

Diabetes Educator Course Day One



Time	Topic	Speaker
7:00 – 8:00 am	Registration and Welcome	
8:10 – 10:00	Diabetes – More Hyperglycemia Outcome Studies and Goals of Care	Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE
10:00 – 10:15	Break	
10:15 – 11:45	Insulin Resistance and Vascular Disease and Foot Care	Beverly Thomassian
11:45 – 12:45	Enjoy Lunch	
12:45 – 3:00	Medications for Type 2 Diabetes	Beverly Thomassian
3:00 – 3:15	Break	
3:15 – 4:15	Hypoglycemia Monitoring, Sick Days	Lonnie Vaughn, RN, CDE
4:15 – 4:30	Case Studies	Beverly

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Diabetes Educator Course Day Two



Time	Topic	Speaker
7:00am – 8:00	Enjoy breakfast and visit Diabetes Company Representatives	
8:00 – 10:00	Medical Nutrition Therapy	Dana Armstrong, RD, CDE
10:00 – 10:20	Break	
10:20 – 12:00	Nutrition and Exercise	Dana Armstrong, RD, CDE
12:00 – 1:00	Lunch	
1:00 – 2:15	Healthy Coping	Diane Pearson, RN, MPH, CDE
	Break	
2:15 – 4:15	Behavior Change and Motivational Interviewing	Diane Pearson
4:15 – 4:45	Plant Based Eating Workshop (Optional)	Dana Armstrong

Diabetes Educator Course Day Three



Time	Topic	Speaker
8:00 – 10:00	Insulin - the Ultimate Hormone Replacement Therapy Pattern Management	Beverly Thomassian
10:00 – 10:20	Break	
10:20 -12:00	Case Studies Microvascular Disease	Beverly Thomassian
12:00pm	Wrap Up and Evals	Thank you
12:30 – 1:15	Lunch and Insulin Pump Workshop (optional)	
1:15 – 3:30	Critical Assessment Workshop (optional)	