

# Diabetes Care, Management, & Education In the 21st Century

## Seminar Overview

Are you interested in teaching your patients about diabetes, but find it difficult to keep pace with the latest advances in diabetes care? Then consider attending this all day program that synthesizes the critical elements of diabetes care and education.

Dynamic presentations and case studies with an emphasis on information beyond the basics will provide you with creative strategies to succeed at teaching in today's fast paced health care environment. In addition, small group activities allow participants to improve clinical confidence and diabetes problem solving skills.

Our goal when developing this seminar was to include as many diabetes clinical "pearls" as possible, so participants leave the seminar feeling more empowered and confident advocating for excellence in diabetes care.

## Accreditation

Nurses Provider approved by the California Board of Registered Nursing, Provider #12640 for 8.4 contact hours. Approved for 7.0 CPE II for Registered Dietitians by the Commission on Dietetic Registration (CDR), Provider D1002. Access to 11.0 CE hours of Online Courses is also included.

## Course Outline

**7:30 - 8:00 am – Registration & Continental Breakfast**

**8:00 - 10:00 am - Overview**

- From Beta Cells to Gut Hormones
- Pathophysiology - Type 1, Type 2, & Diabetes in Pregnancy
- Who's at Risk - Diagnostic Criteria
- Insulin Resistance & Metabolic Risk

**10:00 - 10:15 am - Exhibits**

**10:15 - 11:45 am - Goals of Care & Nutrition**

- Getting to Goal - Control Matters
- Healthy Eating with Diabetes

**11:45 - 12:30 pm - Lunch / Exhibits**

**12:30 - 2:30 pm - Insulin & Pattern Management**

- Insulin - the Natural Hormone
- Improving Glucose Control through Pattern Management

**2:30 - 2:45 pm - Break**

**2:45 - 4:00 pm - Type 2 Medications / Survival Skills / Case Studies**

- Medications for Type 2
- Survival Skills
- Putting It All Together

**4:00 - 4:15pm - Q & A / Adjournment**

## Who Should Attend

This course is designed for all health care professionals including providers, nurses, dietitians, pharmacists and educators who want to:

- Get re-energized about diabetes care and education.
- Enjoy a comprehensive and reality based review of "the basics and beyond" of diabetes management.
- Keep abreast of the rapidly changing strategies in diabetes management.
- Refine their skills and improve competencies in diabetes problem solving.
- Learn practical approaches to educating patients about diabetes self-management.



**Course Faculty:  
Beverly  
Thomassian,  
RN, MPH, CDE,  
BC-ADM**

Beverly is a nurse entrepreneur, educator, and clinician with a passion to improve diabetes care. She has a special knack of translating complex diabetes information into understandable terms that can be immediately applied in the clinical setting. She also believes that learning about diabetes should be meaningful and fun so participants leave feeling re-energized and excited about diabetes education.

## Registration Fee

**Limited seating! Absolute registration deadline: Friday - March 15, 2013.**

Registration fee: \$150 for Hawaii ADE Members, \$175 for non-members.

Includes:

- Continental breakfast, luncheon buffet
- Syllabus and certificate
- Access to DES Online Course Bundle of level II presentations:
  - ♦ Designed for those who are interested in becoming CDEs
  - ♦ Valued at \$119
  - ♦ For a total of 11.0 CE

## Registration / Payment

If you are an AAE Member:

1. Go to AAE website:  
<http://www.myaadenetwork.org/hawaii>
2. Locate "UPCOMING STATE AND LOCAL EVENTS" where you will find the calendar and the March 22nd conference information
3. Click on the conference title (in red)
4. Click on the REGISTRATION box
5. Select LOGIN and REGISTER USING YOUR MEMBER ACCOUNT (USER ID and PASSWORD)
  - Your USER ID is your AAE member number
6. Complete registration and credit card payment

If you are not a member of AAE:

1. Go to AAE website:  
<http://www.myaadenetwork.org/hawaii>
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## Certification Renewal

Diabetes Educational Services is an approved provider by the California Board of Registered Nursing, Provider 12640, and Commission on Dietetic Registration (CDR), Provider DI002. Since these programs are approved by the CDR it satisfies the CE requirements for the CDE® regardless of your profession.

*To satisfy requirements for renewal of certification by continuing education for the National Credentialing Board for Diabetes Educators (NCBDE), continuing education activities must be applicable to diabetes and approved by a provider on the [National Certification Board for Diabetes Educators \(NCBDE\) List of Recognized Providers \(www.ncbde.org\)](#). Diabetes Educational Services is approved by the Commission on Dietetic Registration which is on the NCBDE List of Recognized Continuing Education Providers.*

## Planning Committee Members

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Management, & Education  
In the 21<sup>st</sup> Century

*Presented By*  
**Beverly Thomassian,**  
**RN, MPH, CDE, BC-ADM**



Friday - March 22, 2013

Ala Moana Hotel, Garden Lanai

410 Atkinson Drive

Honolulu, HI 96814

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Diabetes Prevention  
and Control Program



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**AADE** American Association  
of Diabetes Educators