

DIABETES IN THE 21ST CENTURY

Interested in teaching patients about diabetes care but find it difficult to keep pace with the latest advances?

This program is for all health care professionals including providers, nurses, dietitians, pharmacists and educators who want to:

- Get re-energized about diabetes care and education
- Keep abreast of the rapidly changing strategies in diabetes management
- Refine skills and improve competencies in diabetes problem solving
- Learn practical approaches to educating patients about diabetes self-management

ACCREDITATION: NURSES PROVIDER APPROVED BY THE CALIFORNIA BOARD OF REGISTERED NURSING, PROVIDER #12640 FOR 7.5 CONTACT HOURS. APPROVED FOR 6.5 CPE II FOR REGISTERED DIETITIANS BY THE COMMISSION ON DIETETIC REGISTRATION.

7:30 – 8:00 am Welcome and Registration

8:00 – 10:00 am Diabetes Overview

- Current State of Diabetes
- Pathophysiology and Diagnostic Criteria
- Natural History of Diabetes
- Types of Diabetes

10:15 – 11:30 am Management Goals, Prevention Strategies

- Prevention and Education
- Management Goals – Control Matters

11:30 – 12:30 Lunch

12:30 – 2:30 Medical Nutrition Therapy and Insulin Overview

- Healthy eating strategies
- Insulin Review
- Insulin adjustment strategies

2:45 – 3:30 Insulin Management and Meds for Type 2

- Insulin Pattern Management
- Meds for Type 2
- Choosing the Right Med for the Right Patient

Tuesday March 17, 2015

8:00 AM to 3:30 PM

**at the Lander Community
& Convention Center**

**Cost is \$10 per person lunch
will be provided**



**To Register Contact:
CWC Lander Outreach Center
307-332-3394 or 800-735-8394**



This event is made possible by a grant from the Jim and Audrey Bailey Foundation

Beverly Thomassian, RN, MPH, CDE, BC-ADM



Thomassian is a nurse entrepreneur, educator and clinician with a passion to improve diabetes care. She has a special knack of translating complex diabetes information into understandable terms that can be immediately applied in the clinical setting.

