

Curriculum Vitae

Name: Beverly Thomassian, RN, MPH, CDE, BC-ADM

Position: Founder and President, Diabetes Educational Services
Chico, CA

Assistant Clinical Professor
UCSF School of Nursing, Department of Physiological Nursing
University of California, San Francisco

Education:

1981 - 1983	California State University, Northridge	General education
1983 - 1985	Los Angeles Pierce Community College	A.S. Nursing
1985 - 1986	California State University, Dominguez Hills	B.S. Nursing
1988 - 1990	UCLA School of Public Health	M.P.H. Health Education

Licenses, Certifications:

1985 - current	Registered Nurse, California
1985- current	BLS Certification
1986 - current	Public Health Nurse, California
1992 - current	Certified Diabetes Educator, National - CDE
2001- current	Board Certified, Advanced Diabetes Management – BC-ADM

Principle Positions Held:

1981 - 1986	Holy Cross Hospital, Nurse Assistant, Staff Nurse, Medicine and Surgery Units
1985 - 1986	UCLA Medical Center. Staff Nurse, Urology and Head and Neck Surgery unit
1986 - 1989	Daniel Freeman Hospital, Los Angeles, Staff Nurse, Telemetry Unit
1989 - 1991	Daniel Freeman Hospitals, Director of Nursing Education
1991 - 1994	CIGNA HealthCare of California, Manager, Health Education and Promotion
1994 - 1998	Stanford University Hospital, Diabetes Clinical Nurse Specialist
1998 – current	Adventist Health, Feather River Hospital, Diabetes Program Manager
1998 – Current	Founder and President. Diabetes Educational Services, Diabetes Ed Online University

Ancillary Positions Held Concurrently

1995 - current	University of California, San Francisco Assistant Clinical Professor (non salaried)
2009 – current	California State University Chico, Visiting Professor in the School of Nursing (non salaried)

Honors and Awards

1992	We Get Results Award from CIGNA HealthCare
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- 1993 Recipient of Performance Recognition Award for enhancing nursing and health education collaboration
- 1995 Art of Caring Award from Stanford University Hospital
- 2001 Achieved American Diabetes Association Recognition for Diabetes Program
- 2002 Inductee in Sigma Theta Tau International Honor Society of Nursing

Keywords / Areas of Interest

Diabetes Education, advanced diabetes management, diabetes prevention, certified diabetes educator, preventing diabetes complications.

Professional Activities

Clinical

Initiated quality improvement projects to promote glucose control, conducted outcome studies, developed insulin management strategies, provided case management across inpatient and outpatient continuum.

Summary of Clinical Activities

As a diabetes nurse specialist for the past 20 years, I have provided diabetes education and case management for outpatient population in a HMO setting. In several hospital settings, I established inpatient goals of care and developed comprehensive program to attain goals. The program included measuring baseline blood glucose control, implementing standardized glucose management strategies and evaluating improvement. Finally, I achieved American Diabetes Association Recognition for several outpatient diabetes programs and am working on developing a comprehensive diabetes prevention program.

Professional Organizations

Memberships

- 1992 - current American Diabetes Association
- 1992 - current American Association of Diabetes Educators
- 1993 - 1998 Santa Clara Chapter of American Association of Diabetes Educators
- 1988 - 1993 Berhorst Foundation for Rural Health Care Projects in Guatemala
- 1988 - 1993 Society of Public Health Education
- 1986 - 1993 Hesperian Foundation for Rural Health Promotion in Mexico
- 1988 - 1993 American Public Health Association
- 1998 – current Golden Empire Chapter of American Association of Diabetes Educators

Service to Professional Organizations

- 2009 – current California Diabetes Program - Sharps Disposal Team Representative
- 2010 – current American Association of Diabetes Educators Transition Team

Service to Professional Publications

- 1996 - 1998 Stanford Nurse Magazine Editorlal Board
- 1998 – current Krames Communication Reviewer/Author
- 1998 – 2002 *Diabetes Interview Magazine* Editorial Board

1999- current	NurseWeek	Reviewer/Author
2006 – 2007	American Association Retired Persons – Diabetes Taskforce	Reviewer

Invited Presentations

National

American Association of Diabetes Educators – Denver 1997 (podium) Minneapolis, 1998 (podium), New Orleans 1999 (podium), San Diego 2008 (podium)

Regional and Other Invited Presentations

2000	Diabetes 2000: A Clinical and Educational Update: Fresno, Bakersfield, Burbank, Stockton, Van Nuys
2001	Diabetes Care and Data Management: Bay Area Point of Care Coordinators Meeting.
2001 – 2011	Diabetes Educator Review Course – 2 day comprehensive advanced level program to prepare healthcare professionals to become diabetes educators – San Jose and Los Angeles, yearly
2002	Diabetes Tools and Tips of the Trade - Stanford University Hospital, CA
2003	Diabetes in the New Millenium –annual meeting of CA Health Systems Pharamacists
2004- 2011	Advanced Practice Diabetes Symposia – 2 day symposia designed for advanced level diabetes practitioners. First of it’s kind in the United States. Offered 2 times a year.
2004 -2011	Diabetes in the 21 Century– invited speaker for San Joaquin Community Hospital, Sutter County Health Dept, O’Connor Hospital, Downey Hospital, Travis AFB, Tuscon VA, Mercy Medical Center, St. Johns Hospital, Legacy Hospital, AH Ukiah, Riverside County Health Department, Santa Monica/UCLA Hospital, Stanford Hospital and over 100 other locations.
2006	Diabetes Medications: A Road Map for Clinical Practice for NurseWeek
2007	Diabetes: The Silent Epidemic for eight NurseWeek Career Fairs throughout U.S.
2007 – 2011	Becoming a Diabetes Educator – designed to help health care professionals enter the diabetes field. Offered throughout CA once or twice a year.
2011	Sigma Theta Tau International Honor Society of Nursing – New Horizons in Diabetes
2011	Cancer and Diabetes – Feather River Hospital

Postgraduate and Continuing Education Courses Attended

National/ International

American Diabetes Association Diabetes Post Graduate Course 1997, 1998, 2000, 2001, 2002, 2004, 2006. 2009, 2010

American Diabetes Association Scientific Sessions Annual Meeting 1994, 1999, 2007, 2011

American Association of Diabetes Educators Annual Convention 1995, 1996, 1997, 1998. 2008

American Association of Public Health Annual Meeting 1990, 1991, 1992

Government and Other Professional Services

1997	Lippincott-Raven Publishers – script writing for professional diabetes educational video
1997	SangStat Pharmaceutical company to evaluate finger lancing devices
1997-1998	CareSoft to create personalized interactive internet based diabetes self-care program
1997- 1998	LifeMasters to develop diabetes self care program and provide staff training

- 1998 – 2004 Strategic Advisor for LifeMasters Supported SelfCare Company
- 2010 – 2011 Member of task force for Senate Bill 486 to compel pharmaceutical companies who distribute medication which requires needles to administer, to provide safe sharps disposal methods. Involved in presenting findings and grading pharmaceutical companies.

Service to Medical Centers

- 1997- 1998 Stanford Cardiac Rehabilitation Program to implement nurse managed diabetes program
- 1998– 2002 Legacy Health System, Oregon to provide diabetes certification and training program
- 1998 Consultant to Community Medical Center in Missoula to achieve ADA Recognition
- 1999 Consultant to develop Korean Outreach Diabetes Ed Program for St. Vincent Med Center
- 2001 Consultant for Santa Monica/UCLA Medical Center to create and provide inpatient diabetes training program for professional staff
- 2004 Consultant to Tilamook Hospital to achieve ADA Recognition
- 2005 Consultant to Diabetes LifeStyle Centers of America to achieve ADA Recognition
- 2008 -2009 Consultant to Stanford Medical Center to develop Diabetes and Transplant Med Algorithm

Univeristy and Public Service

University Service

- 1996 - 1998 University HealthSystem Consortium consultant and liaison for National Diabetes Study
- 2006 – 2011 Collaborated with UCSF Diabetes Program to establish “Becoming a Diabetes Educator Program” Offered annually at UCSF
- 2009 California State University Chico, Visiting Professor in the School of Nursing (non salaried)

Public Service

- 1987 - 1990 Member of speakers bureau for American Cancer Society and American Lung Association
- 1990 - 1993 Nurse / Health Educator for Flying Samaritans (deliver free health care in Baja, Mexico)
- 1991 - 1992 Chair of Patient Education Special Interest Group, Society of Public Health Educators
- 1993 - 1998 Vice President and Board Member for American Diabetes Association (Palo Alto Chapter)
- 1988- 1990 Nurse Educator for Venice Family Clinic in Los Angeles
- 1993 - 1998 Nurse and translator at Stanford RotoCare Clinic (free clinic in East Palo Alto)
- 1998 – current Board Member for American Diabetes Association (Chico, CA)
- 1999 Organized Chico’s Walk for Diabetes
- 2007 Organized fund raiser for Women for Women International
- 2008 Became Board Member for Just One Person –helps Kenyan girls become self sufficient
- 2010 Organized Arabian Nights Party to raise funds for Just One Person
- 2010 -2011 Organized Paradise Walk for Diabetes

Summary of Service Activities

My service to UCSF has been primarily to the Department of Physiological Nursing. In addition, I also rewrote a chapter in Cardiac Nursing on Metabolic Syndrome and Diabetes, upon the request by Dr. Erika Froelicher.

Teaching and Mentoring

Formal Scheduled Classes for UCSF Students

Qtr	Academic Yr	Course No /Title	Teaching Contribution	Units	Class Size
W	1997-2011	N208; Advanced Pathophysiology – Diabetes Session	Provided 2 ½ hour lecture each winter quarter		60 – 80
W	1999-2011	N216 – Cardiovascular Nursing	Provide 2 hour lecture each winter quarter		5 - 20

Postgraduate and Other Courses

Please see listing under presentations

Master Of Science Students Supervised or Mentored

Dates	Name	Program/School	Role	Current Position
1995	Man Lei Wong	M.S. /USF	Clinical Residency Preceptor	Not sure
1997	Rosemary Ferguson	M.S. / UCSF	Clinical Residency Preceptor	Diabetes Ed, WV
1998	Betty Wexler	M.S. / UCSF	Clinical Residency Preceptor	Gerontology CNS, VA, Palo Alto, CA
2002	Jane Rivers	M.S. / USF	Clinical Residency Preceptor	Instructor, Kaplan College, Sacramento
2005	Mary DaGuerre	M.S. / UCSF	Clinical Residency Preceptor	CNS, Enloe Medical Center, CA
2008	Kate McDonald	M.S. / UCSF	Clinical Residency Preceptor	CNS, Feather River Cancer Center

M.S. Comprehensive Examinations

1996- Current Read and Graded several exams

Teaching Aids

Developed DiaBingo - a learning game for health care professionals with diabetes in English and Spanish
 Created a Pancreas Pillow – all proceeds of sale go to benefit girls in Kenya to complete high school and beyond
 DiaSphere – sphere developed to explain the physiology of glucose metabolism by the cell
 Diabetes Medication PocketCards – a summary of insulin and all available diabetes medications on a Pocket sized card.

Peer Reviewed Publications

Dyck Thomassian, Beverly, Critical Assessment of Diabetes: Honing Your Detective Skills NurseWeek 2007
 Dyck Thomassian, Beverly: Insulin; Type 2 Diabetes in Children: Unexpected Epidemic. NurseWeek, 3/ 2004
 Dyck Thomassian, Beverly: Insulin, From Injected to Inhaled: Past, Present and Future. NurseWeek, 3/ 2002

Dyck Thomassian, Beverly: Diabetes and Cardiovascular Disease, Getting to the Heart of the Matter. *NurseWeek*, February, 1999

Non Peer Reviewed Publications

Dyck, Beverly: The Paper Crane, *American Journal of Nursing* May 1989.

Dyck, Beverly: Diabetes Update, *Progress in Cardiovascular Nursing*, September, 1998

Dyck, Beverly: Creative Strategies for Improving Diabetes Care, *Stanford Nurse*, January 1998

Dyck, Beverly: Development of an Inpatient Diabetes Care Program, *Japanese Journal of Nursing*, Jan 1998

Thomassian, B. Metabolic Syndrome and Diabetes. In Woods, Froehlicher, Motzer, Bridges (Eds), *Cardiac Nursing*, 6th Ed. Baltimore and Philadelphia : Wolters Kluwer Health/ Lippincott Williams and Wilkins, 2009.