



Advancing Your Career
in Diabetes Education

Beverly Thomassian, RN, MPH, CDE, BC-ADM
www.DiabetesEd.net

All New! Diabetes MiniSeries - Save \$10 Join our Live WebCasts on Wednesdays

Dates: June 11, 18, 25, July 2
11:30 - 1pm (PST) Earn 7.0 CEs*
Plus FREE Meds bonus course on Monday, July 7



\$10 discount (only \$79 for entire series)

We are offering our customers a special discount to say thank you!
Deadline to register at discounted rate extended *through June 18, 2014.*

Just enter coupon code *save10*

Can't make it live or missed Session 1?

No worries. The recorded version for session 1 is up and ready. And all sessions will be available to registered users in your Online Student Center within hours after the live webcast. Plus, each session comes with a down-loadable handout and an online resource page, crammed full of info.

Some reasons to join us: If you are interested in the field of diabetes education or thinking about taking the CDE exam, this series provide an excellent review of critical aspects of diabetes care.

During this series we will:

- Provide the latest in diabetes care and education.
- Engage participants by providing real-life strategies to provide optimum diabetes care in any health care setting.
- Invite your questions and provide answers



\$79 for 7 CEs
Purchase entire series by June 18 for \$79
(use coupon code *save10*)

\$89 regular price: After June 18 (still save \$29)

1. Diabetes Overview – Getting to the Nitty Gritty - June 11 – *recorded version posted*

In this session we provide an overview of the impact of diabetes in our communities. We reveal the underpinnings of pancreas dysfunction. We compare and contrast prediabetes, type 1 and type 2 diabetes and incorporate teaching strategies.

- Impact of diabetes in our communities
- Pathophysiology made easy
- Latest updates on Type 1 and Type 2

2. Diabetes Standards of Care- June 18

In this session we discuss prevention strategies and lifestyle interventions to promote optimal health. We discuss national goals and how to customize goals based on patient's clinical picture. Included are teaching strategies to help patients reach their targets.

- Prevention and lifestyle interventions
- It's worth the work - Why control matters
- National goals and getting to target

3. Insulin Therapy – from Hospital to Home - June 25

This course reviews effective use of insulin therapy to improve glucose control. Learn how to look at glucose patterns and determine appropriate insulin adjustment strategies. Formulas to calculate basal bolus insulin therapy based on national guidelines will be included.

- Using basal/bolus insulin therapy to improve glucose control
- Glucose patterns and adjustment strategies
- Incorporating national guidelines into practice

4. Nutrition Therapy and Lower Extremity Care - July 2

This course reviews the latest nutrition guidelines and strategies to translate this information to our individual patients. We will also provide strategies on providing a quick and effective foot and lower extremity assessment. Teaching strategies will be incorporated throughout.

- New nutrition guidelines
- Keeping it real for our patients
- A quick and effective foot assessment

5. Meds for Type 2 - July 7 (Monday bonus class)

This course will highlight the key elements of the Medication Guidelines by AACE and ADA. We will explore clinical factors to consider when determining the best strategy to improve glucose control in patients with type 2 and discuss new medications.

- Highlight the key elements of the Medication Guidelines by AACE and ADA.
- Clinical factors to consider when determining the best strategy to improve glucose control
- Steps involved in adding diabetes medications to improve ongoing hyperglycemia.

Who will benefit from this program?

All health care professionals including diabetes educators, providers, nurses, dietitians, pharmacists, community health workers and educators who want to:

- Get re-energized about diabetes care and education
- Enjoy a comprehensive and reality based review of "the basics and beyond" of diabetes management
- Keep abreast of the rapidly changing strategies in diabetes management
- Refine their skills and improve competencies in diabetes problem solving
- Learn practical approaches to educating patients about diabetes self-management



***Accreditation:** Diabetes Educational Services is an approved provider by the California Board of Registered Nursing, Provider 12640, and Commission on Dietetic Registration (CDR), Provider DI002. Since these programs are approved by the CDR it satisfies the CE requirements for the CDE® regardless of your profession.*

Contact us with any questions at Lainey@diabetesed.net or call us at 530/893-8635.

If you miss any live sessions, they will be available in your Student Center as recorded sessions that you can listen to at your convenience.

Sign up early, registrations accepted on a first come-first serve basis.