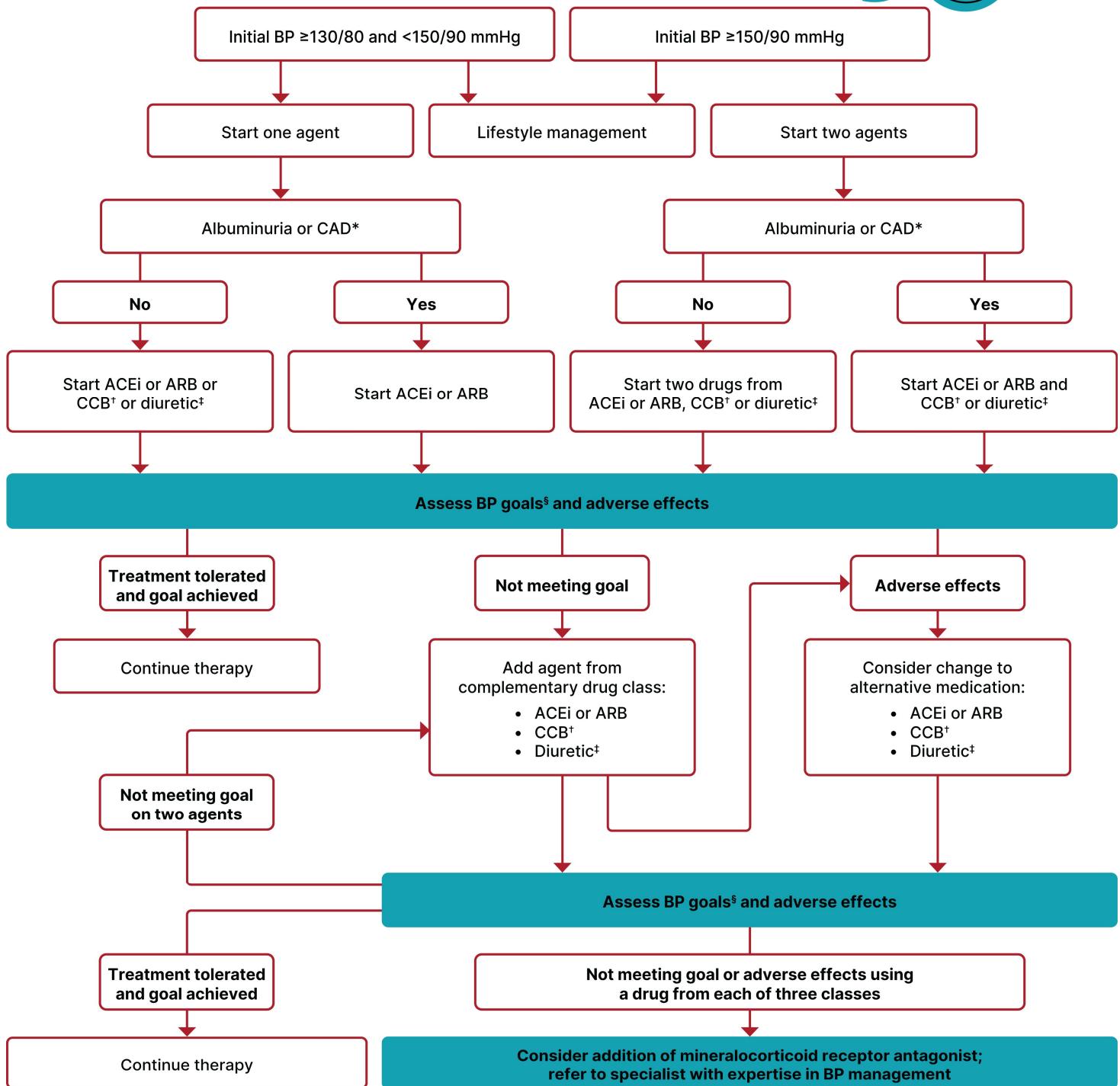


# Recommendations for the treatment of confirmed hypertension in nonpregnant people with diabetes



Recommendations for the treatment of confirmed hypertension in nonpregnant people with diabetes. \*An ACE inhibitor (ACEi) or angiotensin receptor blocker (ARB) is suggested for the treatment of hypertension in people with coronary artery disease (CAD) or urine albumin-to-creatinine ratio 30–299 mg/g creatinine and is strongly recommended for individuals with urine albumin-to-creatinine ratio ≥300 mg/g creatinine. <sup>†</sup>Dihydropyridine calcium channel blocker (CCB). <sup>‡</sup>Thiazide-like diuretic; long-acting agents shown to reduce cardiovascular events, such as chlorthalidone and indapamide, are preferred. <sup>§</sup>If it can be safely attained, the on-treatment blood pressure goal is <130/80 mmHg; a systolic blood pressure goal <120 mmHg should be encouraged in individuals with high cardiovascular or kidney risk. BP, blood pressure. Adapted from de Boer et al. (24).

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