

AI Study Cheat Sheet for Exam Readiness

Remember: AI is a Study Tool, Not a Source

AI can help create study materials and explain concepts, but it can occasionally provide outdated, incomplete, or incorrect information. Always verify important clinical information using trusted resources.

Better Prompts = Better Results

- **Instead of:** "Make me a diabetes certification exam study guide."
- **Try:** "Make me a diabetes certification exam study guide."
- **Pro tip:** Include the current year in your prompt to help focus the results on recent recommendations.
- **Example Prompt:** "Create a 2026 CDCES study guide on diabetes technology."

Use Trusted Educational Sources

AI works best when paired with trusted sources such as webinar transcripts, course notes, review sessions, medical journals, and educational handouts.

Example Prompts:

- "Create a concise CDCES study guide from this webinar transcript."
- "Generate 15 board-style questions from these course handouts."
- "Turn this webinar transcript into flashcards for quick review."

Use AI for Active Learning

AI can help you:

- Generate patient case studies, build mnemonics, create practice questions, and explain why answers are correct or incorrect.

Helpful follow-up questions:

- "Why is this answer correct?"
- "What guideline supports this recommendation?"
- "How would this change in CKD or pregnancy?"

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Request Trusted Sources

Ask AI to use:

- ADA Standards of Care
- AACE Guidelines
- ADCES educational resources
- Peer-reviewed journals
- Diabetes Care articles

Always Verify

Double-check:

- Medication dosing
- Insulin timing
- CGM interpretation
- Diagnostic criteria
- Nutrition recommendations
- Medicare coverage guidance
- Current ADA recommendations

Think of AI As...

- ✓ A study partner
- ✓ A brainstorming tool
- ✓ A guide for difficult concepts
- ✓ A practice question or flash-card generator
- ✗ It is not the final authority