

Diabetes Fundamentals - Start your journey here!

This webcast series is designed for health care professionals who are interested in getting started in diabetes education and for those actively working toward becoming a Certified Diabetes Educator.

Each course in this series provides the critical building blocks and foundation for those entering the diabetes field. Plus, they prepare you to advance to our level 2 courses.

Our online courses are interactive and combine lecture, quizzes and case studies to prepare you for success. The content is designed to immediately advance your clinical practice plus move you toward your goal of achieving a higher level of expertise and comfort when providing diabetes education.



Earn 9.0 CEs and get the core knowledge you need!



Earn 1.5 CE for each session. We will start recording the live version in December. Even if you aren't able to join us live, your registration fee allows you to listen on-demand within 3 hours of the live broadcast. Best of all, once you purchase, you can listen instantly, take the post test and receive your CEs.

[See our Online Course Reviews >>](#)

**Diabetes Fundamentals - Webcast Series \$159
(save \$99)**

[Register Now](#)

You will have access to these courses until December 31, 2015.

1. Diabetes Overview – Getting to the Nitty Gritty - December 10, 2014

In this session we provide an overview of the impact of diabetes in our communities. We reveal the underpinnings of pancreas dysfunction. We compare and contrast prediabetes, type 1, type 2 diabetes LADA and incorporate teaching strategies.

- Impact of diabetes in our communities
- Pathophysiology of hyperglycemia
- Latest updates on Type 1 and Type 2, and LADA

For more info – visit www.diabetesed.net or call us at 530/ 893-8635



Advancing Your Career in Diabetes Education

2. Nutrition Therapy and Exercise - December 12, 2014

This course reviews the latest nutrition guidelines and strategies to translate this information to our individual patients. We will also highlight the essential components of exercise and its impact on blood glucose levels. Teaching strategies will be incorporated throughout.

- New nutrition guidelines
- Keeping it real for our patients
- Exercise Basics

3. Insulin Therapy – from Hospital to Home - December 17, 2014

This course reviews effective use of insulin therapy to improve glucose control. Learn how to look at glucose patterns and determine appropriate insulin adjustment strategies. Formulas to calculate basal bolus insulin therapy based on national guidelines will be included.

- Using basal/bolus insulin therapy to improve glucose control
- Glucose patterns and adjustment strategies
- Incorporating national guidelines into practice

4. Meds for Type 2 - January 8, 2015

This course is an introduction to the abundance of medications available to treat type 2 diabetes. We will explore the different classes of diabetes medications including action, considerations and side effects. Case studies are used to provide real life applications.

- Describe the main action of the 7 different categories of medications for type 2 diabetes.
- Discuss strategies to determine the right medication for the right patient.
- List the side effects and clinical considerations of each category of medications

5. Diabetes Standards of Care and Prevention – January 15, 2015

In this session we discuss prevention strategies and lifestyle interventions to promote optimal health. We discuss national goals and how to customize goals based on patient's clinical picture. Included are teaching strategies to help patients reach their targets.

- Prevention and lifestyle interventions
- It's worth the work - Why control matters
- National goals and getting to target

6. Hypoglycemia, Monitoring and Foot Care – January 22, 2015

In this session we discuss causes and strategies to prevent hypoglycemia. We review blood glucose monitoring considerations and precautions. We will also provide strategies on providing a quick and effective foot and lower extremity assessment.

- Hypoglycemia – prevention, treatment and detection
- Blood glucose monitoring – helping patients get to target
- Quick and effective lower extremity assessments