



Beverly Thomassian, RN, MPH, BC-ADM, CDE  
www.DiabetesEd.net

## Diabetes in the 21<sup>st</sup> Century Seminar Schedule

- 7:30 – 8:00am** Welcome and Registration
- 8:00 – 10:00** **Diabetes Overview**
- + Current State of Diabetes
  - + Pathophysiology and Diagnostic Criteria
  - + Natural History of Diabetes
  - + Types of Diabetes
- 10:00 – 10:15** **Break**
- 10:15 – 11:30** **Management Goals, Prevention Strategies**
- + Prevention and Education
  - + Management Goals – Control Matters
- 11:30 – 12:30** **Lunch**
- 12:30– 2:30** **Medical Nutrition Therapy and Insulin Overview**
- + Healthy eating strategies
  - + Insulin Review
  - + Insulin adjustment strategies
- 2:30 – 2:45** **Break**
- 2:45 – 3:30** **Insulin Management and Meds for Type 2**
- + Insulin Pattern Management
  - + Meds for Type 2
  - + Choosing the Right Med for the Right Patient

*Accreditation nurses provider approved by the California Board of Registered Nursing, provider #12640 for 7.5 contact hours. Approved for 6.5 CPE II for Registered Dietitians by the Commission on Dietetic Registration.*