

Diabetes Educator Course Day One



Time	Topic	Speaker
7:00 – 8:00 am	Registration and Welcome	Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE
8:10 – 10:00	Diabetes – More Hyperglycemia	
10:00 – 10:15	Break	
10:15 – 12:00	Outcome Studies and Goals of Care Insulin Resistance and Vascular Disease and Foot Care	Beverly Thomassian
12:00 – 1:00	Enjoy Lunch	
1:00 – 3:00	Medications for Type 2 Diabetes	Beverly Thomassian
3:00 – 3:15	Break	
3:15– 4:15	Hypoglycemia Monitoring, Sick Days	Lonnie Vaughn, RN, CDE
4:15 – 4:45	Wrap Up and Jeopardy	Beverly and Lonnie

Diabetes Educator Course Day Two



Time	Topic	Speaker
7:00am – 8:00	Enjoy breakfast and visit Diabetes Company Representatives	
8:00 – 9:30	Insulin - the Ultimate Hormone Replacement Therapy	Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE
9:30 – 9:45	Break	
9:45 – 10:45	Pattern Management	
10:45 – 12:00	Healthy Coping with Diabetes	Diane Pearson, RN, MPH, CDE
12:00 – 1:00pm	Lunch	Beverly Thomassian
1:00 – 2:00	Microvascular Disease	Beverly Thomassian
2:00 – 2:15	Break	
2:15 – 4:30	Behavior Change and Motivational Interviewing	Diane Pearson

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Day Three



Time	Topic	Speaker
8:00 – 10:00	Medical Nutrition Therapy	Dana Armstrong, RD, CDE
10:00 – 10:20	Break	
10:20 -11:00	Meal Planning- How to Eat by the Numbers	Dana Armstrong, RD, CDE
11:00pm	Turning Exhaustion into Endurance	Dana Armstrong, RD, CDE
12:00pm	Wrap Up and Evals	Thank you
12:30 – 1:15	Lunch and Insulin Pump Workshop (optional)	Sponsored by Tandem
1:15 – 3:30	Critical Assessment Workshop (optional)	Beverly Thomassian