

Land Acknowledgment

► We acknowledge and are mindful that Diabetes Education Services stands on lands that were originally occupied by the first people of this area, the Mechoopda, and we recognize their distinctive spiritual relationship with this land, the flora, the fauna, and the waters that run through this area.



The seal is circular with a brown outer border. The top half of the border contains the text "MECHOOPDA INDIAN TRIBE" in a serif font. The bottom half contains "OF CHICO RANCHERIA, CALIFORNIA" in a similar font. The center of the seal features a stylized illustration of a large tree with green leaves and acorns, set against a background of hills and a sun-like symbol.

DiabetesEd.net Website Orientation



Diabetes Education
Services



25

Need to get certified?
Free CDCES Coach App

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PocketCards



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Start your journey

Celebrating 25 Years
in Diabetes Education

- Online University & Live Seminars
- Certification Tools & Resources
- Accredited Continuing Education

GET STARTED



Beverly Thomassian, RN, MPH, CDCES, BC-ADM
CEO, coach, instructor, cheerleader, mentor

Get NEW CDCES
Coach App



APK ANDROID APP

IT'S LIKE HAVING A COACH
IN YOUR POCKET!

CDCES Coach App



Question of the Week
& Sample Questions

Diabetes Education
Services

We are Here to Help!



Bryanna Sabourin
Director of Operations



Astraea Ballinger
Brand Ambassador
Customer Happiness Advocate

If you have questions, you can chat with us at www.DiabetesEd.net
or call 530 / 893-8635 or email at info@diabetesed.net

Diabetes Education Services Inclusion Statement

Based on the IDEA
Initiative inspired by CDR

- Inclusion
- Diversity
- Equity
- Access



- We recognize, respect, and include differences in ability, age, culture, ethnicity, gender, gender identity, sexual orientation, size, and socioeconomic characteristics.
- Our goal is to promote equity and access, acknowledging historical and institutional inequities.
- We are committed to practicing cultural humility and cultivating our cultural competence.
- We wish to create a safe space within our community where one's beliefs, experiences, identity, and differences in ability, age, size, socio-cultural/socioeconomic characteristics, and political affiliations are considered and respected.



  | **ONLINE**
UNIVERSITY



Welcome to our DiabetesEd Online University
Our goal is to provide an exceptional user experience and build a sense of community.

Topics

- ▶ Getting ready for your CDCES and/or BC-ADM Exam.
- ▶ Helpful resources
- ▶ Strategies to approach test questions.
- ▶ How to get into best shape to succeed at test taking.
- ▶ Practice taking test questions.



Diabetes Education Services

Getting Ready for the Exam

- Assess your knowledge
- Take as many practice tests as possible
 - Test Taking Toolkit (DiabetesEd.net)
 - ADCES Review Guide (over 480 questions)
- Prep for CDCES/ BC-ADM FREE Webinars
- Fill in knowledge gaps with books, articles and online classes
- At exam, imagine yourself calm but energized



Stand, Breathe,
Stretch During
Exam
Kind self-coaching

Diabetes Education Services

Diabetes Education SERVICES

DOWNLOAD SUCCESS WITH THE CDCES COACH APP

"IT'S LIKE HAVING A COACH IN YOUR POCKET!"

FREE APP Download

FRESH NEW DESIGN — FASTER PERFORMANCE + EASIER NAVIGATION

• All your go-to tools: quizzes, PocketCards + clinical resources

• One-click to free webinars, cheat sheets + study materials

• Available on mobile, tablet + desktop friendly

• STILL 100% FREE

FREE POCKETCARDS Download

Download Your NEW & Improved
CDCES Coach App Today!

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★ Fresh new design with easier navigation.

- Forums to connect with your peers
- Instant access to blogs and news
- Quizzes with rationale

★ One-click access to go-tools tools, including:

- Medication PocketCards
- Cheat Sheets
- ADA Standards of Care
- Free Webinars
- Study materials

■ Works on all devices:

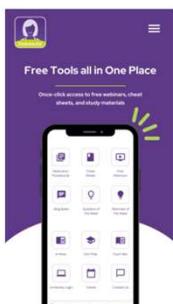
- mobile, tablet, and desktop-friendly

★ New Practice Tests for In-app Purchase ★

25 Test Questions with Rationale — Only \$9.99!

You have been asking for it, and we are pleased to announce that we have delivered.

Challenge yourself with one or both sets of 25 Practice Test questions written by the experts.



Diabetes Education Services

Keep it Person Centered

- ▶ Look for Person Centered answers
- ▶ Don't get lured in by juicy answers
- ▶ Only use content in question
- ▶ Avoid imposing your life experience into the question/answer
- ▶ Get rid of false answers
- ▶ Even simple math problem should be worked out on scratch paper



More info on Test
Taking in our FREE
Prep for CDCES
and BC-ADM
Webinars

Diabetes Education

Exam Success: Learn how to “work” test questions

- ▶ Weed through the details
- ▶ Make sure you REALLY understand key intent of question
- ▶ Find the stem
 - ▶ Identifies key intent of the question
- ▶ Read all the options or answers
- ▶ Eliminate obvious wrong answers
- ▶ Select **BEST** option



Diabetes Education

Increase success

- ▶ If the answer you wanted isn't there – Pivot, breathe and readjust.
- ▶ Try not to overthink question/answers.
- ▶ Make sure that the answer you choose fits the situation.
- ▶ Focus on national goals and avoid using your work setting's goal.



Diabetes Education SERVICES

Start Your Journey

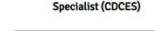








Step 1: Becoming a Diabetes Specialist (CDCES)



Step 2: Preparing to Take the CDCES Exam



Preparing for CDCES Exam?

[Future CDCES - Click Here!](#)

Prep for CDCES Webinars
Jan 27, 2026

Preparing for BC-ADM Exam?

[Future BC-ADM - Click Here!](#)

Prep for BC-ADM –
Feb 5, 2026

Focus on requirements to apply

Focus on exam success.



A collage of diabetes resources. At the top left is a purple banner with the text 'Books and Resources'. Below it is a book cover for 'The Art and Science of Diabetes Care and Education'. To its right is a white box for 'Certified Diabetes Care and Education Specialist Exam'. Next is a blue box for 'ADA Standards Complete'. On the right is a red box for 'ADA 2020 Standards of Care Book'. A yellow circular logo for '25 years' is in the top right corner. A watermark for 'Diabetes Education' is at the bottom right.

Question 1

AR is 13 years old and started insulin pump therapy. AR is worried about glucose levels dropping too low. What is the most accurate definition of severe hypoglycemia?

- a. Blood glucose less than 54 mg/dL
- b. Hypoglycemia that results in a coma
- c. Person has to self-inject glucagon
- d. Hypoglycemia requiring assistance

Hypoglycemia Levels:

Level 1 – Glucose less than 70
Level 2 – Glucose less than 54
Level 3 – Severe, needs assistance

www.Diabetestest.net

Identify Causes of Hypo & Problem Solve to Prevent Future Episodes.

Low carb meal	» Delayed, missed meal
Excessive activity	» Too much insulin/meal
Drinking alcohol	» Insulin timing

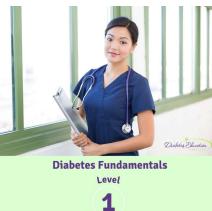
Glucagon PocketCard & Level I



ONLINE
 UNIVERSITY

Level 1 – Diabetes Fundamentals

Class 1: Getting to the Nitty Gritty | 1.5 CEs
 Class 2: Nutrition & Exercise 1.5 | CEs
 Class 3: Meds Overview for Type 2 | 1.5 CEs
 Class 4: Insulin Therapy & Pattern Management | 1.75 CEs
 Class 5: Goals of Care | 1.5 CEs
 Class 6: Hypoglycemia, Sick Days, & Monitoring | 1.5 CEs



Diabetes Fundamentals

Level 1

1

www.DiabetesEd.net

Question 2

▶ LR is 32 years old and just went for their first prenatal visit. LR is 11 weeks pregnant and has a family history of type 2 diabetes. LR's fasting blood glucose is 131 mg/dL and 128 mg/dL on 2 different days.

▶ Based on these findings, which of the following statements is correct for LR?

- A. LR needs to be started on metformin.
- B. LR has diabetes in pregnancy and will need close follow-up.
- C. LR will need to do a 75 gm OGTT in the next few weeks to eval for gestational diabetes
- D. LR will need to go on a low carb, high protein diet to stop ketosis

Level 2 – Diabetes & Preg
Diabetes Education SERVICES

Level
2

Standards of Care Intensive

Level 2 Series

Earn 20+ CEs



Diabetes Education SERVICES | ONLINE UNIVERSITY

▶ 1. Hypoglycemic Crises, DKA, Euglycemic DKA and HHS
 ▶ 2. How to Assess Well-Being | From Populations to Individuals
 ▶ 3. Meds Mgmt. for Type 2
 ▶ 4. ADA Standards of Care
 ▶ 5. Critical Assessment in Diabetes Care
 ▶ 6. Microvascular Complications Prevention & Treatment

▶ 7. Cardiovascular Disease & Risk Management
 ▶ 8. Lower Extremity Assessment
 ▶ 9. Older Adults & Diabetes
 ▶ 10. From Tots to Teens
 ▶ 11. Pregnancy & Diabetes
 ▶ 12. Hospitals & Hyperglycemia
 ▶ 13. Setting up a Successful DSME Program

Question 3

- ▶ A 10-year-old child with newly diagnosed type 1 diabetes is being discharged from the hospital. Which of the following components is most critical to include in the initial outpatient diabetes management plan to reduce the risk of diabetic ketoacidosis (DKA) and hospital readmission?
- ▶ A. Initiate basal insulin therapy and MNT instruction, with follow-up in two weeks.
- ▶ B. Provide basic carbohydrate counting and bolus insulin instruction with a follow-up appointment within 30 days.
- ▶ C. Establish follow up with a specialist within a week and provide actions to take in case of glucose emergencies.
- ▶ D. Prescribe continuous glucose monitoring (CGM) and glucagon rescue medication and ask family to schedule a follow-up appointment after the sensor is delivered and set up.

Level 2 – Children with Diabetes

Diabetes Education Services

Level



Standards of Care Intensive

Level 2 Series

Earn 20+ CEs

Diabetes Education Services ONLINE UNIVERSITY

- ▶ 1. Hyperglycemic Crises, DKA, Euglycemic DKA and HHS
- ▶ 2. How to Assess Well-Being | From Populations to Individuals
- ▶ 3. Meds Mgmt. for Type 2
- ▶ 4. ADA Standards of Care
- ▶ 5. Critical Assessment in Diabetes Care
- ▶ 6. Microvascular Complications Prevention & Treatment
- ▶ 7. Cardiovascular Disease & Risk Management
- ▶ 8. Lower Extremity Assessment
- ▶ 9. Older Adults & Diabetes
- ▶ 10. From Tots to Teens
- ▶ 11. Pregnancy & Diabetes
- ▶ 12. Hospitals & Hyperglycemia
- ▶ 13. Setting up a Successful DSME Program

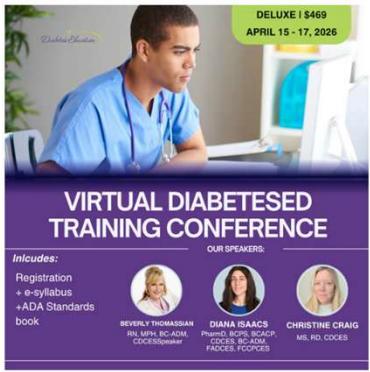
Diabetes Education Services

Question 4

- ▶ Which of the following is an accurate statement about continuous glucose monitors (CGM)?
- ▶ A. It is important to verify CGM readings with a fingerstick check within 48 hours of sensor insertion.
- ▶ B. CGMs use plasma glucose to produce an electrical signal
- ▶ C. Components include a sensor, transmitter and a receiver
- ▶ D. Medicare insurance only covers CGM for people on insulin.

DiabetesEd Virtual or Live Conference – Technology Diabetes Education Services

Exercise and Technology



DELUXE | \$469
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VIRTUAL DIABETES TRAINING CONFERENCE

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Registration + e-syllabus +ADA Standards book

OUR SPEAKERS:

BEVERLY THOMASSIAN, RN, MPH, BC-ADM, CDE, R-CEM, FADES, FCPDES, FCPDES
DIANA ISAACS, PharmD, BCACP, CDE, BC-ADM, FADES, FCPDES
CHRISTINE CRAIG, MS, RD, CDE, CDE

Diabetes Education Services

Question 5

Which of the following are the ADA recommended lipid treatment strategies for non-pregnant adults with diabetes?

- a. Start a low dose statin if LDL is more than 100mg/dl
- b. Start high dose statin therapy if younger than 40 with ASCVD
- c. Only start a statin if over the age of 40
- d. Consider statin therapy if the 10-year ASCVD risk is greater than 50%

Level 2 Standards and CV Disease

Diabetes Education Services

Level
2

Standards of Care Intensive Level 2 Series

Earn 20+ CEs

Diabetes Education Services | ONLINE UNIVERSITY

- 1. Hyperglycemic Crises, DKA, Euglycemic DKA and HHS
- 2. How to Assess Well-Being | From Populations to Individuals
- 3. Meds Mgmt. for Type 2
- 4. ADA Standards of Care
- 5. Critical Assessment in Diabetes Care
- 6. Microvascular Complications Prevention & Treatment
- 7. Cardiovascular Disease & Risk Management
- 8. Lower Extremity Assessment
- 9. Older Adults & Diabetes
- 10. From Tots to Teens
- 11. Pregnancy & Diabetes
- 12. Hospitals & Hyperglycemia
- 13. Setting up a Successful DSME Program

Diabetes Education Services

Question 6

Which of the following is true about Diabetes Self-Management Education (DSME) training?

- a. Medicare part B covers 80% of DSME training
- b. Medicare covers 9 hours of group education annually
- c. Medicare Part D covers 100% of DSME training
- d. Medicare part A covers 80% of DSME training

Level 2 Setting up Successful Diabetes Program





Level 2

Standards of Care Intensive

Level 2 Series

Earn 20+ CEs

Diabetes Education Services ONLINE UNIVERSITY

- 1. Hyperglycemic Crises, DKA, Euthyglycemic DKA and HHS
- 2. How to Assess Well-Being | From Populations to Individuals
- 3. Meds Mgmt. for Type 2
- 4. ADA Standards of Care
- 5. Critical Assessment in Diabetes Care
- 6. Microvascular Complications Prevention & Treatment
- 7. Cardiovascular Disease & Risk Management
- 8. Lower Extremity Assessment
- 9. Older Adults & Diabetes
- 10. From Tots to Teens
- 11. Pregnancy & Diabetes
- 12. Hospitals & Hyperglycemia
- 13. Setting up a Successful DSME Program

Diabetes Education Services

Question 7

LS weighs 60 kg and is on 30 units glargin (Lantus) and 2000 mg metformin (Glucophage) daily. A1c is 8.9%. What would be the best next step?

- a. Decrease caloric intake by 7%
- b. Increase the glargine by 30 - 40%
- c. Add bolus insulin or GLP-1 RA
- d. Limit concentrated sweets

Levels, 1, 2, 3 & 4 on insulin management



Question 8

RT is on basal bolus insulin therapy. Which of the following blood glucose levels indicate that basal insulin is at the correct dose?

- a. Post lunch blood glucose of 148
- b. Post dinner blood glucose of 138
- c. Morning blood glucose of 126
- d. Pre dinner blood glucose of 118

Level 1 & 3 – Insulin & Pattern Management

Diabetes Education

Question 9

Which of the following medications would you avoid for someone who has had a bad experience with hypoglycemia?

- a. Pioglitazone (Actos)
- b. Exenatide (Byetta)
- c. Canagliflozin (Invokana)
- d. Glimepiride (Amaryl)

Level 1 & 3 – Meds For Type 2

Diabetes Education

Bonus Question

- ▶ RL is on basal bolus therapy. He injects 1 unit for every 12gms of carb for breakfast and lunch and 1 unit for 15gms at dinner. For lunch, RL plans to eat a ham sandwich, a small orange, and a glass of milk. Using exchanges, how much insulin will RL need to inject?

- ▶ A. 3.8 units
- ▶ B. 4.0 units
- ▶ C. 4.7 units
- ▶ D. 5.0 units

Level 3 & 4 – Insulin Pattern Mgmt & MNT Therapy

Diabetes Education

Level 3 | Diabetes Mastery & Certification Readiness | 12+ Units

Class 1 | Diabetes - Not Just Hyperglycemia | 1.75 CEs

- Class 2 | Standards of Care & Cardiovascular Goals | 1.5 CEs
- Class 3 | Insulin Therapy - From Basal/Bolus to Pattern Mgmt | 1.5 CEs
- Class 4 | Insulin Intensive, Monitoring, Sick Days, Lower Ext | 2.0 CEs
- Class 5 | Meds for Type 2 - What you need to know | 1.5 CEs
- Class 6 | Exercise & Medical Nutrition Therapy | 1.0 CE
- Class 7 | Screening, Prevention, & Treatment of Microvascular Complications | 1.5 CEs
- Class 8 | Coping & Behavior Change| 1.5 CEs
- Class 9 | Test-Taking Coach Session (48 Questions) | No CEs |

Diabetes Mastery & Cert Readiness Level 3

Diabetes Education SERVICES

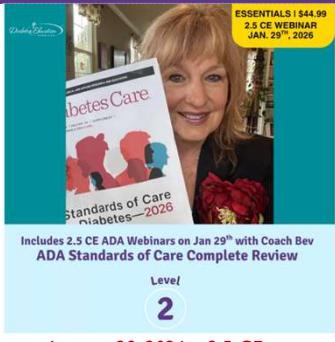
Question 10

For new type 2 diabetes, which of the following is the preferred initial class of pharmacologic intervention based on ADA Guidelines?

- a. Depends on cardiorenal risk factors and individual preferences
- b. Sulfonylureas or Metformin
- c. Nutrition therapy for 3 months to evaluate if effective response.
- d. GLP-1 RA or Mounjaro Injectable

Level 2 Standards or Levels 3 & 4 – Insulin Pattern Mgmt & MNT

ADA Clinical Guidelines Update



Includes 2.5 CE ADA Webinars on Jan 29th with Coach Bev
ADA Standards of Care Complete Review

Level

2

January 29, 2026 – 2.5 CEs
Join Live or Watch Recorded Version

Diabetes Education Services

Question 11

Sandy is a 15 year old female who just started wearing a continuous glucose monitoring (CGM) device. At her one week follow-up visit, she complains that she can't sleep at night because the device is constantly beeping at her. The Diabetes Care and Education Specialist reviews the CGM report with the family. Sandy is 54% time in range with 46% time in hyperglycemia. The high glucose alert is set at 200mg/dL and the low glucose alert is set at 70mg/dL.

Which CGM setting should be adjusted at this visit?

- ▶ A. Increase the high alert setting
- ▶ B. Increase the low alert setting
- ▶ C. Decrease the high alert setting
- ▶ D. Decrease the low alert setting

Diabetes Ed Course or Tech Toolkit

Diabetes Education Services

Question 12

What did the Diabetes Prevention Program Demonstrate?

- a. Taking metformin daily reduced diabetes risk by 58%
- b. Losing 10 pounds reduces diabetes risk by 38%
- c. Exercising 30 minutes a day reduces diabetes risk by decreasing belly adiposity
- d. Losing weight and exercising reduces diabetes risk by 58%

Cheat Sheet on Landmark Trials & Level 3

Diabetes Education Services

Level 3 | Diabetes Mastery & Certification Readiness | 12+ Units

Class 1 | Diabetes - Not Just Hyperglycemia | 1.75 CEs

Class 2 | Standards of Care & Cardiovascular Goals | 1.5 CEs

Class 3 | Insulin Therapy - From Basal/Bolus to Pattern Mgmt | 1.5 CEs

Class 4 | Insulin Intensive, Monitoring, Sick Days, Lower Ext | 2.0 CEs

Class 5 | Meds for Type 2 - What you need to know | 1.5 CEs

Class 6 | Exercise & Medical Nutrition Therapy | 1.0 CE

Class 7 | Screening, Prevention, & Treatment of Microvascular Complications | 1.5 CEs

Class 8 | Coping & Behavior Change | 1.5 CEs

Class 9 | Test-Taking Coach Session (48 Questions) | No CEs

Diabetes Mastery & Cert Readiness Level 3

Diabetes Education SERVICES

Question 13

Who is the most appropriate candidate for continuous subcutaneous insulin infusion?

- a. LR with type 2, A1c of 7.9% on glipizide (Glucotrol) 10mg daily
- b. BT with type 1 diabetes who wants to simplify their insulin management
- c. ST with type 1 who is struggling with addiction
- d. RL type 2 with an A1c of 9.3%, who is on basal bolus insulin therapy and carb counting

Question 14

- JR arrives at the clinic wearing a walking boot due to a recent foot injury. Tells you that they “banged their foot” on some farm equipment and since then it has been warm and swollen. It hurt at first, but the pain has diminished with time.
- When JR takes off the boot, you see this that the left foot needs attention. Based on this photo, what diabetes related food condition do you suspect?
 - Peripheral arterial disease
 - Venous stasis ulcer
 - Pre gangrenous inflammation
 - Charcot Foot



3 Steps to DeFect Amputation
Level 4

Level 2, 4, 5 – Lower Extremities

Diabetes Education

Question 15

PR is has type 2 diabetes and wants to start swimming on a regular basis. What statement reflects pre-exercise evaluation guidelines?

- a. People with diabetes need to refrain from exercise until cleared by a Provider
- b. Routine exercise testing for asymptomatic adults is not recommended.
- c. EKG is required before a person with diabetes engages in an exercise program.
- d. High risk people with diabetes must avoid exercise

Level 3 – MNT & Activity

Diabetes Education

Question 16

TR is taking 15 units of glargine at bedtime and 4 units of lispro (Humalog) before each meal. TR is experiencing at least one episode of hypoglycemia a week, usually between lunch and dinner. TR checks glucose levels before each meal. Pre meal glucose levels are 110mg/dl on average. What initial change in self-management would you recommend?

- a. move the glargin to the am to prevent post meal hypoglycemia
- b. decrease lispro at breakfast
- c. increase carbohydrate intake by 15 gms at meals
- d. decrease the lispro at lunch

Level 3 & 4 – Insulin Pattern Mgmt & MNT

Diabetes Education

Question 17

JR wants to lose weight and tells you they will give up drinking 2 sodas a day and will substitute with water. They plan to give up sodas for two months. Each soda is 150 calories. How much weight would JR lose in two months by making this change?

- a. 16,800 calories
- b. 5.14 pounds
- c. 300 cals a day
- d. 2.7 pounds

Stuff to memorize – 1lb equal 3,5000 kCals
Level 3

Diabetes Education

Question 18

A participant says to you, "I guess I could start riding my bike again." Using the transtheoretical model, what stage of change are they in?

- a. precontemplation
- b. internal locus of control
- c. contemplation
- d. action



Learning Theories Made Easy – Free Webinar

Diabetes Education

Question 19

You are taking care of a 13-year-old admitted for the second time this month in ketoacidosis. Which of the following issues would be most important to assess?

- a. Level of daily activity
- b. Insulin to carb ratios and insulin sensitivity
- c. Adherence to meal plan
- d. Degree of diabetes distress



Level 2 – Tots to Teens & ReVive 5

Diabetes Education

Poll Question 20 –type in choice

- ▶ ML has had type 2 diabetes for 12 years, a BMI of 33.7, an A1 C of 8.3% and elevated triglycerides and LDL cholesterol levels. You notice ML's palms are deeply red. Which of the following conditions is ML most likely experiencing in addition to diabetes?
- ▶ A. Steatosis
- ▶ B. Dermatomyositis secondary to inflammation
- ▶ C. Auto immune renal hypertension
- ▶ D. Acanthosis Nigricans of the palmar sur



Level 2 – Critical Assessment of Diabetes

Diabetes Education

A festive slide featuring a variety of colorful balloons (blue, green, red, purple, orange) and streamers in shades of yellow, orange, pink, and purple. The balloons are filled with small, colorful confetti. Overlaid on the balloons is the text "We Did It!" in a large, bold, black font.

CDCES / BC-ADM Success Page

Melissa is a Registered Dietitian Nutritionist based out of North Miami. She is most passionate about using her Medical Nutrition Therapy coupled with Motivational Interviewing skills to help our most vulnerable populations. Since she became a Dietitian and began working with her community, she knew she would pursue a specialization in Diabetes Management to maximize her impact and help those who need it most. She is very excited to join the CDCES community of providers!

Melissa Dolan, MS, RDN, LD/N, CDCES



I want to thank you all for the support you give to Diabetes Educators, but also to those of us preparing for the CDCES Exam. I truly want to THANK YOU for that! I just passed my exam on June 1st, 2023. I appreciate all that you do to keep the updates and new evidence based practice information. The education you provide were the one that I could say helped really reinforce the information for me. I also watched the boot camp videos. I had less stress because of your supportive site and that helped so much! I am so honored to be able to make Diabetes easier for patients everyday.

Carolyn Fletcher, BSN, RN, CDCES



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Certification Exam Study Group

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Diabetes Education SERVICES



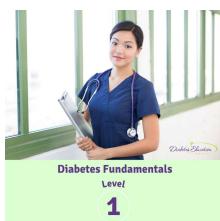
Level I – Diabetes Fundamentals Ready for Viewing or Join us in 2026

Save the dates for our 2026 webinar course updates

2025 courses available upon enrollment

- Jan. 7th, 2026 | Class 1: Getting to the Nitty Gritty
- Jan. 8th, 2026 | Class 2: Nutrition & Exercise
- Jan. 13th, 2026 | Class 3: Meds Overview for Type 2
- Jan. 15th, 2026 | Class 4: Insulin Therapy & Pattern Management
- Jan. 20th, 2026 | Class 5: Goals of Care
- Jan. 22nd, 2026 | Class 6: Hypoglycemia, Sick Days, & Monitoring

Fee: \$119.00 (Group Discount Available)



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Diabetes Education SERVICES


25 years


Save the dates for our 2026 webinar course updates

2025 courses available upon enrollment

Complete Standards Overview

- Jan. 29, 2026 | Standards 1 - 16: ADA Standards of Care Complete Review

ADA Standards 1 through 5

- Feb. 10, 2026 | Standards 2 & 5: Improving Care and Promoting Health
- Feb. 12, 2026 | Standards 2 & 6: Hyperglycemic Crisis (DKA, HHS & EDSK)
- Feb. 17, 2026 | Standard 3 & 5: National Standards for Diabetes Self-Management Education and Support
- Feb. 24, 2026 | Standard 4: Comprehensive Medical Eval & Assessment of Comorbidities
- Mar. 1, 2026 | Standard 7: Tech Toolkit | Insulin, Pumps and Sensors with Dr. Diana Isaacs
- Feb. 26, 2026 | Standard 8 & 9: Pharmacologic Approaches to Glycemic Management & Obesity
- Mar. 5, 2026 | Standard 10: Cardiovascular Disease and Risk Management
- Mar. 10, 2026 | Standards 11 & 12: Chronic Kidney Disease, Retinopathy, Neuropathy
- Mar. 12, 2026 | Standard 13: Lower Extremity Assessment
- Mar. 14, 2026 | Standard 14: Older Adults & Diabetes
- Mar. 19, 2026 | Standard 16: Children and Adolescents
- Mar. 24, 2026 | Standard 15: Management of Pregnancy in Diabetes
- Mar. 26, 2026 | Standard 16: Diabetes Care in the Hospital



Standards of Care Intensive
Level 2

Diabetes Education SERVICES


25 years


Save the dates for our 2026 webinar course updates

2025 courses available upon enrollment

Diabetes Mastery & Cert Readiness

- June 9th, 2026 | Class 1: Diabetes | Not Just Hyperglycemia
- June 11th, 2026 | Class 2: Standards of Care & Cardiovascular Goals
- June 16th, 2026 | Class 3: Meds for Type 2 | What you need to know
- June 18th, 2026 | Class 4: Insulin Therapy | From Basal/Bolus to Pattern Management
- June 23rd, 2026 | Class 5: Insulin Intensive & Risk Reduction | Monitoring, Sick Days, Lower Extremities
- June 25th, 2026 | Class 6: Microvascular Complications & Exercise | Screen, Prevent, Treat
- June 30th, 2026 | Class 7: Medical Nutrition Therapy
- July 2nd, 2026 | Class 8: Coping & Behavior Change
- July 9th, 2026 | Class 9: Test-Taking Coach Session (75+ Practice Questions)

No CEs



Diabetes Mastery & Cert Readiness
Level 3

Diabetes Education SERVICES


25 years


Advanced Level Topics | 2025 Webinar Schedule

All Courses without an Upcoming Date Listed are Recorded & Ready to Watch!

Clinical Practice & Assessment

- Class 1: Behavior Change Theories Made Easy
- Class 2: CardioRenal Risk Reduction Toolkit
- Class 3: What We Say Matters: Language that Respects the Individual and Imparts Hope
- Class 4: Type 2 Diabetes Intensive
- Class 5: 3 Steps to DeFeet Amputation: Assess, Screen, & Report

Insulin Calculations & Pattern Management

- Class 6: Insulin Calculation Workshop | From Pumps & Beyond
- Class 7: Solving Glucose Mysteries for Type 1
- Class 8: Solving Glucose Mysteries for Type 2
- Class 9: Basal Bolus Therapy in Hospital



Advanced Level & Specialty Topics
Level 4

Diabetes Education SERVICES

Thank You



- ▶ Web www.diabetesed.net
- ▶ info@diabetesed.net
- ▶ 530-893-8635

