



# Becoming a Diabetes Educator

## Program Agenda\*

### First Week

#### January 28, 2012 - Saturday

- 7:30 to 8:00am Registration  
8:00 to 4:30pm Diabetes – Not Just Hyperglycemia  
Goals of Care  
Insulin Types and Action  
Insulin Pattern Management  
Medications for Type 2 Diabetes  
Monitoring, Sick Days and Hospitalization

#### January 29, 2012 - Sunday

- 8:00 to 4:30pm Chronic Complications of Diabetes  
Acute Complications  
Medical Nutrition Therapy  
Nutrition Considerations for Children and During  
Pregnancy  
Exercise Recommendations

### Second Weekend

#### Saturday - February 11, 2012

- 7:30 – 8:00am Program Registration  
8am- 4:30pm Teaching Learning Principles  
AADE Self- Care Behaviors  
Special Populations  
Psychosocial Assessment  
Behavior Change and Case Studies

#### Sunday - February 12, 2012

- 8am-1pm Learning Stations  
Blood Glucose Monitoring  
Carbohydrate Counting  
Insulin Administration  
Role-Playing scenarios

*\*Topic order subject to change*