

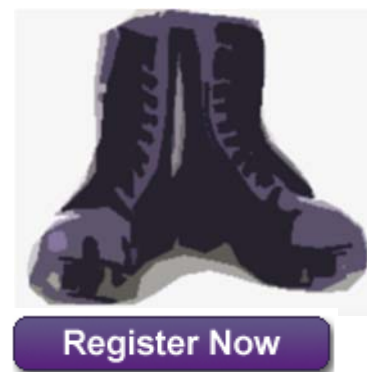


Taking the CDE Exam? Earn 10.5 CEs and get ready to PASS!

We know your time is limited and the exam is right around the corner. Our Boot Camp Webcast Series is like having an online coach. We help you drill through the vast content with a series of eight 1.5 hour sessions with Beverly Thomassian.

All 8 Webcasts and Podcasts are recorded and ready for viewing!

For the discounted price of \$269 (save \$125), you have access to 8 live webcasts, and 150 computerized practice test questions. *Sign up to have immediate access to the live Webcasts for one full year after the purchase date.*



Drill Sargent and Coach: Beverly Thomassian, RN, MPH, CDE, BC-ADM will march you through the critical content to prepare for the CDE Exam. Beverly is a working educator and knows the critical content diabetes educators need. Beverly has taken and passed the CDE Test 5 times. As President of **Diabetes Education Services**, Beverly believes in your success!

All sessions are just a click a way.

Can't make it live? No worries. Once you register, you will have immediate access to the spring 2015 recorded sessions. And you can join us for the Live Fall Webcasts starting on September 10th. Each session comes with a down-loadable handout, a podcast, and an online resource page, crammed full of info. You can review the recorded webcasts and online courses as many times as you for one year after purchase.

Each session includes:

A fast-paced review of concepts and content needed to succeed as a certified diabetes educator. Sample test questions and a question and answer period will be provided each session.

The results are in! CDE Boot Campers passed the exam! [Read Reviews>>](#)

Session Topics - 2015

Each of the listed webcasts were recorded in Spring 2015 and ready for immediate viewing.

Live Webcasts will air again in the fall starting on September 10, from 11:30 to 1pm Pacific Standard Time

1. Diabetes – Not Just Hyperglycemia | 1.5 CE - *Live Webcast, September 10, 2015*

Brief introduction to the CDE Exam content and philosophy. Discuss underpinnings of pancreas dysfunction. We compare prediabetes, type 1 and type 2 diabetes and explore insulin resistance and vascular disease.

- Key concepts in pathophysiology of type 1, type 2, and gestational diabetes
- Diabetes Diagnostic Criteria
- Insulin resistance and vascular disease

2. Standards of Care, Assessment, Hypoglycemia and Monitoring | 1.5 CE – *Live Webcast, September 17, 2015*

We review goals of care for prevention, management and treatment of diabetes complications.

- Prevention and lifestyle interventions
- National goals and getting to target – Including AACE and ADA Guidelines
- Screenings and vaccinations
- Targeting interventions based on patient assessments

3. Insulin Therapy – From Basal /Bolus to Pattern Management | 1.5 CE – *Live Webcast, October 1, 2015*

This course reviews effective use of insulin therapy to improve glucose control. Learn how to look at glucose patterns and determine appropriate insulin adjustment strategies. Formulas to calculate basal bolus insulin therapy based on national guidelines will be included.

- Using basal/bolus insulin therapy to improve glucose control
- Glucose patterns and adjustment strategies
- Incorporating national guidelines into practice

4. Insulin Therapy Intensive Workshop | 1.5 CE – *Live Webcast, October 2, 2015*

The purpose of this bonus course is to spend focused time reviewing insulin pattern management, dosing strategies, basal bolus and carb counting. In addition, we integrate lots of poll questions to give you plenty of opportunity to apply concepts to case studies and test your knowledge. This course content will boost your knowledge and confidence for the exam.

5. Meds for Type 2 – What you need to know| 1.5 CE – *Live Webcast, October 8, 2015*

This course highlights the key elements of the Medication Guidelines by AACE and ADA. We will explore clinical factors to consider when determining the best strategy to improve glucose control in patients with type 2 and discuss new medications.

- Describe the main action, dosing and side effects of the different classes of diabetes medications
- Highlight the key elements of the Medication Guidelines by AACE and ADA.
- Clinical factors to consider when determining the best strategy to improve glucose control

6. Exercise and Medical Nutrition Therapy | 1.5 CE – *Live Webcast, October 15, 2015*

This course reviews the latest nutrition guidelines and strategies to individualize this information based on the patient assessment. We will review exercise guidelines incorporating ADA Guidelines.

- New nutrition guidelines
- Individualized approaches medical nutrition therapy
- Exercise - Benefits, guidelines and strategies
- Preparing for success on CDE Exam

7. Coping and Behavior Change | 1.5 CE – *Live Webcast, October 22, 2015*

This course provides a framework to assess patient barriers to behavior change. We explore psychosocial issues that may be blocking patients from adopting healthier behaviors and provides strategies to identify and overcome these barriers. Life studies are used to highlight real life situations.

- Assessing coping skills
- Supporting Behavior Change
- Barriers to care

8. Test Taking Coach Session | No CE's – *Live Webcast, October 29, 2015*

Join your test taking coach, Beverly Thomassian, as she reviews of a variety of sample CDE test questions. She will explain how to dissect the question, eliminate wrong answers and avoid getting lured in by juicy answers. There are no CE's provided, but there is a lot of great info to help you get ready for the exam. This session is recorded, so you can listen as often as needed. Beverly will provide 48 test questions in advance and review as many practice questions as possible within the hour time frame.

These narrated PowerPoint programs are on demand and part of our **Online University**. Once you purchase, you can start listening the day after the live broadcast and review as many times as you like for a year after purchase.



***Accreditation:** Diabetes Educational Services is an approved provider by the California Board of Registered Nursing, Provider 12640, and Commission on Dietetic Registration (CDR), Provider DI002. Since these programs are approved by CDR it satisfies the CE requirements for CDE® regardless of profession.*

Contact us with any questions at susan@diabetesed.net or call us at (530) 893-8635 or visit our website at www.DiabetesEd.net.