

# ★ Diabetes in the 21<sup>st</sup> Century

## Seminar Overview

Are you interested in teaching your patients about diabetes, but find it difficult to keep pace with the latest advances in diabetes care? Then consider attending this all day program that synthesizes the critical elements of diabetes care and education.

Through dynamic presentations and case studies, we will provide you with creative strategies to succeed at teaching in today's fast paced health care environment.

In addition, small group activities allow participants to improve clinical confidence and diabetes problem solving skills.

Our goal when developing this seminar was to include as many diabetes clinical "pearls" as possible, so participants leave the seminar feeling more empowered and confident advocating for excellence in diabetes care.

## Fees and Accreditation

Nurses Provider approved by the California Board of Registered Nursing, Provider #12640 for 7.5 contact hours. Approved for 6.5 CPE II for Registered Dietitians by the Commission on Dietetic Registration.

**Registration Fee: \$50.00 professionals; \$25.00 for St. James employees; \$15.00 for Students** – includes lunch, syllabus and certificate.

## Diabetes in the 21<sup>st</sup> Century - Course Outline

### 8:00 – 8:30 am – Check-in

### 8:30 – 10:00 am - Overview

- From Beta Cells to Gut Hormones
- Diabetes – Natural History
- The Silent Epidemic
- Who's at Risk - Diagnostic Criteria
- Insulin Resistance and Metabolic Risk

### 10:15 – 11:30 am - Mgmt Goals/ Meds

- Educational Strategies that Work
- Getting to Goal - Control Matters
- Feet Can Last a Lifetime

### 12:30 – 2:30 pm - Insulin Patterns and Special Situations

- Insulin – the Natural Hormone
- Medications for Type 2
- Improving glucose through medication adjustments

### 2:45 – 4:00 pm - Nutrition / Survival Skills

- Healthy Eating with Diabetes
- Hospital care, acute complications, survival skills... putting it all together.

### Course Location

This will be held in the conference room right underneath Denny's Restaurant.  
1 Holiday Park Drive Butte, MT 59701

## Who Should Attend? ★

This course is designed for all health care professionals including providers, nurses, dietitians, pharmacists and educators who want to:

- Get re-energized about diabetes care and education
- Enjoy a comprehensive and reality based review of "the basics and beyond" of diabetes management.
- Keep abreast of the rapidly changing strategies in diabetes management
- Refine their skills and improve competencies in diabetes problem solving.
- Learn practical approaches to educating patients about diabetes self-management.



### ★ Course Faculty: Beverly Thomassian, RN, MPH, CDE, BC-ADM

Beverly is a nurse entrepreneur, educator and clinician with a passion to improve diabetes care. She has a special knack of translating complex diabetes information into understandable terms that can be immediately applied in the clinical setting. She also believes that learning about diabetes should be meaningful and fun so participants leave feeling re-energized and excited about diabetes education.

**Registration**

To assure your space, please register by February 20<sup>th</sup>, 2012

- I want to attend Diabetes in the 21<sup>st</sup> Century Program on March 2, 2012. Enclosed is my payment for \$50.00
- I am a St. James Healthcare Employee. Enclosed is my payment for \$25.00.
- I am a student. Enclosed is my payment for \$15.00.

Name \_\_\_\_\_

Profession \_\_\_\_\_

Home Address \_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Ph # \_\_\_\_\_

Email: \_\_\_\_\_

**Payment**

Check made payable to St. James Healthcare  
Diabetes Education



**Mail check and completed registration form to:**  
**St. James Healthcare**  
**C/O Ida Reighard**  
**400 South Clark Street**  
**Butte, MT 59701**



**Diabetes in the 21st Century**

*Presented by*  
**Beverly Thomassian, RN, MPH, CDE**



**March 2, 2012**

**Rocky Mountain Conference room**  
**under Denny's restaurant. 1 Holiday**  
**Park Drive, Butte, MT 59701**

