

# Curriculum Vitae

**Name:** Beverly Thomassian, RN, MPH, CDE, BC-ADM

**Position:** Founder and President,  
Diabetes Educational Services, Chico, CA

Assistant Clinical Professor  
UCSF School of Nursing, Department of Physiological Nursing  
University of California, San Francisco

## **Education:**

1981 - 1983	California State University, Northridge	General Education
1983 - 1985	Los Angeles Pierce Community College	A.S. Nursing
1985 - 1986	California State University, Dominguez Hills	B.S. Nursing
1988 - 1990	UCLA School of Public Health	M.P.H. Health Education

## **Licenses, Certifications:**

1985 - Current	Registered Nurse, California
1985- Current	BLS Certification
1986 - Current	Public Health Nurse, California
1992 - Current	Certified Diabetes Educator, National - CDE
2001- Current	Board Certified, Advanced Diabetes Management – BC-ADM

## **Principle Positions Held:**

1981 - 1986	Holy Cross Hospital, Nurse Assistant, Staff Nurse, Medicine and Surgery Units
1985 - 1986	UCLA Medical Center. Staff Nurse, Urology and Head and Neck Surgery unit
1986 - 1989	Daniel Freeman Hospital, Los Angeles, Staff Nurse, Telemetry Unit
1989 - 1991	Daniel Freeman Hospitals, Director of Nursing Education
1991 - 1994	CIGNA HealthCare of California, Manager, Health Education and Promotion
1994 - 1998	Stanford University Hospital, Diabetes Clinical Nurse Specialist
1998 – Current	Adventist Health, Feather River Hospital, Diabetes Program Manager
1998 – Current	Founder and President. Diabetes Educational Services, Diabetes Ed Online University

## **Ancillary Positions Held Concurrently**

1995 - current	University of California, San Francisco, Assistant Clinical Professor (non salaried)
2009 – Current	California State University Chico, Visiting Professor in the School of Nursing (non salaried)

## **Honors and Awards**

1992	We Get Results Award from CIGNA HealthCare
1993	Recipient of Performance Recognition Award for enhancing nursing and health education collaboration
1995	Art of Caring Award from Stanford University Hospital
2001	Achieved American Diabetes Association Recognition for Diabetes Program
2002	Inductee in Sigma Theta Tau International Honor Society of Nursing

## **Professional Activities**

### **Clinical**

Initiated quality improvement projects to promote glucose control, conducted outcome studies, developed insulin management strategies, provided case management across inpatient and outpatient continuum.

### **Summary of Clinical Activities**

As a diabetes nurse specialist for the past 20 years, I have provided diabetes education and case management for outpatient population in a HMO setting. In several hospital settings, I established inpatient goals of care and developed comprehensive program to attain goals. The program included measuring baseline blood glucose control, implementing standardized glucose management strategies and evaluating improvement. Finally, I achieved American Diabetes Association Recognition for several outpatient diabetes programs and am working on developing a comprehensive diabetes prevention program.

### **Professional Organizations**

#### **Memberships**

1992 - Current	American Diabetes Association
1992 - Current	American Association of Diabetes Educators
1993 - 1998	Santa Clara Chapter of American Association of Diabetes Educators
1988 - 1993	Berhorst Foundation for Rural Health Care Projects in Guatemala
1988 - 1993	Society of Public Health Education
1986 - 1993	Hesperian Foundation for Rural Health Promotion in Mexico
1988 - 1993	American Public Health Association
1998 – Current	Golden Empire Chapter of American Association of Diabetes Educators

### **Service to Professional Organizations**

2009 – Current	California Diabetes Program - Sharps Disposal Team	Representative
2010 – Current	American Association of Diabetes Educators	Transition Team

### **Service to Professional Publications**

1996 - 1998	Stanford Nurse Magazine	Editorial Board
1998 – Current	Krames Communication	Reviewer/Author
1998 – 2002	<i>Diabetes Interview Magazine</i>	Editorial Board
1999- Current	NurseWeek	Reviewer/Author
2006 – 2007	American Association Retired Persons – Diabetes Taskforce	Reviewer

### **Peer Reviewed Publications**

Dyck Thomassian, Beverly, Critical Assessment of Diabetes: Honing Your Detective Skills NurseWeek 2007  
Dyck Thomassian, Beverly: Insulin; Type 2 Diabetes in Children: Unexpected Epidemic. NurseWeek, 3/ 2004  
Dyck Thomassian, Beverly: Insulin, From Injected to Inhaled: Past, Present and Future. NurseWeek, 3/ 2002  
Dyck Thomassian, Beverly: Diabetes and Cardiovascular Disease, Getting to the Heart of the Matter.  
*NurseWeek*, February, 1999

### **Non Peer Reviewed Publications**

Dyck, Beverly: The Paper Crane, *American Journal of Nursing* May 1989.

Dyck, Beverly: Diabetes Update, *Progress in Cardiovascular Nursing*, September, 1998  
Dyck, Beverly: Creative Strategies for Improving Diabetes Care, *Stanford Nurse*, January 1998  
Dyck, Beverly: Development of an Inpatient Diabetes Care Program, *Japanese Journal of Nursing*, Jan 1998  
Thomassian, B. Metabolic Syndrome and Diabetes. In Woods, Froehlicher, Motzer, Bridges (Eds), *Cardiac Nursing*, 6<sup>th</sup> Ed. Baltimore and Philadelphia : Wolters Kluwer Health/ Lippincott Williams and Wilkins, 2009.

## **Invited Presentations**

### **National**

American Association of Diabetes Educators – Denver 1997 (podium) Minneapolis, 1998 (podium), New Orleans 1999 (podium), San Diego 2008 (podium)

### **Regional and Other Invited Presentations**

2000 Diabetes 2000: A Clinical and Educational Update: Fresno, Bakersfield, Burbank, Stockton, Van Nuys  
2001 Diabetes Care and Data Management: Bay Area Point of Care Coordinators Meeting.  
2001 – 2011 Diabetes Educator Review Course – 2 day comprehensive advanced level program to prepare healthcare professionals to become diabetes educators – San Jose and Los Angeles, yearly  
2002 Diabetes Tools and Tips of the Trade - Stanford University Hospital, CA  
2003 Diabetes in the New Millenium –annual meeting of CA Health Systems Pharmacists  
2004- 2011 Advanced Practice Diabetes Symposia – 2 day symposia designed for advanced level diabetes practitioners. First of its kind in the United States. Offered 2 times a year.  
2004 -2011 Diabetes in the 21 Century– invited speaker for San Joaquin Community Hospital, Sutter County Health Dept, O'Connor Hospital, Downey Hospital, Travis AFB, Tuscon VA, Mercy Medical Center, St. Johns Hospital, Legacy Hospital, AH Ukiah, Riverside County Health Department, Santa Monica/UCLA Hospital, Stanford Hospital and over 100 other locations.  
2006 Diabetes Medications: A Road Map for Clinical Practice for NurseWeek  
2007 Diabetes: The Silent Epidemic for eight NurseWeek Career Fairs throughout U.S.  
2007 – 2011 Becoming a Diabetes Educator – designed to help health care professionals enter the diabetes field. Offered throughout CA once or twice a year.  
2011 Sigma Theta Tau International Honor Society of Nursing – New Horizons in Diabetes  
2011 Cancer and Diabetes – Feather River Hospital

### **Postgraduate and Continuing Education Courses Attended**

#### **National/ International**

American Diabetes Association Diabetes Post Graduate Course 1997, 1998, 2000, 2001, 2002, 2004, 2006, 2009, 2010  
American Diabetes Association Scientific Sessions Annual Meeting 1994, 1999, 2007, 2011  
American Association of Diabetes Educators Annual Convention 1995, 1996, 1997, 1998, 2008  
American Association of Public Health Annual Meeting 1990, 1991, 1992

### **Government and Other Professional Services**

1997 Lippincott-Raven Publishers – script writing for professional diabetes educational video  
1997 SangStat Pharmaceutical company to evaluate finger lancing devices  
1997-1998 CareSoft to create personalized interactive internet based diabetes self-care program

- 1997- 1998 LifeMasters to develop diabetes self care program and provide staff training
- 1998 – 2004 Strategic Advisor for LifeMasters Supported SelfCare Company
- 2010 – 2011 Member of task force for Senate Bill 486 to compel pharmaceutical companies who distribute medication which requires needles to administer, to provide safe sharps disposal methods. Involved in presenting findings and grading pharmaceutical companies.

**Service to Medical Centers**

- 1997- 1998 Stanford Cardiac Rehabilitation Program to implement nurse managed diabetes program
- 1998– 2002 Legacy Health System, Oregon to provide diabetes certification and training program
- 1998 Consultant to Community Medical Center in Missoula to achieve ADA Recognition
- 1999 Consultant to develop Korean Outreach Diabetes Ed Program for St. Vincent Med Center
- 2001 Consultant for Santa Monica/UCLA Medical Center to create and provide inpatient diabetes training program for professional staff
- 2004 Consultant to Tillamook Hospital to achieve ADA Recognition
- 2005 Consultant to Diabetes LifeStyle Centers of America to achieve ADA Recognition
- 2008 -2009 Consultant to Stanford Medical Center to develop Diabetes and Transplant Med Algorithm

**University and Public Service**

**University Service**

- 1996 - 1998 University HealthSystem Consortium consultant and liaison for National Diabetes Study
- 2006 – 2011 Collaborated with UCSF Diabetes Program to establish “Becoming a Diabetes Educator Program” Offered annually at UCSF
- 2009 California State University Chico, Visiting Professor in the School of Nursing (non salaried)

**Public Service**

- 1987 - 1990 Member of speaker’s bureau for American Cancer Society and American Lung Association
- 1990 - 1993 Nurse / Health Educator for Flying Samaritans (deliver free health care in Baja, Mexico)
- 1991 - 1992 Chair of Patient Education Special Interest Group, Society of Public Health Educators
- 1993 - 1998 Vice President and Board Member for American Diabetes Association (Palo Alto Chapter)
- 1988- 1990 Nurse Educator for Venice Family Clinic in Los Angeles
- 1993 - 1998 Nurse and translator at Stanford RotoCare Clinic (free clinic in East Palo Alto)
- 1998 – Current Board Member for American Diabetes Association (Chico, CA)
- 1999 Organized Chico’s Walk for Diabetes
- 2007 Organized fund raiser for Women for Women International
- 2008 Became Board Member for Just One Person –helps Kenyan girls become self sufficient
- 2010 Organized Arabian Nights Party to raise funds for Just One Person
- 2010 -2011 Organized Paradise Walk for Diabetes

**Teaching Aids**

Developed DiaBingo - a learning game for health care professionals with diabetes in English and Spanish  
 Created a Pancreas Pillow – all proceeds of sale go to benefit girls in Kenya to complete high school and beyond  
 DiaSphere – sphere developed to explain the physiology of glucose metabolism by the cell  
 Diabetes Medication PocketCards – a summary of insulin and all available diabetes medications on a Pocket sized card.