

## 7<sup>th</sup> Annual Becoming a Diabetes Educator Workshop

UCSF School of Nursing, UCSF School of Pharmacy, UCSF Medical Center, and Golden State Diabetes Network are teaming up with Diabetes Educational Services to offer this exciting training program. If you want to enter the dynamic and rewarding field of diabetes education and management, but aren't sure how to get started, attend this course to receive the foundation necessary for educating and managing patients with diabetes.

This program is designed for health care professionals (NPs, PAs, RDs, PharmDs, RNs, Case Managers, Social Workers,) who are interested in learning about educating and managing patients with diabetes. The first half of the program is primarily lecture and case studies describing the fundamentals of diabetes care and self-management. The second half of the program focuses on educational principles and behavior change strategies. This program is not designed as preparation for CDE exam.

### First Week Topics Include:

- *Diabetes—Overview, Trends and Goals*
- *Acute and Chronic Complications*
- *Medical Nutrition Therapy*
- *Medications—From Orals to Injections to Insulin*
- *Exercise Recommendations*



### Second Weekend Topics Include:

- *Teaching and Learning Principles*
- *Behavioral Change and Psychosocial Assessment*
- *Special Populations: Child, Pregnant mother, Elderly*
- *Interactive Learning Stations and Role Playing*

### Registration Information and Credit

This four-day course takes place on two weekends (four days total), from 8am to 4:30 pm. The registration fee includes syllabus, certificate of completion, lunch and refreshments. This program is approved for 30 contact hours for RNs and pharmacists and 25 CPE II for RDs.

#### Registration/Accreditation Information:

Provider is approved by the California Board of Registered Nursing, provider # 12640 and Commission on Dietetic Registration, provider #D1002. In the event of non-attendance, participants may request a refund minus \$75 for administrative fees.

## Registration for Becoming Diabetes Educator Workshop San Francisco, CA 2013

Register 5 days before program start date to avoid \$30 late fee.



### Becoming a Diabetes Educator Workshop University of California, San Francisco, CA

January 19-20, 2013 and a weekend in February 16-17, 2013

- I will attend both weekends for \$399
- I am a school nurse or AADE member & will attend both weekends for \$349
- I am a student/ UCSF employee & will attend both weekends for \$299
- I will only attend Jan 19-20, 2013 for \$250
- I will only attend Feb 16-17 for \$250
- Limited scholarships available - contact [mary.sullivan@ucsfmedctr.org](mailto:mary.sullivan@ucsfmedctr.org)

### Payment and registration information

Total Cost: \_\_\_\_\_ Method of Payment:  Check  Visa  MasterCard

Credit card# \_\_\_\_\_ Exp. date \_\_\_\_\_

Name \_\_\_\_\_ RN RD Other (circle one)

Name of your work location \_\_\_\_\_

Home mailing address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone # where we can reach you—please include area code \_\_\_\_\_

Email address or fax # for confirmation \_\_\_\_\_



### Register at [www.DiabetesEd.net](http://www.DiabetesEd.net)

Or mail or fax registration to  
Diabetes Educational Services PO Box 3749  
Chico, CA 95927-3749  
Fax: 815/361-0243 Phone: 530/893-8635

We will email you a confirmation packet which includes meeting location details and directions. Please keep a copy of order form for your records.

**If faxing, please call DES to confirm your receipt.**