

Diabetes Educator Course

Day One



Time	Topic	Speaker
7:00 – 8:00 am	Registration and Welcome	
8:10 – 10:00	Diabetes – More Hyperglycemia Outcome Studies and Goals of Care	Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE
10:00 – 10:15	Break	
10:15 – 11:30	Insulin Resistance and Vascular Disease and Foot Care	Beverly Thomassian
11:30 – 12:30	Enjoy Lunch	
12:30 – 2:30	Medications for Type 2 Diabetes	Beverly Thomassian
2:30 – 2:45	Break	
2:45– 3:45	Hypoglycemia Monitoring, Sick Days	Lonnie Vaughn, RN, CDE
3:45 – 4:00	Break	
4:00 – 4:45	Case Studies	Beverly Thomassian

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Day Two



Time	Topic	Speaker
7:00am – 8:00	Enjoy breakfast and visit Diabetes Company Representatives	
8:00 – 10:00	Insulin - the Ultimate Hormone Replacement Therapy Pattern Management	Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE
10:00 – 10:20	Break	
10:20 – 11:35	Healthy Coping with Diabetes	Diane Pearson, RN, MPH, CDE
11:35 – 12:30	Lunch	Beverly Thomassian
12:30 - 1:30	Microvascular Disease	Beverly Thomassian
1:30 – 2:00	Break	
2:00 – 4:00	Behavior Change and Motivational Interviewing	Diane Pearson
4:15 – 6:00	Plant Based Eating Workshop (Optional)	Dana Armstrong

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Day Three



Time	Topic	Speaker
8:00 – 10:00	Medical Nutrition Therapy	Dana Armstrong, RD, CDE
10:00 – 10:20	Break	
10:20 -11:00	Meal Planning- How to Eat by the Numbers	Dana Armstrong, RD, CDE
11:00pm	Turning Exhaustion into Endurance	Dana Armstrong, RD, CDE
12:00pm	Wrap Up and Evals	Thank you
12:30 – 1:15	Lunch and Insulin Pump Workshop (optional)	
1:15 – 3:30	Critical Assessment Workshop (optional)	