

# Glucagon Rescue Medications for Diabetes-Related Hypoglycemia



Name/Delivery	Supplied	Dose Range		Age / Route / Storage
		Adult	Peds / Age WT Dosing	
<b>Glucagon Emergency Kit</b> Injection requires mixing glucagon powder	1mg / 1mL vial + syringe	1mg	0.03mg/kg or < 6yrs or < 25 kgs   0.5mg ≥ 6yrs or > 25kgs   1mg	All ages approved SubQ, IM or IV administration Expires in 2 years at room temp.
<b>Baqsimi</b> Nasal glucagon powder	3 mg intranasal device	3 mg	1 yr or older   3mg dose	Approved Age 1 year+ Nasal admin Expires ~ 2 years at room temp (keep in shrink-wrapped tube).
<b>Gvoke</b> Injectable liquid stable glucagon solution	0.5mg or 1.0mg in -Prefilled syringe -HypoPen auto-injector -Kit with vial and syringe	1 mg	< 2yrs: not recommended 2- 12 yrs < 45kg   0.5mg ≥ 45kg   1mg 12 yrs or older   1mg	Approved Age 2 year+ SubQ admin in arm, thigh, abdomen Expires in 2 years at room temp (keep in foil pouch).

**\*All raise BG 20+ points. Can cause nausea, vomiting. After admin, roll person on side. Seek medical help. If no response after 1st dose, give 2nd dose in 15 mins. When awake, give oral carbs ASAP when safe to swallow. Please consult package insert for detailed info.**

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# Hypoglycemia: Identify, Treat, & Prevent

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## Step 1

Identify your signs of hypoglycemia or low blood sugar:

- Sweaty
- Shaky
- Hungry
- Can't think straight
- Headache
- Irritated, grouchy
- Other



## Step 2

If have signs of hypo, treat with carbs until glucose reaches 70+, then eat usual meal.

- Sugary drink, 4–8oz
- Piece of fruit
- Raisins, handful
- Glucose tabs, 4+
- Honey/glucose gel
- Skittles candy, 15+



## Step 3

Have glucagon rescue meds available.

In case of severe hypo, identify someone (ahead of time) who can get medical help & give a glucagon rescue medication.

**Notify your provider of low blood sugar events.**

### Hypoglycemia Levels:

- Level 1 – Glucose less than 70
- Level 2 – Glucose less than 54
- Level 3 - Severe, needs assistance

### Identify Causes of Hypo & Problem Solve to Prevent Future Episodes

- » Low carb meal
- » Extra activity
- » Drinking alcohol
- » Delayed, missed meal
- » Too much insulin/meds
- » Insulin timing