

Diabetes in the 21st Century Seminar Schedule

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8:00 – 8:30am Welcome and Registration

8:30 – 10:00 **Diabetes Overview**

- + Pathophysiology and Prevention Made Easy
- + Different types of diabetes
- + Who's at Risk - Diagnostic Criteria
- + Natural history of diabetes
- + Insulin Resistance

10:00 – 10:15 **Break**

10:15 – 11:30 **Teaching Strategies, Goals and Foot Care**

- + Teaching Strategies
- + Management Goals – Control Matters
- + Foot Care Tips

11:30 – 12:30 **Lunch**

12:30– 3:00 **Insulin and Oral Medications**

- + Insulin Review
- + Insulin adjustment strategies
- + Oral Agents
- + Choosing the Right Agent for the Right Patient

BREAKS **A few breaks in between as needed!**

3:00 - 4:00 **Diabetes Essentials – Nutrition and Survival Skills**

- + Medical Nutrition Therapy
- + Survival Skills
- + Putting it all Together

ACCREDITATION: PROVIDER APPROVED BY THE CALIFORNIA BOARD OF REGISTERED NURSING, PROVIDER #12640 FOR 7.5 CONTACT HOURS. APPROVED FOR 6.5 CPE II FOR REGISTERED DIETITIANS BY THE COMMISSION ON DIETETIC REGISTRATION #D1002