

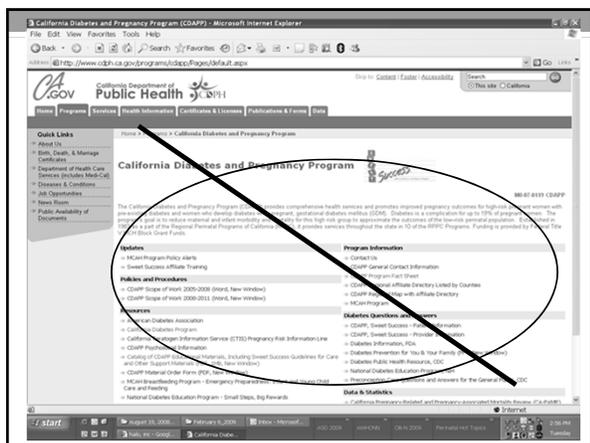
2013 UPDATE ON THE CALIFORNIA DIABETES AND PREGNANCY PROGRAM: SWEET SUCCESS

<http://cdappsweetsuccess.com/>



30 Year History of California Diabetes and Pregnancy Program (CDAPP)

- 1982 March of Dimes grant to develop to team approach to provide best practice care to women who have diabetes & wish to become pregnant.
(Children's Hospital San Francisco)
- 1984 CDPH-MCAH grant through the Perinatal Regionalization Programs of California to provide multidisciplinary education to providers of pregnant women with preexisting diabetes or gestational diabetes.
(11 Regional programs throughout California)
- 2012 CDPH-MCAH grant defunded. CDAPP converted to on-line education, training and resources for providers of diabetes and pregnancy care.



Free Consumer Educational Materials

[What is Gestational Diabetes? \(PDF\)](#)

[How To Eat When You Have GDM \(PDF\)](#)

[MyPlate for Gestational Diabetes](#)

[My Plate for Gestational Diabetes - Spanish](#)

[Eating Out When you Have GDM \(PDF\)](#)

[Sample Snacks \(PDF\)](#)

[Food/Eating Record \(PDF\)](#)

[Exercising When You Have GDM \(PDF\)](#)

[What to do After Your Baby is Born \(PDF\)](#)

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Affiliates: How to become an affiliate

- Fill out forms (MOU) on affiliate page
- No fee
- Optional data report- no format
- Annual brief report into CDPH MCAH
- Notice of educational webinars and material updates
- Newly updated "Pocket Guide"



SSEP: Sweet Success Extension Program



Offers education for providers of diabetes care for pregnant women

Annual Sweet Success Research Conference: Nov.7-9 Embassy Suites Anaheim South, Garden Grove, Calif.

email ssep1@verizon.net or ssep9@aol.com
or phone/fax 714.968.0735
website: <http://www.sweetsucsessexpress.com/>
