1st dose, give 2nd dose in 15 mins. When awake, give oral carbs ASAP when safe to swallow. Please consult package insert for detailed info.

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Hypoglycemia: Identify, Treat, & Prevent

PocketCards are updated twice yearly. Scan QR code to download or order the latest version.

Identify Causes of Hypo & Problem Solve to Prevent Future Episodes



Step 1

Identify your signs of hypoglycemia or low blood sugar:

- Sweaty
- Shaky
- Hungry
- Can't think straight
- Headache
- Irritated, grouchy
- Other

Step 2

If have signs of hypo, treat with carbs until glucose reaches 70+, then eat usual meal.



- Sugary drink, 4–8oz
- Piece of fruit
- Raisins, handful
- Glucose tabs, 4+
- Honey/glucose gel

Skittles candy, 15+

Step 3

Have glucagon rescue meds available.

In case of severe hypo, identify someone (ahead of time) who can get medical help & give a glucagon rescue medication.

Notify your provider of low blood sugar events.

Hypoglycemia Levels:

Level 1 – Glucose less than 70 Level 2 – Glucose less than 54 Level 3 - Severe, needs assistance

- » Low carb meal
- » Extra activity
- » Drinking alcohol

- » Delayed, missed meal
- » Too much insulin/meds
- » Insulin timing