

# Diabetes Educator Course Day One



Time	Topic	Speaker
7:00 – 8:00 am	<b>Registration and Welcome</b>	
8:10 – 10:00	<b>Diabetes – More Hyperglycemia</b> <b>Outcome Studies and Goals of Care</b>	Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE
10:00 – 10:15	<b>Break</b>	
10:15 – 11:30	<b>Insulin Resistance and Vascular Disease and Foot Care</b>	Beverly Thomassian
11:30 – 12:30	<b>Enjoy Lunch</b>	
12:30 – 2:30	<b>Medications for Type 2 Diabetes</b>	Beverly Thomassian
2:30 – 2:45	<b>Break</b>	
2:45– 3:45	<b>Hypoglycemia Monitoring, Sick Days</b>	Lonnie Vaughn, RN, CDE
3:45 – 4:00	<b>Break</b>	
4:00 – 4:45	<b>Case Studies</b>	Beverly Thomassian

# Diabetes Educator Course

## Day Two



Time	Topic	Speaker
7:00am – 8:00	Enjoy breakfast and visit Diabetes Company Representatives	
8:00 – 10:00	Insulin - the Ultimate Hormone Replacement Therapy  Pattern Management	Beverly Dyck Thomassian, RN, BC-ADM, MPH, CDE
10:00 – 10:20	Break	
10:20 – 11:35	Healthy Coping with Diabetes	Diane Pearson, RN, MPH, CDE
11:35 – 12:30	Lunch	Beverly Thomassian
12:30 - 1:30	Microvascular Disease	Beverly Thomassian
1:30 – 2:00	Break	
2:00 – 4:00	Behavior Change and Motivational Interviewing	Diane Pearson
4:15 – 6:00	Plant Based Eating Workshop (Optional)	Dana Armstrong

# Diabetes Educator Course Day Three



Time	Topic	Speaker
8:00 – 10:00	<b>Medical Nutrition Therapy</b>	Dana Armstrong, RD, CDE
10:00 – 10:20	<b>Break</b>	
10:20 -11:00	<b>Meal Planning- How to Eat by the Numbers</b>	Dana Armstrong, RD, CDE
11:00pm	<b>Turning Exhaustion into Endurance</b>	Dana Armstrong, RD, CDE
12:00pm	<b>Wrap Up and Evals</b>	Thank you
12:30 – 1:15	<b>Lunch and Insulin Pump Workshop (optional)</b>	
1:15 – 3:30	<b>Critical Assessment Workshop (optional)</b>	