Diabetes
Educational
Services

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Invite us to your facility to provide our Diabetes in the 21st Century Seminar

Don't miss this opportunity to host a five-star Diabetes Seminar for the health care professionals in your area. This "basics and beyond" seminar includes the latest research, technologies, standards of care and teaching techniques. Through lecture, small group discussions and case studies, we will focus on clinical application and strategies for providing high quality diabetes care.

Diabetes Educational Services makes it easy for you by bringing the Seminar to your facility. Our program packages include our expert presentation, all audiovisuals, program syllabus, continuing education credit (7.5 CE's for nurses, 6.5 CPE's for dietitians). All you have to do is provide meeting room space and invite staff to attend.

Below is the pricing schedule for the Diabetes in the 21st Century Seminar. We have also enclosed a more detailed seminar overview and list of program objectives for your review.

Diabetes Seminar Fee: for $2500 plus travel, we provide the 8-hour Diabetes Seminar including:

- Insulin and Oral Medication Pocketcards for all participants
- Continuing Education Credit for Nurses and Registered Dietitians if requested
- Camera-ready original syllabus for reproduction
- Prizes for Diabetes Bingo winners

We look forward to providing our state-of-the-art Diabetes Seminar at your facility. Please contact us to discuss possible dates and program details.

Sincerely,

Beverly Dyck Thomassian
Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE
President, Diabetes Educational Services

Diabetes in the 21st Century - One Day Seminar

Looking for a cost effective and highly effective program that will re-energize your staff about diabetes? Then don't miss this opportunity to host a five-star Diabetes Seminar for the health care professionals in your community.

We are facing a diabetes epidemic in this country. Over 30% of hospitalized patients have diabetes and this number is expected to grow. Educating and managing diabetes is challenging, whether in the inpatient or outpatient setting.

We designed this program so that graduates of our course gain immediate clinical skills in safe delivery of diabetes care and medications. Safe and effective treatment of this complicated disease results in reduced length of stay and improved patient satisfaction. Through lecture, small group discussions and case studies, attendees of this one day seminar gain the critical information needed to provide effective education and diabetes care.

This course is designed for all health care professionals including providers, nurses, dietitians, pharmacists and educators who want to:

- Get re-energized about diabetes care and education
- Enjoy a comprehensive and reality based review of "the basics and beyond" of diabetes management.
- Keep abreast of the rapidly changing strategies in diabetes management
- Refine their skills and improve competencies in diabetes problem solving.
- Learn practical approaches to educating patients about diabetes self-management.

Seminar Objectives

1. Describe the impact of diabetes on our communities.
2. Discuss prevention and management strategies.
3. Develop a working knowledge of the different types of diabetes.
4. Demonstrate compassionate and successful diabetes teaching strategies.
5. List diabetes management guidelines as outlined by the American Diabetes Association.
6. Understand the significance and appropriate use of different diabetes medications.
7. Discuss how to use insulin therapy to gain improved glucose control.
8. Review glucose patterns and determine how to adjust therapy to improve glucose.
9. Using a case study approach, describe survival skill education from hospital to home

Accreditation
Nurses Provider approved by the California Board of Registered Nursing, Provider #12640 for 7.5 contact hours. Approved for 6.5 CPE II for Registered Dietitians by the Commission on Dietetic Registration.

Instructor
Beverly is a nurse entrepreneur, educator and clinician with a passion to improve diabetes care. In 1998 she started her own company, Diabetes Education Services (DES) to provide health care professionals with an in-depth understanding of diabetes care and education. Beverly is also associate clinical professor at UC San Francisco and a visiting professor at CSU Chico, where she promotes excellence in diabetes care through education and advocacy.

Beverly has a special knack of translating complex diabetes information into understandable terms that can be immediately applied in the clinical setting. She also believes that learning about diabetes should be meaningful and fun. Her courses combine cutting edge science with games, case studies and real life application, so participants leave feeling re-energized and excited about diabetes education.

Diabetes in the 21st Century
Seminar Schedule

Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE
Diabetes Educational Services
(530) 893.8635
www.DiabetesEd.net

8:00 – 8:30am Welcome and Registration

8:30 – 10:00 Diabetes Overview

- Pathophysiology and Prevention Made Easy
- Different types of diabetes
- Who's at Risk - Diagnostic Criteria
- Natural history of diabetes
- Insulin Resistance

10:00 – 10:15 Break

10:15 – 11:30 Teaching Strategies, Goals and Foot Care

- Teaching Strategies
- Management Goals – Control Matters
- Foot Care Tips

11:30 – 12:30 Lunch

12:30– 3:00 Insulin and Oral Medications

- Insulin Review
- Insulin adjustment strategies
- Oral Agents
- Choosing the Right Agent for the Right Patient

BREAKS A few breaks in between as needed!

3:00 - 4:00 Diabetes Essentials – Nutrition and Survival Skills

- Medical Nutrition Therapy
- Survival Skills
- Putting it all Together

ACCREDITATION: PROVIDER APPROVED BY THE CALIFORNIA BOARD OF REGISTERED NURSING, PROVIDER #12640 FOR 7.5 CONTACT HOURS. APPROVED FOR 6.5 CPE II FOR REGISTERED DIETITIANS BY THE COMMISSION ON DIETETIC REGISTRATION #D1002