

### ***Physician Eligibility Criteria:***

1. Hold a current, active, and unrestricted MD/DO license from one of the United States or its territories or the professional, legally recognized equivalent in another country where practicing in a state or territory of the United States or the professional, legally recognized equivalent in another country where practicing.
2. Within 48 months prior to applying for this certification exam, complete a minimum of 500 hours of clinical practice in advanced clinical diabetes management. Clinical hours must be earned after relevant licensure was obtained.

***All requirements must be met prior to submitting an application for the examination.***

## **Application Audits**

Ten percent (10%) of exam applications will be audited to ensure compliance with the eligibility criteria. Applications for audit will be selected randomly at the time of application. If selected for audit, a candidate will receive an email message from CBDCE with instructions on how to supply satisfactory documentation that supports compliance with the eligibility criteria. Candidates will need to supply the audit documentation within 10 days of notification. For initial applications upon successful compliance with the audit, the application will be approved and candidate will be eligible to take the exam. Applicants who DO NOT comply with the audit process or cannot successfully verify the eligibility requirements upon audit, will be marked as incomplete and fees refunded less a \$100 processing fee.

If a candidate is selected for an audit, the candidate will need to submit proof of their practice hours in the form of a letter from a supervisor or other professional who can attest to and verify their claimed hours.

## **WHAT QUALIFIES AS PRACTICE HOURS?**

A minimum of 500 practice hours providing advanced diabetes management is required. Hours of direct clinical supervision of, or precepting students/residents, and/or volunteer hours in diabetes care may be counted towards practice hours.

### **Activities that count towards practice hour requirement:**

- Managing complex patient needs
  - Monitoring, interpreting, and applying results generated from complex patient data sets
  - Formulating and prioritizing a problem list
  - Educating individuals about medical nutrition therapy
  - Incorporating technologies into practice for maintenance and/or management of diabetes and cardiometabolic conditions
  - Managing and adapting interventions for special populations
- Assisting patients with therapeutic problem-solving
  - Conducting therapeutic interviews using a systematic approach
  - Counseling patients on lifestyle modifications

- Incorporating appropriate behavior change models and techniques to improve health outcomes through problem solving and teamwork
- Collaborating with individuals to individualize and prioritize their care
- Establishing and implementing measurable self-care goals to improve health outcomes
- Utilizing technology enhanced devices to collect, analyze, and inform judgements for individual and/or aggregated health data
- Adjusting medications if within their discipline's scope of practice
  - Managing pharmacologic therapy options and interventions for diabetes, cardiometabolic, and related conditions
- Treating and monitoring acute and chronic complications and other comorbidities
  - Performing comprehensive assessments of diabetes, complications, and related chronic and cardiometabolic conditions across the lifespan (e.g., functional status, sensory/foot, eye exam, medication, and complementary alternative medication review)
  - Implementing standards of diabetes care and clinical practice guidelines pertaining to assessment
  - Interpreting and applying results generated from assessment and diagnostic tests
  - Performing screenings and understanding diagnostic criteria for diabetes, cardiometabolic and related conditions
  - Implementing interventions that reflect standards of diabetes care and clinical practice guidelines
  - Discussing surgical options for diabetes management including eligibility, risks, benefits, and long-term outcomes
  - Collaborating with healthcare providers to coordinate care for individuals and populations
  - Managing diabetes in the hospital and during transitions of care
  - Engaging in telehealth services for diabetes management
  - Performing interventions pertaining to follow-up care, reflecting standards of diabetes care and clinical practice guidelines
- Addressing psychosocial issues
  - Evaluating self-care behavior and perform behavioral health assessment
  - Assessing social determinants of health
  - Collaborating with mental health providers to adjust interventions for psychosocial conditions
- Participating in research
  - Utilizing QI infrastructure to gauge population level diabetes measures
- Mentoring other clinicians in diabetes care
  - Reviewing treatments and outcomes, comparing, and explaining results
  - Evaluating and adjusting diabetes and cardiometabolic treatment care plans accordingly