

diabetessisters

TYPE 2 DIABETES MONTHLY SUPPORT GROUP

Are you living with type 2 diabetes?

You're not alone! Join DiabetesSisters for a monthly support group where we'll explore practical steps toward better health.



**Monthly on the
third Tuesday**



7:00 PM PT



Held online via Zoom

SIGN UP!

It's free to join!



**Led by Coach Beverly Thomassian
RN, MPH, CDCES, BC-ADM**



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