

# Diabetes Educator Course

## Day One

Time	Topic	Page	Speaker
7:00 – 8:00 am	<b>Registration and Welcome</b>		
8:10 – 10:00	<b>Diabetes – More Hyperglycemia</b>	pg 1	Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE
	<b>Outcome Studies and Goals of Care</b>	pg 15	
10:00 – 10:15	<b>Break</b>		
10:15 – 11:15	<b>Insulin Resistance and Vascular Disease and Foot Care</b>	pg 30	Beverly Thomassian
11:15 -11:45	<b>Medications for Type 2 Diabetes</b>	pg 49	Beverly Thomassian
11:45 – 12:45	<b>Enjoy Lunch</b>		
12:45 – 2:00	<b>Medications for Type 2 Diabetes</b>	Cont'd	Beverly Thomassian
2:00– 2:15	<b>Break</b>		
2:15– 3:00	<b>Hypoglycemia Monitoring, Sick Days</b>	pg 62	Lonnie Vaughn, RN, CDE
3:00 – 4:45	<b>Diabetes Across the LifeSpan Pregnancy Kids Seniors</b>	pg 74  appendix	Beverly Thomassian

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## Day Three

<b>Time</b>	<b>Topic</b>	<b>Page</b>	<b>Speaker</b>
8:00 – 10:00	<b>Medical Nutrition Therapy</b>	pg 1	Dana Armstrong, RD, CDE
10:00 – 10:20	<b>Break</b>		
10:20 -11:00	<b>Meal Planning- How to Eat by the Numbers</b>	pg 41	Dana Armstrong, RD, CDE
11:00pm	<b>Turning Exhaustion into Endurance Evals</b>	pg 55	Dana Armstrong, RD, CDE
12:00pm	<b>Wrap Up and Evals</b>		Thank you

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## Day Two

Time	Topic	Page	Speaker
7:00am – 8:00	<b>Sunset Room for Breakfast – and visit Diabetes Company Representatives</b>		
8:00 – 10:00	<b>Insulin - the Ultimate Hormone Replacement Therapy</b>	<b>pg 1</b>	Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE
	<b>Pattern Management</b>	<b>pg 8</b>	
10:00 – 10:15	<b>Break</b>		
10:15 – 11:30	<b>Healthy Coping with Diabetes</b>	<b>pg 16</b>	Diane Pearson, RN, MPH, CDE
11:30 -12:00	<b>Hyperglycemia / DKA</b>	<b>pg 31</b>	Beverly Thomassian
12:00 -1:00	<b>Lunch</b>		
1:00- 2:30	<b>Microvascular Disease</b>	<b>Pg 36</b>	Beverly Thomassian
2:30 – 2:45	<b>Break</b>		
2:45 – 4:45	<b>Behavior Change and Motivational Interviewing</b>	<b>Pg 55</b>	Diane Pearson
	<b>Eval Day 2</b>		